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**July 28, 2016 – For Immediate Release**

**Zumbro Valley Health Center Receives Significant Donation from Mayo Clinic**

**Rochester, Minn.** – Zumbro Valley Health Center today announced Mayo Clinic awarded the organization \$89,000 to support its integrated care delivery model. This funding will be used to expand the delivery of mental and chemical health, medical and care coordination services to the under- and uninsured populations in Southeast Minnesota.

“Mayo Clinic has been a long-time supporter of our efforts to improve the delivery of care through the integration of services and use of interdisciplinary teams,” said Chief Executive Officer Dave Cook. “Their support has been critical to the development of the infrastructure for our new model of care.”

Cook said funds will provide support for operational expenses.

“Zumbro Valley Health Center has been able to achieve positive outcomes for improving the quality of care for its clients while also reducing health care costs,” said Martha Cashman, Director of Community Relations for Mayo Clinic. “The work being performed by Zumbro Valley Health Center staff aligns with Mayo’s philanthropic priorities to address significant and emergent needs within the community.”

Zumbro Valley Health Center recently completed a two-year pilot with Wilder Research on integrating behavioral health and medical services for clients with co-morbid conditions. The study found participants shifted from a crisis-focused approach for their care to one that is more comprehensive and consistent. As a result, significant claims savings were seen, with a return on investment of \$2.63 for each dollar spent.

**About Zumbro Valley Health Center**

Restoring hope...one life at a time. For the past 50 years, Zumbro Valley Health Center has worked to improve the health of people in SE Minnesota regardless of their ability to pay. Our organization enhances the quality of life for individuals through an integrated model of care providing behavioral health, medical, dental and community support services. Last year, staff served 4,500 people, the overwhelming majority of whom are from under-served populations. The services we provide all have the same goal – helping people with an addiction disorder, a

mental illness or a co-occurring condition lead more healthy, productive and self-sufficient lives. Zumbro Valley Health Center is a private, non-profit organization serving Olmsted and Fillmore counties. For more information, visit our Web site at [www.zvhc.org](http://www.zvhc.org) or call 507-289-2089.

### **About Mayo Clinic**

Mayo Clinic is the first and largest integrated, not-for-profit group practice in the world. Doctors from every medical specialty work together to care for patients, joined by common systems and a philosophy that the needs of the patient come first. Over 3,000 physicians and scientists and 66,600 allied staff work at Mayo which has sites in Rochester, Minn., Jacksonville, Fla., and Scottsdale/Phoenix, Ariz. Mayo Clinic also serves more than 70 communities through the Mayo Clinic Health System. Collectively, these locations treat more than a million people each year. For more information, visit: [www.mayoclinic.org](http://www.mayoclinic.org).

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