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Zumbro Valley Health Center Awarded Arts Grant

**Rochester, Minn.** – the Southeastern Minnesota Arts Council (SEMAC) awarded \$10,000 to Zumbro Valley Health Center to obtain artwork for the organization. The funding will help renovate areas in which clients receive services to enhance the facility’s healing environment.

“There’s a connection between people’s emotions and the arts,” said Chief Executive Officer Beth Krehbiel, RN, FACHE. “Observing and enjoying a painting or other artwork can be very relaxing and offers a great way to express emotions or simply finding relief.”

Krehbiel added that artwork has been linked to connecting with others, forming positive relationships and maintaining positive emotions, all critical factors for sound mental health.

This activity is made possible by the voters of Minnesota through a grant from the Southeastern Minnesota Arts Council thanks to a legislative appropriation from the arts & cultural heritage fund.

**About Zumbro Valley Health Center**

Restoring hope...one life at a time. For the past 50 years, Zumbro Valley Health Center has worked to improve the health of people in SE Minnesota regardless of their ability to pay. Our organization enhances the quality of life for individuals through an integrated model of care providing behavioral health, medical, dental and community support services. Last year, staff served more than 4,000 people, the overwhelming majority of whom are from under-served populations. The services we provide all have the same goal – helping people with an addiction disorder, a mental illness or a co-occurring condition lead healthy, vibrant and self-sufficient lives. Zumbro Valley Health Center is a private, non-profit organization serving Olmsted and Fillmore counties. For more information, visit our Web site at [www.zvhc.org](http://www.zvhc.org) or call 507-289-2089.

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