



**ROCHESTER AREA
FAMILY YMCA**

www.rochfamy.org



Check out the information below of upcoming events & classes at the Y, including an update on



**View upcoming activities and events at the Y.
Click on the items below to learn more.**

- July 4th - Y Closed
- Y Tots Preschool Registration is open for the 2017-2018 year
- Running Start for School - the Y is a collection site.
- Senior Coffee - July 11th
- Kris Humphries Basketball Clinic - July 21st

*"I've had breast cancer three times, at age 32, 42 and 57. I never wanted cancer to control my life but I want to live the best life that I have. My Doctor at Mayo Clinic mentioned the **LIVESTRONG** at the YMCA program."*

Watch the video to learn more about Cheryl's story.



Summer programs and classes are now open for registration!



YOUTH SWIM LESSONS

Y Member registration opens May 15th
Community registration opens May 22nd

Register at www.rochfamy.org, through the Y's app or at the Welcome Center.



YOUTH SPORTS: T-BALL

Registration is now open for T-ball. Next session starts July 15th and spots are still open for Small Stuff (preschool) and School Age (those kiddos that are in Kindergarten to age 10). [Click here to learn more.](#)



Kris Humphries Foundation Basketball Clinic
July 21st • 9am – 3pm



REGISTER FOR SUMMER CAMP!

Upcoming Adventures at Summer Camp

- Mystery Cave – next week!
- Minnesota Arboretum – week of July 10th
- Faribault Aquatics Center – week of July 17th
- Rochester Honkers Game – week of July 24th


ADVENTURE AWAITS



News from the Y

Thanks for your patience as we worked on maintenance and necessary repairs in our building to better serve our members and guests.

- Hot Tub - is back open.
- Steam Room in Men's Health Center is back open.
- Water softener in the building has been replaced.
- Water Slide - repairs have been made and we are currently working on the schedule. This will be updated on our app, website and on the schedules in the lobby by Friday, July 8th.
- Towels - we have been working hard to ensure that our members have towels available. To better serve you, please return towels to the blue bins after usage.



GET THE LATEST UPDATE!

**OUR YMCA
THERE IS AN
APP FOR THAT!**

Download on the **App Store** | GET IT ON **Google play**

LEARN MORE

Connect with the Y

