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Zumbro Valley Mental Health Center Adds Psychologist to Staff

Rochester, Minn. – Sharon Davern, LP, LMFT, recently joined the staff of Zumbro Valley Mental Health Center. As a licensed psychologist and marriage and family therapist, Ms. Davern provides counseling services to adults, adolescents and children. She also is a licensed massage therapist. Ms. Davern is currently taking appointments for counseling services.

“We are extremely happy to welcome Sharon to our staff,” said Mark Bronson, clinical director. “She has more than 30 years of therapy experience working with children, adults and families. Her addition allows Zumbro Valley Mental Health Center to meet the increasing demand for counseling services.”

Prior to joining Zumbro Valley, Ms. Davern had private practices in Minnesota and, more recently, in Tennessee. She also has experience in crisis counseling, chemical dependency treatment and group therapy. In addition, she has served as an adjunct instructor in sociology, psychology and counseling.

Ms. Davern received her Masters’ degree in community counseling from the University of Wisconsin – Superior and a Bachelor of Arts degree in sociology/criminology from the University of Minnesota – Duluth.

About Zumbro Valley Mental Health Center

Zumbro Valley Mental Health Center enhances the quality of life for residents in southeastern Minnesota by serving as a community resource for the understanding and treatment of behavioral health and substance use disorders. The organization collaborates with government agencies, schools, non-profit groups and others to provide programs dedicated to improving the mental health of adults, adolescents and children. Zumbro Valley Mental Health Center is a private, non-profit organization serving Olmsted and Fillmore counties. For more information, visit our Web site at www.zumbromhc.org or call 507-289-2089.

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