



## MAYO EMPLOYEE FAMILY MEMBERSHIP PROMOTION

# GET READY FOR MORE

**NEW!**  
Mayo Family Membership Program starting February 2015!

### Benefits of Membership

- Unlimited access to our full service Fitness Center
- Over 75 free Group Exercise Classes
- Aquatic Center with Lap Pool, Water Park, & Whirlpool
- 5 Racquetball/Handball Courts for open and league play
- 3 gyms available for Basketball, Volleyball, Pickleball
- Free Equipment Rental (balls, racquets, etc.)
- Indoor track available for walking and/or running
- Opportunity to add unlimited Kid's Care to your membership
- Exclusive member discounts on all programs and services
- Exclusive program registration dates
- Opportunities for community involvement
- Free 30 minute consultation with a personal trainer
- Free youth sport programs\*

Watch for our fitness center renovation coming this spring!



**TWO ADULT FAMILY MEMBERSHIP for only \$64.00/month and a \$25.00 joining fee\*\***

PLUS ask about our GET PAID TO WORK OUT program and you could take an additional \$10.00 off your monthly membership rate

\*Does not include Martial Arts or swimming lessons  
\*\*Joining Fee is waived when paying for an Annual Family Membership

Rochester Area Family YMCA  
709 First Avenue SW  
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