



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SO MUCH MORE.

**ROCHESTER AREA FAMILY YMCA
2016 ANNUAL REPORT**

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WELCOME TO THE Y!

When you think of the Y, the words 'gym' and 'swimming pool' are most likely to come to mind. But we are more than a gym... we are so much more!

More than a place or program, the Y is a cause dedicated to Youth Development, Healthy Living and Social Responsibility. We are also a community of caring people who help one another.

Looking back at 2016, the Y did so much more to strengthen the Rochester community. **7,575** program participants were impacted through summer enrichment programs, youth mentorship, Y-Tots preschool, chronic illness and disease prevention programs, group fitness classes, and swimming lessons. We gave back to the community through financial assistance scholarships and volunteer projects. And we provided employment opportunities to **298** young adults and volunteer leadership opportunities to **182** volunteers.

Another exciting development was the revitalization of the "Leaders in Training" (LIT) summer enrichment experience for youth entering 7th-9th grades. This program was developed in direct response to Rochester's need for a skilled and qualified workforce. The program utilized WeConnect, a new Global Youth Citizenship curriculum developed by the University of Minnesota Extension, where youth participate in goal-setting and service learning to become great leaders of the future.

As Interim CEO and Board of Directors Chair, we are honored to work with passionate staff, a dedicated Board of Directors, community partners and supporters like you.

Thank you for being a valued partner in efforts to give youth and families the opportunity to learn, grow and thrive. This is YOUR Y and we invite you to get more involved. Whether you join, give or volunteer, together we can do **SO MUCH MORE** for our community.



MIKE LAVIN

Interim President and CEO



ANN BEATTY

Board Chair



585

YOUTH SPORTS & ACTIVITIES



2,057

SWIM



166 Y MENTORS AND YOUTH LEADERSHIP DEVELOPMENT



528 SUMMER DAY CAMP ENRICHMENT



61

Y-TOTS PRESCHOOL



994 CHRONIC DISEASE AND ADULT FITNESS CLASSES



2,704 Y MEMBERSHIP FINANCIAL ASSISTANCE



182

VOLUNTEERS



298

STAFF



7,575

TOTAL COMMUNITY IMPACT



ROCHESTER AREA FAMILY YMCA

709 1st Ave SW, Rochester, MN 55902

P (507) 287-2260 W www.rochfamy.org

MY Y STORY

Ulises Gonzalez

More Than Boxing: Youth learn positive life skills and a new sport

Living in Rochester, Minnesota Ulises Gonzalez is a long way from his home in Jalisco, Mexico. But he and his daughter, Macey have found a new home in the YMCA community through the Conquerors "More Than" Boxing program. Ulises and Macey come to the Y three times a week to box, have fun with friends, and learn positive life skills.

"I heard about **Conquerors at the Y** through a friend, who encouraged me to become a volunteer coach," Ulises recalls, "I have seven years' experience as an amateur boxer, so I thought I could **make a difference by mentoring youth** at the Y."

