



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Pool Schedule Sept. 13th –Dec. 31st

Water Park

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Open Swim 11am-3:45pm <u>Slide</u> 1-3:45pm	Closed 5-6am	Closed 5-6am	Closed 5-6am	Closed 5-6am	Closed 5-6am	Current Channel Only 7:30-9:30am	
	Current Channel only 6-9am	Current Channel only 6-9am	Current Channel only 6-8am	Current Channel only 6-9am	Current Channel only 6-9am		
	Open Swim 9am-12pm	No Open Swim 9am 12pm Swim Lessons Adult Current Channel Only 9-11:30am	Gentle Water & Stretch 8:15-9am	No Open Swim 9am 12pm Swim Lessons	Open Swim 9am-12pm	Open Swim 9am-12pm	No Open Swim 9:30-12pm Swim Lessons
			Gentle Water & Stretch 12-12:45pm			Closed 12-3:30pm	
	Closed 12-3:30pm	Closed 12-3:30pm	Adult Current Channel Only 9-11:30am	Closed 12-3:30pm	Closed 12-3:30pm	Closed 12-3:30pm	Open Swim 12-5:30pm <u>Slide</u> 1-5pm
Open Swim 3:30-8:30pm	Open Swim 3:30-4:15pm	Closed 12-3:30pm	Open Swim 3:30-4:15pm	Open Swim 3:30-8:30pm	Open Swim 3:30-8:30pm		
No Open Swim 4-7pm Swim Lessons	<u>Slide</u> 7-8pm	No Open Swim 4:30-7pm Swim Lessons	Open Swim 3:30-8:30pm <u>Slide 7-8pm</u>	No Open Swim 4:30-7pm Swim Lessons	<u>Slide</u> 6:30-8pm		
		Open Swim 7-8:30pm <u>Slide</u> 7-8pm	Raging Water & Stretch 6:45-7:15pm	Open Swim 7-8:30pm <u>Slide</u> 7-8pm			

No School Open Pool
Water Park 12-3:30
Slide 1-3:30
Oct 15 & 16
Nov 25 & 27
Dec 23, 28-31

Lap Pool

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Lap Swim 5-9am	Lap Swim 5-9am	Lap Swim 5-9am	Lap Swim 5-9am	Lap Swim 5-9am	Lap Swim 7:30-8:30 am
	Water Works 9:15-10am 2 Lap Lanes	Water Works 9:15-10am 2 Lap Lanes	Water Works 9:15-10am 2 Lap Lanes	Water Works 9:15-10am 2 Lap Lanes	Aqua Zumba 9:15-10am 2 Lap Lanes	Water Yoga 8:30-9:25am
	Lap Swim 10-2pm	Lap Swim 10-2pm	Lap Swim 10-2pm	Lap Swim 10-2pm	Lap Swim 10-2pm	No Open Swim 9:30am-12 pm Swim Lessons 1 Lap Lane
Lap Swim 11am-1pm	Open Swim 2-3:30pm 2 Lap Lanes	Open Swim 2-4:15pm 2 Lap Lanes	Open Swim 2-3:30pm 2 Lap Lanes	Open Swim 2-4:15pm 2 Lap Lanes	Open Swim 2-3:30pm 2 Lap Lanes	Lap Swim 12-1pm
Open Swim 1-3:45pm 2 Lap Lanes	Lap Swim 3:30-5:30pm 2 Lap Lanes	No Open Swim 4:30-6:45pm Swim Lesson 1 Lap Lane	Lap Swim 3:30-5:30pm 2 Lap Lanes	No Open Swim 4:30-6:45pm Swim Lesson 1 Lap Lane	Lap Swim 3:30-5:30pm 2 Lap Lanes	Open Swim 1-5:30pm 2 Lap Lanes
No Open Swim 3:45-7 pm Swim Lessons 1 Lap Lane	Water Works 6:45-7:30pm	Water Walking 6:45-7:30pm 2 Lap Lanes	Open Swim 5:30-9pm 2 Lap Lanes	Family Aqua Splash 6:45-7:30pm 2 Lap Lanes	Open Swim 5:30-8:30pm 2 Lap Lanes	
	Open Swim 5:30-9pm 2 Lap Lanes	Open Swim 7:30-9pm 2 Lap Lanes		Open Swim 7:30-9pm 2 Lap Lanes		

