

**ZUMBRO VALLEY PSYCHOLOGICAL SERVICES**  
**Child/Adolescent Personal History Questionnaire**

Form Completed By: \_\_\_\_\_ Date: \_\_\_\_\_

Child's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Birthdate: \_\_\_\_\_

What is the problem that is bringing you here? \_\_\_\_\_

What are some examples of behavior that you are concerned about? \_\_\_\_\_

When did the problems begin? \_\_\_\_\_

How would you like things to be different? \_\_\_\_\_

What have you already done to solve the problem? \_\_\_\_\_

**Check behaviors that apply to your child/adolescent now:**

- |   |   |  |                                    |
|---|---|--|------------------------------------|
| <input type="checkbox"/> argues                 | <input type="checkbox"/> physical aggression  | <input type="checkbox"/> easily annoyed    | <input type="checkbox"/> steals    |
| <input type="checkbox"/> rebellious             | <input type="checkbox"/> cruel to animals     | <input type="checkbox"/> destroys property | <input type="checkbox"/> lies      |
| <input type="checkbox"/> lights fires           | <input type="checkbox"/> easily frustrated    | <input type="checkbox"/> overreacts        | <input type="checkbox"/> tense     |
| <input type="checkbox"/> misses school          | <input type="checkbox"/> physical complaints  | <input type="checkbox"/> worries           | <input type="checkbox"/> fearful   |
| <input type="checkbox"/> temper tantrums        | <input type="checkbox"/> defies requests      | <input type="checkbox"/> blames others     | <input type="checkbox"/> fidgets   |
| <input type="checkbox"/> vindictive             | <input type="checkbox"/> distractible         | <input type="checkbox"/> dislikes homework | <input type="checkbox"/> forgetful |
| <input type="checkbox"/> impulsive              | <input type="checkbox"/> short attention span | <input type="checkbox"/> cries easily      | <input type="checkbox"/> sad       |
| <input type="checkbox"/> withdrawn              | <input type="checkbox"/> suicidal thoughts    | <input type="checkbox"/> suicide attempts  | <input type="checkbox"/> moody     |
| <input type="checkbox"/> motor or vocal tics    | <input type="checkbox"/> sleep problem        | <input type="checkbox"/> apathy            |                                    |
| <input type="checkbox"/> self-harming behaviors |   |  |                                    |

odd or peculiar behaviors (please describe): \_\_\_\_\_

other (please describe): \_\_\_\_\_

If your child has ever been physically or sexually abused, please describe: \_\_\_\_\_

Has your child had any difficulty with the law? \_\_\_\_\_ Yes \_\_\_\_\_ No

Offenses: \_\_\_\_\_

Probation Officer: \_\_\_\_\_

Are there other professionals involved with your child (school counselor, social workers, foster parents, pediatrician)? \_\_\_\_\_

Are you aware of any drug or alcohol use by your child? If yes, please describe: \_\_\_\_\_

**SCHOOL AND SOCIAL HISTORY**

What school does your child go to? \_\_\_\_\_ Grade \_\_\_\_\_

Does your child have an Individualized Education Plan (IEP) \_\_\_\_\_ Yes \_\_\_\_\_ No

If yes, what are the special needs and what services does s/he receive? \_\_\_\_\_

\_\_\_\_\_

*Please bring a copy of the IEP to your next session.*

Please tell us how you think your child does in school (academics, teachers, peers)? \_\_\_\_\_

\_\_\_\_\_

Please describe how your child does with friends: \_\_\_\_\_

**PREVIOUS EVALUATIONS OR MENTAL HEALTH SERVICES (please describe):**

\_\_\_\_\_

\_\_\_\_\_

**MEDICAL HISTORY:**

Serious illnesses/Serious injuries \_\_\_\_\_

Allergies \_\_\_\_\_

Current medications \_\_\_\_\_

Hospitalizations \_\_\_\_\_

Date of last physical exam \_\_\_\_\_

Name & address of child's doctor: \_\_\_\_\_

Please check if your child has experienced the following:

- |  |  |   |   |
|--|--|---|---|
| <input type="checkbox"/> asthma          | <input type="checkbox"/> frequent ear infections | <input type="checkbox"/> hearing problems   | <input type="checkbox"/> vision problems  |
| <input type="checkbox"/> dental problems | <input type="checkbox"/> skin problems           | <input type="checkbox"/> hayfever/allergies | <input type="checkbox"/> severe headaches |
| <input type="checkbox"/> seizures        | <input type="checkbox"/> high blood pressure     | <input type="checkbox"/> dizziness          | <input type="checkbox"/> bed wetting      |
| <input type="checkbox"/> soils underwear | <input type="checkbox"/> urinary infections      | <input type="checkbox"/> constipation       | <input type="checkbox"/> diarrhea         |
| <input type="checkbox"/> nightmares      | <input type="checkbox"/> sleep walking           | <input type="checkbox"/> tiredness/fatigue  | <input type="checkbox"/> broken bones     |
| <input type="checkbox"/> poor appetite   | <input type="checkbox"/> stomach problems        | <input type="checkbox"/> weight loss        | <input type="checkbox"/> obesity          |
| <input type="checkbox"/> thumb sucking   | <input type="checkbox"/> nail biting             | <input type="checkbox"/> menstrual problems |   |

Other medical issues: \_\_\_\_\_

**FAMILY HISTORY**

Name & age of mother, father, and step-parents: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Siblings (names, date of birth, full/half or step): \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Who lives in the home now? \_\_\_\_\_

Mother's work schedule \_\_\_\_\_

Father's work schedule \_\_\_\_\_

Is there any history of emotional problems, depression, alcoholism, substance abuse, suicide, or academic problems in the child's biological family? \_\_\_No \_\_\_Yes If yes, who and what:

\_\_\_\_\_

Do any of your other children have behavioral, emotional or learning problems? \_\_\_Yes \_\_\_No.  
If yes, please describe: \_\_\_\_\_

\_\_\_\_\_

If the parents are divorced, when did this occur? \_\_\_\_\_

What are the custody and visitation agreements? \_\_\_\_\_

\_\_\_\_\_

If the parents are divorced, do both parents know about and agree to the child's participation in therapy? \_\_\_Yes \_\_\_No.

**DEVELOPMENTAL HISTORY**

Were there any problems during the pregnancy? \_\_\_Yes \_\_\_No

Was there any use of drugs or alcohol during the pregnancy? \_\_\_Yes \_\_\_No

Was the delivery difficult? \_\_\_Yes \_\_\_No

What age did your child do the following:

Walk alone _____	Dress themselves _____
Complete toilet training _____	Stop wetting the bed _____
Speak single word _____	Speak phrases _____

Are there any other developmental concerns/issues you would like us to know about?

**I, the legal parent/guardian of the child or adolescent agree that the information provided on this form is correct to the best of my knowledge.**

**Signature** \_\_\_\_\_

Zumbro Valley Mental Health Center Psychiatric Services PHQ Addendum

Name: \_\_\_\_\_ ID: \_\_\_\_\_  
Today's Date: \_\_\_\_\_  
Name of person completing questionnaire if not self: \_\_\_\_\_  
Home phone #: \_\_\_\_\_ Work phone #: \_\_\_\_\_  
May we call you at work? \_\_\_\_\_  
Who referred you to ZVMHC? \_\_\_\_\_

**Medical History:**

Please circle and medical problems you are currently experiencing:

Seizures            Cold Sores            Sexually Transmitted Disease  
Liver Problems       Herpes Simples       HIV risk factors  
Thyroid Problems    Skin Disease/disorder    Sexual Difficulties  
Cancer            Heart disease       High Cholesterol       Acne  
Stroke       Kidney Disease       Asthma       Polycystic Ovarian Disease  
Atopic Dermatitis       Arthritis       Diabetes       Glaucoma  
Lung Disease       Heartburn       Ulcer       Bladder Problems  
Headache            Osteoporosis            Tuberculosis  
Irregular Periods       Other Male/Female Disease       Fibromyalgia

Allergies to Medicine (list): \_\_\_\_\_

Other Problems (List): \_\_\_\_\_

List all medications you are currently taking including over the counter and herbal treatments (medication, dose, reason used, prescribing doctor):

Any additional information you would like to provide:

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Reviewed By: \_\_\_\_\_ Date: \_\_\_\_\_