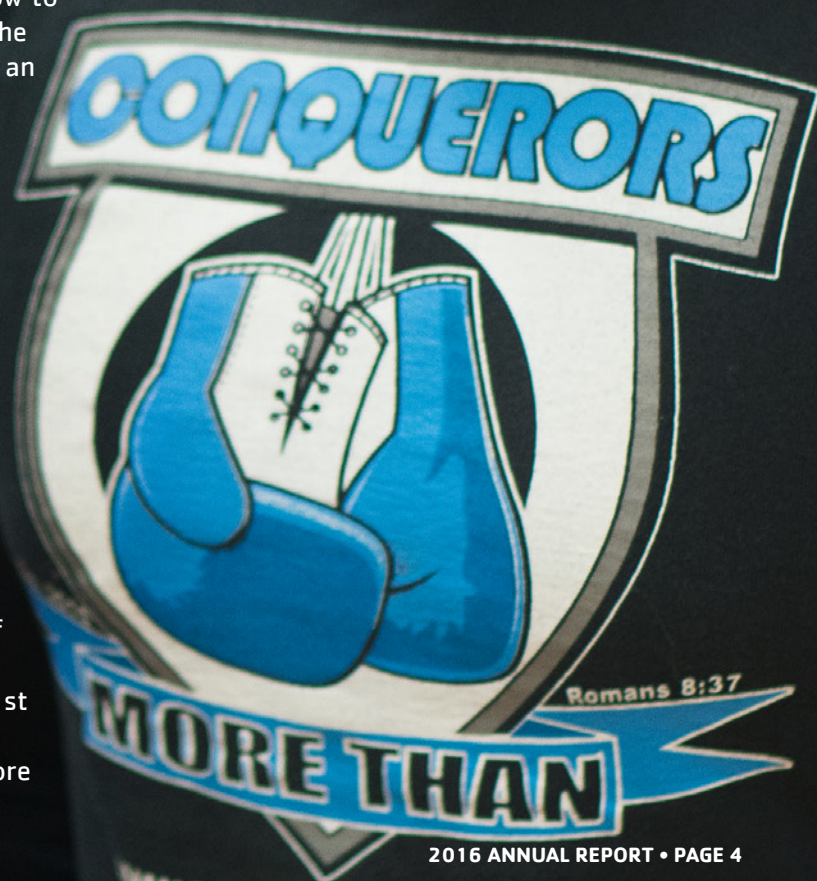
Conquerors "More Than" Boxing is all about empowering youth and young adults in the Rochester and surrounding communities specific to their faith, family, fitness and future. The Y partnered with Conquerors in 2016 to strengthen youth mentorship programming for K-12th grade youth in Olmsted County.

Boxing is a **unique way to mentor kids** to develop life skills to cope with challenging issues, such as lack of positive adult role models in their lives, unstable home life, or an absent father or mother. "I grew up without a father, so I can relate to the kids and try to help them," Ulises notes, "In boxing, you **start with the fundamentals** – how to stand with good posture, how to throw jabs properly, how to make healthy eating choices and get regular exercise. The physical side of the sport is important, but there is also an ethical side."

In the program, kids learn how to **respect one another**, develop self-discipline, and enhance emotional intelligence. "You learn how to fight, so you don't have to fight," Ulises remarks as he explains the benefits of mentoring kids on exercising their self-discipline and controlling their emotions. "This is the 'more than' part of the program. I know I am successful as a coach when a kid decides to resolve a conflict without using violence. He knows he's worth more than to throw his chance at a better life away."

When kids know that they matter, they thrive.

Ulises has seen how the power of mentoring youth can move them to become their best. "We just took a few of the kids to their first boxing competition in Minneapolis the other week. Nine year old Angel walked away with 1st Place and will now go onto the National Championship. I'm so happy that Conquerors is welcome at the Y, so more kids like Evan can get involved."



MY Y STORY

Michele Altman

“I am beautiful!”: A woman’s journey to total health – body, mind and spirit

In 2010, Michele Altman weighed almost 400 pounds. “I was scared,” she recollects. Today, she is a Y member, a group fitness instructor, and an inspiration to others.

Back then, her doctor proposed two options: either (1) **get in shape and get healthy**, or (2) continue down the path she was on, which was guaranteed to lead to organ failure. Michele found a personal trainer through Snap Fitness. “I hated her that first time!” Michele laughs as she remembers the induced pain from initial exercise, “But now we are best friends.”

The two women eventually made their way to the Rochester Area Family YMCA to take advantage of the array of group fitness classes available to members.

Once Michele started losing weight, she admitted the change was more than just physical. She recalls **“growing mentally.”** She became more aware of the issues and habits that moved her in such an unhealthy direction – low self-esteem, eating on the go, working a sedentary job, and letting other family members tear down her self-image. “I thought I was worthless, but I soon learned on **my journey back to health** that I was wrong.”

After one full year of working with her trainer, **she lost 100 pounds.** The work didn’t stop there. The trainer promptly added, “And you have 100 more to go.”

Michele went on to achieve that mark by the time she turned 40, which was a personal goal. **“You need other people** around you to make it work,” she notes, “And, **you have to be ready**; you have to be in that state-of-mind where you want to change.”

