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PRESS RELEASE: The Rochester Area Family YMCA Board of Director appoints Mike Lavin as the Interim Executive Director.

Rochester, MN – December 28, 2016

The Rochester Area Family YMCA's board of directors has appointed Mike Lavin as Interim Executive Director effective January 1st, 2017. Mike has 22 years of leadership experience with the YMCA of the Greater Twin Cities. The Rochester Y board is thrilled to have him sharing his wide range of expertise of the course of the next few months as the search continues for a permanent executive director.

Most recently Mike has been a District Executive responsible for leading three YMCA branch operations as well as the youth sports department for all 24 branches within the YMCA of the Greater Twin Cities Association. Mike holds a B.S in Secondary Education – Speech Communications from the University of River Falls, where he graduated with honors and is a former Association of YMCA Professionals Chapter 42 President.

Picture attached

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About the Y

The Rochester Area Family YMCA has been part of the Rochester community since 1867, when a reading room for young men was organized. The Y continues to be one of the leading nonprofits that strengthens the community through youth development, healthy living and social responsibility. The Y's mission is to put Christian principles into practice through programs that build healthy spirit, mind and body for all. This organization helps the community, regardless of age, income or background, has provided over 1,800 individuals in the community a membership through the Open Doors Scholarship program in 2016. More information can be found at <http://www.rochfamy.org>.