



**BOYS & GIRLS CLUB
OF ROCHESTER**

Our Mission

To empower all young people, especially those who need us most, to realize their full potential as productive, responsible, and caring community members.

2018

IMPACT REPORT



The Club Experience

Boys & Girls Clubs fill the gap between school and home. We provide welcoming, positive environments in which kids and teens have fun, participate in life-changing programs, and build supportive relationships with peers and caring adults.



The Need in Our State

Every day 219,277 kids in Minnesota leave school with nowhere to go.¹ They risk being unsupervised, unguided and unsafe.

Our Reach



1

Boys & Girls Club Site in Rochester



137

Volunteers

2696
Youth Served

1066

Registered Members



1630

Youth Served Through Community Outreach

Member Demographics

62%

Ages 12 and Younger

38%

Teens

75%

Minority Races or Ethnicities

91%

Qualify for Free or Reduced-Price School Lunch

26%

Live in Single-Parent Households

“My club experience is the best thing to ever happen to me.”

Quincy Bush

Youth of the Year

When I arrived to Boys and Girls Club I was met with a safe and fun environment for kids like me to better themselves.

For close to nine years Boys and Girls Club of Rochester has been here through thick and thin, for better and for worse.

The Boys and Girls Club has been an emotional whirlwind for me.

It has made me laugh and cry, made me sad then happy, taught me so much.

Club has helped me with many new things in my life and has helped me improve myself for the better.

If I were to look at myself before my club experience I wouldn't believe it was me.

The values and lessons learned from The Boys and Girls Club of Rochester Minnesota come from the amazing staff I've seen come and go through my years.



Demonstrating Our Positive Impact



ACADEMIC SUCCESS

The Need

15% of young people in Olmsted County fail to graduate from high school on time.²

What We Do

Career Day
Power Hour
STEM Mentoring
Chess Club
Card Club

Our Impact

Among our teen-aged Club members, **93%** expect to graduate from high school, and **90%** expect to complete some kind of post-secondary education.

The Need

24% of high-school youth in the nation were involved in a physical fight in the past year.³

What We Do

Passport to Manhood: A program for boys age 8 to 14 to reinforce character.

SMART Girls: A program designed to meet the developmental needs of girls in three age groups, ages 8 to 18.

Our Impact

39% of Club teen members volunteer in their community at least once per year, while **34%** volunteer in their community at least once per month.



GOOD CHARACTER AND CITIZENSHIP



HEALTHY LIFESTYLES

The Need

14% of young people ages 10-17 in Minnesota are overweight or obese.⁴

What We Do

Yoga: Exercise for both mind and body.
Dance: All ages and genres.
Teen Gym: Gym time reserved for members 13+.

Our Impact

59% of Club members ages 9 and older report getting at least an hour of physical activity on five or more days per week.

How You Can Help



With your generous support, Boys & Girls Club of Rochester will create opportunities to help more kids and teens achieve great futures. To make a donation or to learn about other ways you can help, contact **Becca Stiles-Nogosek, Dir. Resource Development, Boys & Girls Club of Rochester, 507.287.2300.** <https://www.bgclubroch.org/invest.php>

GREAT FUTURES START HERE.



BOYS & GIRLS CLUB
OF ROCHESTER

1026 E Center Street
Rochester, MN 55904
507.287.2300
bgclubroch.org

¹ America After 3PM, Afterschool Alliance, <http://afterschoolalliance.org/AA3PM/>

² <https://www.countyhealthrankings.org/app/minnesota/2019/rankings/olmsted/county/outcomes/overall/sna>

³ <https://www.childtrends.org/indicators/physical-fighting-by-youth>

⁴ National Survey of Children's Health.