Sure, there was the nagging of her siblings which only proved hurtful and didn’t change anything. Her mother’s voice ringing, “You have to lose weight!” proved annoying to Michele as she heard it again and again. One comment, however, still sticks out for Michele – a comment that hit her in a way that she began to see things differently, which fueled her motivation to change. She was in a local bakery where an employee asked, “When are you due?”

At the Y, Michele made many friends who encouraged her to become a certified group fitness instructor. Michele jumped at the chance to give back, **“I was excited to mentor others** in an area – physical exercise – where I had to struggle to find a mentor.”

In addition to the lost pounds, her extreme shyness resulting from years of low self-esteem has also vanished. Michele recognizes how losing excess weight can really change a person. “I really came to love myself and believe that **I am beautiful!**”

She truly appreciates the support she has found at the YMCA from staff and members. Her formal occupation is in customer service and administrative support – areas which could have kept her “behind the scenes.” These days she is out there, **active and an inspiration to others who come to the Y** as she encourages them to be healthy and active.

MY Y STORY

Tim Zetsche

Finding Himself and Giving Back: One man's story of rediscovery through volunteerism

Several years ago, Tim Zetsche, his wife, and their two children, ages one and four, moved to Rochester from Madison, Wisconsin. His wife was starting a new job, and Tim was a stay-at-home dad. They didn't know anyone when they moved here. Tim decided to sign up for a **Y family membership**, so the kids would have a **place to play** and **meet other children**.

Tim began coming to the Y with his kids nearly every day. He decided to take advantage of Kids Care as he explored group fitness classes. His motive was to exercise and quite frankly get a **break** from the kids. But he got so much more out of attending classes. He met many other **Y members** who were **genuinely interested in getting to know him**.

These **encounters** Tim experienced quickly **became friendships**, which Tim realized was precisely what he needed. Tim had been feeling isolated and depressed since moving to Rochester. "People are social creatures. We need social connections. I found my connections at the Y – lovely, caring people who... well... actually care!"

Over time, Tim showed such compassion towards others that he caught the attention of Y staff who asked him to consider volunteering for **LIVESTRONG®**, a free 12-week program for cancer survivors to regain strength and confidence. Without hesitation, Tim agreed stating he wanted to "**give back to the Y** for helping me in my time of need."

Tim has now been a **LIVESTRONG®** instructor for one year closely working with some of the most vulnerable people in the Y's care. He is humbled by their stories of battling cancer and putting their lives back together after treatment. His compassion builds them up, but also **they uplift him every day in spirit, mind, and body**, which has completely changed his outlook on life to a great sense of gratitude for the gift of life.

"Volunteering for **LIVESTRONG®** helped me **rediscover my love of helping others**." Tim admits he felt lost during his depression but has found himself again by giving back.

"It's that universality of knowing that other people are going through difficult times too. That is one of the wonderful things about being here in this YMCA community. People are willing to share that with you. **You are not alone.**"



COMMUNITY ACHIEVEMENTS

YOUTH DEVELOPMENT

We revitalized the summer Leaders in Training program for teens in grades 7-9 by partnering with Cascade Meadows for Environmental Science and utilized the Global Youth Citizenship Curriculum from the University of Minnesota Center for Youth Development. We further built strength and character among teens through rock climbing at Prairie Walls.

We developed new partnerships with Red Gate Riding and Project GO to offer youth a more robust summer camp experience.

Y Mentors, a youth mentorship program in collaboration with United Way of Olmsted County, began a partnership with Conquerors Youth Boxing, and a boxing gym was installed at the Y.



A renewed and intentional focus of providing high quality youth programs once again became central to the mission of the Rochester Area Family YMCA.

HEALTHY LIVING

Our Y committed to implementing Healthy Eating and Physical Activity (HEPA) Standards for early learning, afterschool and summer camp programs, and we replaced all beverages and snacks for sale with healthy choices.

In collaboration with Mayo Clinic, those who participated in LIVESTRONG®, a free program for any adult diagnosed with cancer to regain strength and confidence, experienced an average increase in mobility and stability of 20%.

Our Enhance®Fitness class, offered in partnership with the Arthritis Foundation, gave 48 participants, who are diagnosed with at least one chronic condition, a chance to maintain or improve their health.

