



**Contact Information:**

Sean Rice  
507-535-5750 (days)  
507-279-0967 (evenings)  
[sean.rice@zvhc.org](mailto:sean.rice@zvhc.org)  
[www.zvhc.org](http://www.zvhc.org)

**February 15, 2016 – For Immediate Release**

**Zumbro Valley Health Center Welcomes New Medical Director**

**Rochester, Minn.** – Bernadette Huard, MD, recently joined the psychiatry staff at Zumbro Valley Health Center. Dr. Huard is a licensed psychiatrist with training in adult psychiatry. She has more than 30 years of experience working in community behavioral health settings.

“Dr. Huard is a significant addition to our organization and the community as a whole,” said chief executive officer Dave Cook, MSW, LICSW. “Her experience working with co-occurring disorders and co-morbid conditions will enhance the excellent care already being provided at Zumbro Valley Health Center. Dr. Huard’s arrival also allows our organization to expand psychiatric services throughout the region.”

Prior to joining the organization, Dr. Huard served as chief medical officer at Behavioral Health Resources, a multi-county provider of mental health and addiction recovery services in the state of Washington. She also has experience with crisis intervention services and has worked extensively with individuals with developmental disabilities.

Dr. Huard is board certified in psychiatry. She received her undergraduate degree from Washington State University in bacteriology and public health and her medical degree from the University of Washington. She then performed her residency in psychiatry at the University of Washington School of Medicine.

**About Zumbro Valley Health Center**

Restoring hope...one life at a time. For 50 years, Zumbro Valley Health Center has worked to improve the health of people in SE Minnesota regardless of their ability to pay. Our organization enhances the quality of life for individuals through an integrated model of care providing behavioral health, medical, dental and community support services. Last year, staff served nearly 4,500 people, the overwhelming majority of whom are from under-served populations. The services we provide all have the same goal – helping people with an addiction disorder, a mental illness or a co-occurring condition lead more healthy, productive and self-sufficient lives. Zumbro Valley Health Center is a private, non-profit organization serving Olmsted and Fillmore counties. For more information, visit our Web site at [www.zvhc.org](http://www.zvhc.org) or call 507-289-2089.

###