



### Our Mission

To empower all young people, especially those who need us most, to realize their full potential as productive, responsible, and caring community members.

2017

# IMPACT REPORT



## The Club Experience

Boys & Girls Clubs fill the gap between school and home. We provide welcoming, positive environments in which kids and teens have fun, participate in life-changing programs, and build supportive relationships with peers and caring adults.



## The Need in Our State

Every day 219,277 kids in Minnesota leave school with nowhere to go.<sup>1</sup> They risk being unsupervised, unguided and unsafe.

## Our Reach



## Member Demographics



“ My name is Rosalind, and Boys & Girls Club saved my life. ”

**Rosalind Moore**  
Minnesota State Youth of the Year

Tumbling...falling...Why was I at the bottom of this stairwell, my head hurting? I was on my back at the bottom of this stairwell, because I was pushed, by other kids, because I was different. They saw a girl with a disorder. I was labeled by others and scared.

My name is Rosalind, and Boys & Girls Club saved my life. Because of Club, I know that it's okay to ask for help, that despite the different struggles we encounter, we are never alone, and that there is always someone who will lend a helping hand.

In 2017 Rosalind was named 2017 Minnesota State Youth of the Year, graduated from high school and is currently attending the University of Minnesota with a full scholarship. Boys & Girls Club of Rochester is so proud of Rosalind's accomplishments!



# Demonstrating Our Positive Impact



## ACADEMIC SUCCESS

### The Need

16% of young people in Rochester, MN fail to graduate from high school on time.<sup>2</sup>

### What We Do

Club supports learning through daily programming focused on STEM, literacy, tutoring and homework help. 1027 members participated in academic programs throughout the year.

### Our Impact

Among our teen-aged Club members, **92%** expect to graduate from high school, and **78%** expect to complete some kind of post-secondary education.

### The Need

12% of high-school youth in Rochester were involved in a physical fight in the past year.<sup>3</sup>

### What We Do

Club provides a safe place to learn decision making and leadership skills from positive role models. 155 youth participated in leadership programs and 150 youth volunteered this year.

### Our Impact

**72%** of Club teen members volunteer in their community at least once per year, while **56%** volunteer in their community at least once per month.



## GOOD CHARACTER AND CITIZENSHIP



## HEALTHY LIFESTYLES

### The Need

46% of young people ages 8-12 in Rochester are overweight or obese.<sup>4</sup>

### What We Do

Healthy choices & encouraging increased physical activity for our members is a priority. Last year 1038 members participated in programming to improve health incomes of our members.

### Our Impact

**65%** of Club members ages 9 and older report getting at least an hour of physical activity on five or more days per week.

## How You Can Help



With your generous support, Boys & Girls Club of Rochester will create opportunities to help more kids and teens achieve great futures. To make a donation or to learn about other ways you can help, contact **Ellen Tolleson, Interim Director, Boys & Girls Club of Rochester, 507.287.2300**. <http://www.bgclubroch.org/>

## GREAT FUTURES START HERE.



**BOYS & GIRLS CLUB**  
OF ROCHESTER

1026 East Center Street  
Rochester, MN 55904  
507.287.2300  
<http://www.bgclubroch.org/>

<sup>1</sup> America After 3PM, Afterschool Alliance, <http://afterschoolalliance.org/AA3PM/>

<sup>2</sup> <http://rc.education.state.mn.us>

<sup>3</sup> NYOI data collected from Club members

<sup>4</sup> 2013 Mayo Clinic Research Study