



Contact Information:

Sean Rice

507-535-5750

sean.rice@zvhc.org

www.zvhc.org

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DHS Commissioner to Visit Zumbro Valley Health Center as Part of CCBHC Launch

Rochester, Minn. – After nearly two years of planning and development, Zumbro Valley Health Center recently launched a new model to care for people with co-occurring or co-morbid conditions. This new model, called Certified Community Behavioral Health Clinics (CCBHC), is part of a two-year project by the state.

CCBHCs are an innovative model designed to not only bring together chemical and mental health care, but also focus on coordinating a person’s total health and social service needs, including physical health care. In short, CCBHCs serve as a “one-stop shop” for adults, adolescents and children.

“We are very excited to bring this service to Olmsted and Fillmore County residents,” says Chief Executive Officer Beth Krehbiel, RN. “The CCBHC service delivery model is designed to be a more coordinated, client-centered way to care for people living with a mental illness and/or substance use disorder.”

Minnesota Department of Human Services (DHS) Commissioner Emily Piper will be visiting Zumbro Valley Health Center on Friday, July 21, to discuss the new model with staff and community partners.

“In Minnesota, we’ve long recognized the need to bring together services under one roof,” says Minnesota Department of Human Services Commissioner Emily Piper. “CCBHCs offer mental health and substance use disorder services as well as a range of other services, putting the needs of people first.”

As a CCBHC, Zumbro Valley Health Center provides:

- Outpatient mental health and substance use services
- Primary care screening and monitoring
- Screening, assessment and diagnosis, including risk management
- Psychiatric rehabilitation services
- Crisis mental health services, including 24-hour mobile crisis teams, emergency crisis intervention services and crisis stabilization
- Patient-centered treatment planning

(more)

- Targeted case management
- Peer and family support
- Services for members of the armed forces and veterans
- Connections with other providers and systems

As a community mental health center, the organization has provided a variety of behavioral health services to residents of SE Minnesota for more than five decades. The new CCBHC model offers people needing mental, chemical and other key services seamless access to these services in one convenient setting.

Zumbro Valley Health Center is one of six new CCBHCs in Minnesota, and is the only one in the southern region of the state. CCBHCs are the culmination of an extensive planning process led by DHS. In 2015, the U.S. Department of Health and Human Services awarded planning grants to 24 states. At the end of the grant, 19 states submitted applications to participate in the demonstration program, from which eight states were selected, including Minnesota.

People interested in accessing services at Zumbro Valley Health Center should call 507.289.2089.

About Zumbro Valley Health Center

Restoring hope...one life at a time. For the past 50 years, Zumbro Valley Health Center has worked to improve the health of people in SE Minnesota regardless of their ability to pay. Our organization enhances the quality of life for individuals through an integrated model of care providing behavioral health, medical, dental and community support services. Last year, staff served more than 4,000 people, the overwhelming majority of whom are from under-served populations. The services we provide all have the same goal – helping people with an addiction disorder, a mental illness or a co-occurring condition lead more healthy, productive and self-sufficient lives. Zumbro Valley Health Center is a private, non-profit organization serving Olmsted and Fillmore counties. For more information, visit our Web site at www.zvhc.org or call 507-289-2089.

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