

Parkside Gallery



at Charter House



Social accountability is a hallmark of Charter House. We are always looking to connect with programs and resources that benefit Rochester because of our belief in being a strong community partner.

Creating an art gallery was another way for Charter House to give back to the Rochester Community. Offering a rotating art exhibit was also of enormous interest to our residents because of their love of the cultural arts. The Parkside Gallery opened on January 8, 2015.

The response has been so strong from artists among the Rochester community we now have artists scheduled to exhibit in the Parkside Gallery for the next several years. At least one new artist will be featured each quarter. Artists now refer to Charter House as *“the place where local artists want to display their work!”*

Our residents and staff cannot imagine Charter House without the Parkside Gallery.

Art Impacts Health

Experiencing a lifestyle infused with the arts provides, a *“pleasant touch in a busy day,”* says Dr. Paul Scanlon, Medical Director of the Mayo Clinic Center for Humanities in Medicine.

This humanities perspective relating to lifestyle is even more personal for Dr. Scanlon as he reflects on Charter House because his own mother, Jane Scanlon, lives here.

“The importance of arts in impacting wellness and health is a growing area of research. The creation and placement of art shows some documentable evidence in healing. The role of visual arts in healing and wellness also has an important psychological and social impact,” notes Dr. Scanlon.

By integrating expressions of human culture into Charter House, residents gain new insights into the creative arts and expand their creative capacity. This translates into other areas of life ranging from critical thinking and asking questions about business and politics. It is one of the keys to health and wellness.





Viewing Art Wakes Up The Brain

The Parkside Gallery allows people to connect. Residents and staff stop by the gallery to appreciate the art on display. Viewing art wakes up the brain and this is important to enhancing cognitive health.

Our residents frequently invite their friends to look at the exhibits and discuss the various works of art. Residents bring their grandchildren to see the exhibits and pass along their love of the arts to the next generation. Family members often bring their



loved ones from our Assisted Living or Supportive Care Centers to experience these art displays.

Some Charter House staff members are artists themselves. This shared love of art provides a common language for our residents and staff. It creates a cohesive bond within our community.

As one of our featured artists and future Charter House resident, HeeJune Shin, explained, *“Art is a language of the soul. Art is an expression beyond the spoken word.”*

Charter House Art Collection

In addition to the Parkside Gallery, our campus interior is decorated with more than 600 works of art from famous painters and framed art prints from nationally known galleries. This art is displayed throughout Charter House.

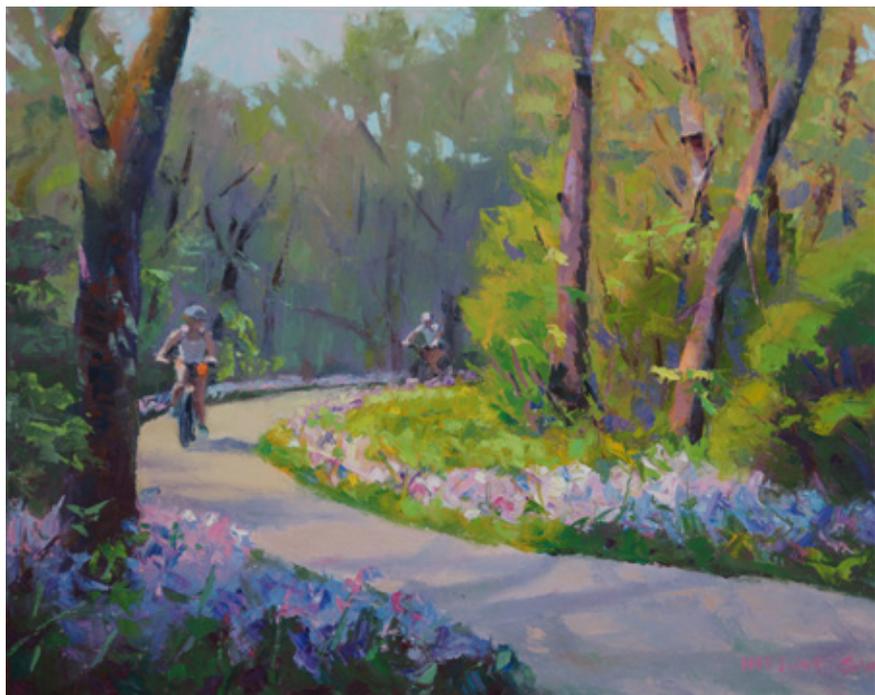
Archie B. Teater, one of America's premier Western landscape painters, donated some of his best works to Charter House. Many of Teater's paintings are on display in the subway joining Charter House with Mayo Clinic and the downtown community.



Henry Somsen donated 300 prints to Charter House in memory of his beloved wife, Anne Duncan Somsen. He loved to walk around the community and see them available for everyone to enjoy because the paintings reminded him of Anne's love of life.

Three-dimensional artwork is always found in the East Lobby display case at Charter House. It features residents' collections of their personal treasures they have gathered from around the world.







Art Appreciation – 5 Questions:

1. Do you like this work of art? Why or why not?
2. Does anything in this work of art remind you of something from your own life?
3. How does this work of art make you feel?
4. What do you think the artist was trying to say by creating this work of art?
5. What do you think the artist was trying to convey by selecting these specific pieces for display in the Parkside Gallery?

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