Contact Information:
Sean Rice
507-535-5750 (days)
507-279-0967 (evenings)
sean.rice@zvhc.org
www.zvhc.org

March 29, 2016 – For Immediate Release

Zumbro Valley Health Center Receives Major Grant from Bremer Trust

Rochester, Minn. – The Otto Bremer Trust recently awarded Zumbro Valley Health Center a $91,569 grant to help support Zumbro Valley's integrated care model. This funding will be used to expand the delivery of mental health, medical and care coordination services to the under- and uninsured populations in Southeast Minnesota.

"This generous donation from the Otto Bremer Trust allows our organization to continue its move toward dedicated interdisciplinary health care teams to enhance the psychological, medical and social needs of our patients," said Chief Executive Officer Dave Cook, LICSW, MSW. "Over the past two years, we have seen remarkable outcomes using this model of care, and this funding enables Zumbro Valley Health Center to expand to serve more people."

Grant funds will be used to support staffing costs related to the care model.

"The benefits of an integrated health care approach like the one being used by Zumbro Valley Health Center enhances access to services, improves the quality of care and lowers overall health care costs," said Lue Her, regional director for Otto Bremer Trust. "A key focus for these grants is how they move communities forward, and we are excited to support the work Zumbro Valley Health Center is performing with the region's under-served populations."

Cook said a number of existing patients have co-morbid conditions such as diabetes, obesity and heart disease along with their mental illness or addiction diagnoses. In order to help these individuals enhance their behavioral health, it's necessary to provide an integrated approach that incorporates other key factors in their lives.

About Zumbro Valley Health Center
Restoring hope…one life at a time. For the past 50 years, Zumbro Valley Health Center has worked to improve the health of people in SE Minnesota regardless of their ability to pay. Our organization enhances the quality of life for individuals through an integrated model of care providing behavioral health, medical, dental and community support services. Last year, staff served 4,500 people, the overwhelming majority of whom are from under-served populations. The services we provide all have the same goal – helping people with an addiction disorder, a mental illness or a co-occurring condition lead more healthy, productive and self-sufficient lives. Zumbro Valley Health Center is a private, non-profit organization serving Olmsted and Fillmore counties. For more information, visit our Web site at www.zvhc.org or call 507-289-2089.

###