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Crisis Response for SE Minnesota Not Impacted by Health Hotline Closing

Rochester, Minn. – The Crisis Response for SE Minnesota, a service providing phone support and mobile teams for people experiencing mental health crises, will continue to provide services to residents of SE Minnesota. This program is not affiliated with the Crisis Connection, which is discontinuing services due to financial issues.

“People in the 10-county region experiencing a mental health crisis may continue to call this service 24/7 and receive phone support and, as necessary, mobile team support,” said Luke Mattheisen, mobile crisis coordinator. “The need for these types of services continues to grow and we are here to meet this growing demand.”

He added the service assisted 1,200 residents in 2016 and has experienced a 20 percent growth in call volume over the first half of this year.

The Crisis Response for SE Minnesota is a collaboration of Zumbro Valley Health Center, South Central Human Relations Center, Hiawatha Valley Mental Health Center and the ten counties encompassing the SE region of the state. This service provides round-the-clock access to trained counselors to support adults and children through crisis situations. Established in July 2015, this free service has assisted thousands of people with its phone- and mobile team-based support. Services are designed to stabilize people experiencing a mental health crisis and direct them to available community resources for long-term support.

People may contact the Crisis Response for SE Minnesota at 1.844.CRISIS2.

About Zumbro Valley Health Center

Restoring hope...one life at a time. For the past 50 years, Zumbro Valley Health Center has worked to improve the health of people in SE Minnesota regardless of their ability to pay. Our organization enhances the quality of life for individuals through an integrated model of care providing behavioral health, medical, dental and community support services. Last year, staff served more than 4,000 people, the overwhelming majority of whom are from under-served populations. The services we provide all have the same goal – helping people with an addiction disorder, a mental illness or a co-occurring condition lead more healthy, productive and self-sufficient lives. Zumbro Valley Health Center is a private, non-profit organization serving Olmsted and Fillmore counties. For more information, visit our Web site at www.zvhc.org or call 507-289-2089.

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