

Contact Information: Sean Rice 507-535-5750 <u>sean.rice@zvhc.org</u> <u>www.zvhc.org</u>

June 12, 2017 – For Immediate Release

Zumbro Valley Health Center Receives Major Grant from Bremer Trust

**Rochester, Minn.** – Otto Bremer Trust has awarded Zumbro Valley Health Center \$100,000 to help support the organization's integrated care model. This funding will be used to expand the delivery of mental health, medical and chemical health services to the under- and uninsured populations in Southeast Minnesota.

"This support will maintain the great momentum we have gathered in the past few years and focus it on enhancing the care provided to the thousands of people we serve," said Chief Executive Officer Dave Cook, LICSW, MSW. "We are seeing tremendous outcomes for those individuals who have complex conditions requiring a team-based approach for their care."

Grant funds will be used to support staffing and other operational costs.

"A key focus for these grants is how they move communities forward, and we are excited to support the work Zumbro Valley Health Center is performing with the region's under-served populations," said Lue Her, regional director for Otto Bremer Trust.

Cook added that Zumbro Valley Health Center staff are seeing more clients with co-morbid conditions such as diabetes, obesity and heart disease along with their mental illness or addiction diagnoses. This is especially true for people experiencing homelessness who often have not been able to visit a health care professional in years.

## About Zumbro Valley Health Center

Restoring hope...one life at a time. For the past 50 years, Zumbro Valley Health Center has worked to improve the health of people in SE Minnesota regardless of their ability to pay. Our organization enhances the quality of life for individuals through an integrated model of care providing behavioral health, medical, dental and community support services. Last year, staff served more than 4,000 people, the overwhelming majority of whom are from under-served populations. The services we provide all have the same goal –

(more)

helping people with an addiction disorder, a mental illness or a co-occurring condition lead more healthy, productive and self- sufficient lives. Zumbro Valley Health Center is a private, non-profit organization serving Olmsted and Fillmore counties. For more information, visit our Web site at <u>www.zvhc.org</u> or call 507-289-2089.

## About the Otto Bremer Trust

Based in St. Paul, Minnesota, the Otto Bremer Trust is a private charitable trust established in 1944 by founder Otto Bremer, a successful banker and community business leader. OBT owns 92 percent of Bremer Bank and also manages a diversified investment portfolio. In 2016, OBT invested more than \$47 million in grants and program-related investments throughout Minnesota, North Dakota and western Wisconsin.

###