



Pool Schedule

June 7th – Aug 30th

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

WATER PARK POOL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Closed 5-6am	Closed 5-6am	Closed 5-6am	Closed 5-6am	Closed 5-6am	
	Current Channel Only 6-8:45am	Current Channel Only 6-8:45am	Current Channel Only 6-8:45am Gentle Water & Stretch 7:30-8:15am	Current Channel Only 6-8:45am	Current Channel Only 6-8:45am	
	Swim Lessons No Open swim 9-11:15am	Swim Lessons No Open swim 9-11:15am	Swim Lessons No Open swim 9-11:15am	Swim Lessons No Open swim 9-11:15am	Open Swim 9am-8:30pm (Adult Current Channel Only 12-12:45pm) Gentle Water & Stretch 12-12:45pm <u>Water Slide</u> 1-3:30pm & 5-8pm	Current Channel Only 7:30am-11am
Open Swim 11am-4:30pm <u>Water Slide</u> 1-4pm	Adult Current Channel Only 11:15am-12pm	Adult Current Channel Only 11:15am-12pm	Adult Current Channel Only 11:15am-12pm	Adult Current Channel Only 11:15am-12pm		Open Swim 11am-5:30pm <u>Water Slide</u> 1-5pm
	Open Swim 12-4:15 <u>Water Slide</u> 12-3:30pm	Open Swim 12-4:15 <u>Water Slide</u> 12-3:30pm	Open Swim 12-4:15 <u>Water Slide</u> 12-3:30pm	Open Swim 12-4:15 <u>Water Slide</u> 12-3:30pm		
	Swim Lessons No Open Swim 4:15-6:45pm	Swim Lessons No Open Swim 4:15-6:45pm	Swim Lessons No Open Swim 4:15-6:45pm	Swim Lessons No Open Swim 4:15-6:45pm		
	Open Swim 6:45-8:30 <u>Water Slide</u> 7-8:30pm	Open Swim 6:45-8:30 <u>Water Slide</u> 7-8:30pm	Open Swim 6:45-8:30 <u>Water Slide</u> 7-8:30pm	Open Swim 6:45-8:30 <u>Water Slide</u> 7-8:30pm		

LAP POOL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	Lap Swim 5-8am	Lap Swim 5-8am	Lap Swim 5-8am	Lap Swim 5-8am	Lap Swim 5-9am	Lap Swim 7:30-8:30am	
	Water Fitness Water Works 8:00-8:45am 2 Lap Lanes	Water Fitness Water Works 8:15-9:00am 2 Lap Lanes	Water Fitness Water Works 8:15-9:00am 2 Lap Lanes	Water Fitness Water Works 8:15-9am 2 Lap Lanes	Water Fitness Aqua Zumba 9:15-10am 2Lap Lanes	Water Yoga 8:30-9:25am 2Lap Lanes	
	Swim Lessons No Open Swim 9:00-11:15 1 Lap Lanes	Swim Lessons No Open Swim 9:00-11:15 1 Lap Lanes	Swim Lessons No Open Swim 9:00-11:15 1 Lap Lanes	Swim Lessons No Open Swim 9:00-11:15 1 Lap Lanes	Open Swim 10-11:30am 2 Lap Lanes	Open Swim 9:30am-11:30pm 2 Lap Lanes	
Lap Swim 11am-1pm	Lap Swim 11:15am-1:30pm	Lap Swim 11:15am-1:30pm	Lap Swim 11:15am-1:30pm	Lap Swim 11:15am-1:30pm	Lap Swim 11:30am-1:30pm	Lap Swim 11:30-1pm	
Open Swim 1-4:30pm 2 Lap Lanes	Open Swim 1:30-4:15pm 2 Lap Lanes	Open Swim 1:30-4:15pm 2 Lap Lanes	Open Swim 1:30-4:15pm 2 Lap Lanes	Open Swim 1:30-4:15pm 2 Lap Lanes	Open Swim 1:30-8:30 2 Lap Lanes	Open Swim 1-5:30pm 2 Lap Lanes	
	Swim Lessons No Open Swim 4:15-6:45	Swim Lessons No Open Swim 4:15-6:45	Swim Lessons No Open Swim 4:15-6:45 Water Fitness	Swim Lessons No Open Swim 4:15-6:45			
	Water Fitness Aqua Zumba 6:45-7:40pm 2 Lap Lanes	Water Fitness Water Works 6:45-7:30pm 2 Lap Lanes		Water Fitness Water Works 6:45-7:30pm 2 Lap Lanes			
	Open Swim 7:45-9pm 2 Lap Lanes 3 Lap Lanes 8:30-9	Open Swim 7:30-9pm 2 Lap Lanes 3 Lap Lanes 8:30-9	Open Swim 7:30-9pm 2 Lap Lanes 3 Lap Lanes 8:30-9	Open Swim 6:45-9pm 2 Lap Lanes 3 Lap Lanes 8:30-9			

Aquatics Phone: (507) 287-2260 ext. 1071



Pool Schedule June 7th – Aug 30th

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GENERAL Y POOL INFORMATION



DRESS CODE

Males: *Swim trunks or Speedo-type briefs only. NO* cut-offs, shorts with zippers, or bicycle shorts. **NO** exposed underwear or street clothes.

Females: *Swimsuits must be worn in the pool at all times.* Tight fitting cotton or lycra shirts, shorts or pant may be worn over a swim suit as needed. **NO** exposed underwear, bras (including sports bras) or street clothes.

CHILDREN and INFANTS: Infants must wear swimsuit bottoms with a swim diaper. NO diapers or underwear are allowed. Rubber pants over swimsuit bottoms are recommended. Children who are not potty trained are required to wear swim diapers with plastic pants over the diaper. These pants must have elastic around the waist and legs.

SAFETY

For the Lap Pool and Water Park areas:

- Lifeguards are on duty for your safety, please obey their requests.
- **Children ages 0-6 years old must have an adult in the water within an arm's reach of the child**
- **Children ages 7-9 years old must have an adult in the pool area.**
- **Children ages 10 years and older may use the pool facility unattended.**
- Please shower before entering either pool.
- Water wings or inflatable devices are not permitted (lifejackets and noodles are permitted)
- Walk while on the pool deck
- **NO** rough play, throwing others, piggyback rides and riding on shoulders
- Diving is only permitted in the deep end of the lap pool, feet first entry is required in all other areas of the pool
- All personal toys, fins and masks are allowed at the discretion of the lifeguards
- Kickboards and fins are only available to **ADULT** lap swimmers
- **When using the Whirlpool please be aware of the following guidelines:**
- People suffering from heart- disease, diabetes high blood pressure or women who are pregnant should **NOT** use the whirlpool.
- Lengthy exposure may be hazardous to your health and may result in nausea, dizziness, or fainting.
- Please limit your time in the whirlpool.
- Please refrain from submerging past your shoulders.
- Adults may use the whirlpool anytime the lap pool is in operation **ADULTS AGES 18 AND OLDER ONLY!**

Aquatics Phone: (507) 287-2260 ext. 1071