Aquatics Phone: (507) 287-2260 ext. 1071

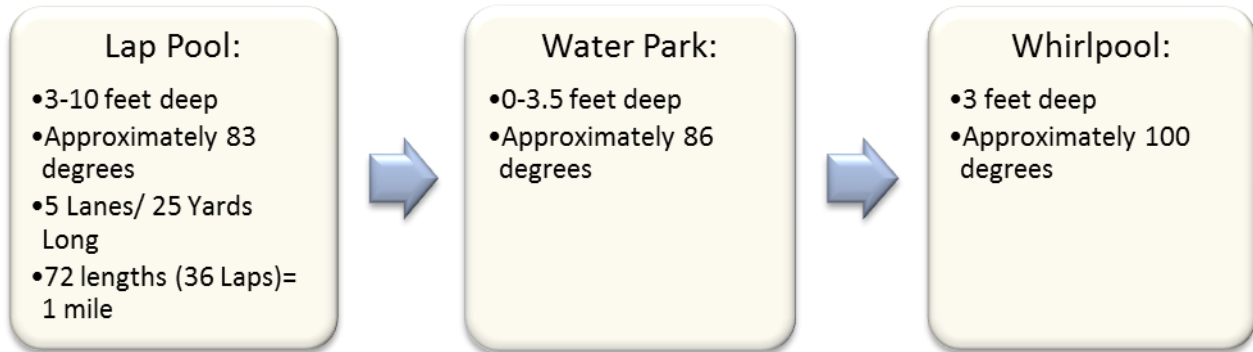
*This Schedule is subject to change



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General Information



DRESS CODE

Males: *Swim trunks or Speedo-type briefs only. NO* cut-offs, shorts with zippers, or bicycle shorts. *NO* exposed underwear or street clothes.

Females: *Swimsuits must be worn in the pool at all times.* Tight fitting cotton or lycra shirts, shorts or pant may be worn over a swim suit as needed. *NO* exposed underwear, bras (including sports bras) or street clothes.

CHILDREN and INFANTS: Infants must wear swimsuit bottoms with a swim diaper. *NO* diapers or underwear are allowed. Rubber pants over swimsuit bottoms are recommended. Children who are not potty trained are required to wear swim diapers with plastic pants over the diaper. These pants must have elastic around the waist and legs.

SAFETY

For the Lap Pool and Water Park areas:

- Lifeguards are on duty for your safety, please obey their requests.
- **Children ages 0-6 years old must have an adult in the water within an arm's reach of the child**
- **Children ages 7-9 years old must have an adult in the pool area.**
- **Children ages 10 years and older may use the pool facility unattended.**
- Please shower before entering either pool.
- Water wings or inflatable devices are not permitted (lifejackets and noodles are permitted)
- Walk while on the pool deck
- **NO** rough play, throwing others, piggyback rides and riding on shoulders
- Diving is only permitted in the deep end of the lap pool, feet first entry is required in all other areas of the pool
- All personal toys, fins and masks are allowed at the discretion of the lifeguards
- Kickboards and fins are only available to **ADULT** lap swimmers
- **When using the Whirlpool please be aware of the following guidelines:**
- People suffering from heart- disease, diabetes high blood pressure or women who are pregnant should **NOT** use the whirlpool.
- Lengthy exposure may be hazardous to your health and may result in nausea, dizziness, or fainting.
- Please limit your time in the whirlpool.
- Please refrain from submerging past your shoulders.
- Adults may use the whirlpool anytime the lap pool is in operation **ADULTS AGES 18 AND OLDER ONLY!**

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