



— Your community partner for responsive, effective and affordable behavioral health care —

**Contact Information:**

Sean Rice  
507-535-5750 (days)  
507-279-0967 (evenings)  
[seanr@zumbromhc.org](mailto:seanr@zumbromhc.org)  
[www.zumbromhc.org](http://www.zumbromhc.org)

**October 22, 2008 – For Immediate Release**

**Zumbro Valley Mental Health Center Adds Psychiatrist to Staff**

**Rochester, Minn.** – James Becker, M.D., recently joined the staff of Zumbro Valley Mental Health Center. In his role as staff psychiatrist, Dr. Becker provides medical oversight for the Chemical Health Services programs and psychiatric services for adults. He is currently taking appointments for psychiatric services.

“We are very pleased to welcome Dr. Becker to our team,” said Pat Carlson, executive director. “He bring more than 30 years of clinical experience and has extensive knowledge of adult psychiatry issues and substance use disorders, which will not only benefit the existing clients we serve, but also manage the increasing demand for behavioral health services at Zumbro Valley Mental Health Center.”

Prior to joining Zumbro Valley, Dr. Becker served as clinical director for the Community Behavioral Health Hospital in Rochester, Minn., a 16-bed inpatient setting. He has served in a variety of medical settings, including the last 24 years in Minnesota.

Dr. Becker attended medical school at the University of Berne Medical Facility in Berne, Switzerland and completed his residency and fellowship at Ohio State University Hospitals.

**About Zumbro Valley Mental Health Center**

Zumbro Valley Mental Health Center enhances the quality of life for residents in southeastern Minnesota by serving as a community resource for the understanding and treatment of behavioral health and substance use disorders. The organization collaborates with government agencies, schools, non-profit groups and others to provide programs dedicated to improving the mental health of adults, adolescents and children. Zumbro Valley Mental Health Center is a private, non-profit organization serving Olmsted and Fillmore counties. For more information, visit our Web site at [www.zumbromhc.org](http://www.zumbromhc.org) or call 507-289-2089.

###

To obtain other news releases from Zumbro Valley Mental Health Center, visit [www.zumbromhc.org/news/news-releases.html](http://www.zumbromhc.org/news/news-releases.html).