We partnered with Winona State University School of Nursing to bring in a cohort of nursing students to work one-on-one with cancer survivors to regain their strength and confidence.

SOCIAL RESPONSIBILITY

Our Y maintained an open doors policy where all are welcome regardless of one's ability to pay. More than 35% of Y members reporting low income status received financial assistance for vital programs, such as Y-Tots preschool, summer enrichment and afterschool programs, Y-Mentors youth mentorship, swimming lessons, and health and wellness classes.

We showed compassion to patients and their care-givers who stayed at the Gift of Life Transplant House, the Ronald McDonald House, and Hope Lodge, by giving them free, unlimited access to our Y.

Our Y Litter League partnered with the City of Rochester and thousands of other volunteers to pick up trash in the surrounding neighborhood during the A Litter Bit Better week-long event in April.

A total of 80 caring sponsors gave Christmas presents to 124 kids from 37 families from our Y community. Nearly \$5,000 worth of gifts and money were collected for children and families in need. Five volunteers spent a total of 55 hours to make the 2016 Giving Tree project a success!

FINANCIAL REPORT & BACKGROUND

OPERATING REVENUE TOTAL

\$2,411,806



Contributions	\$462,042
Program Fees	\$1,898,141
Special Events	\$51,623

OPERATING EXPENSES TOTAL

\$2,552,204



Youth Development	\$467,784
Healthy Living	\$419,808
Social Responsibility	\$56,175
Operations	\$1,608,437

Disclaimer: These totals are unaudited and do not include depreciation and amortization. Audited financials will be available to the public in late April.

MISSION, CAUSE, STRENGTHS, AND CORE VALUES

Our Mission:

The Y's mission is to put Christian principles into practice through programs that build healthy spirit, mind and body for all.

Our Cause:

We know that lasting personal and social change comes about when we all work together. That's why at the Y, strengthening community is our cause. Every day, we work side-by-side with our neighbors to make sure that everyone, regardless of age, income or background, has the opportunity to learn, grow and thrive.

Our Strength in Community:

The Y is community-centered. For nearly 160 years, we've been listening and responding to our communities.

The Y brings people together. We connect people of all ages and backgrounds to bridge the gaps in community needs.

The Y nurtures potential. We believe that everyone should have the opportunity to learn, grow and thrive.

The Y has local presence and global reach. We mobilize local communities to affect lasting, meaningful change.

Our Values:

Caring: to show a sincere concern for others, for their needs, and well-being.

Honesty: to be truthful in what we say and do.

Respect: to follow the Golden Rule.

Responsibility: to do what is right, be accountable for our promises and actions.



MY Y STORY

Augustina Torres Miller

The Y helps those in need through donations made to the Annual Support Campaign

Augustina Torres Miller received financial assistance from the Y long ago when her son was a young boy. Financial assistance is made possible by donations given to the Annual Support Campaign.

As a young mother, she was struggling financially, but she still wanted to give her son a **wholesome childhood**, as all parents do. She especially wanted him to learn how to swim because she believes **swimming is a basic life skill** all people should have.

In fact, the Minnesota Department of Health lists drowning as the 2nd leading cause of death among children ages 1-14. One of the primary reasons associated with such tragedy is the lack of swimming skills due to the inability to pay for lessons. Thankfully in Augustina's case, the financial assistance she received from the Y enabled her to enroll her son in swimming lessons all summer long.

Years later, she has never forgotten the **generosity of the Y**. She now brings her grandson to the Y for swimming lessons. Her financial difficulties are long gone, and she is now at a point in her life where she is able to pay it forward to help another family in need. She chose the Y to make her donation because there are numerous opportunities for families to engage in quality time together, learn new skills, and release stress from their financial burdens. Augustina recognizes that, **"It fulfills me in body, mind, and spirit to give back."**



OUR SUPPORTERS

JANUARY 1, 2016 – DECEMBER 31, 2016

ANNUAL SUPPORT CAMPAIGN

President's Round Table

Platinum (\$10,000+)

Mayo Clinic
Michael and Teri Joyner
Think Mutual Bank

Gold (\$5,000-\$9,999)

City of Rochester
Employees of IBM Corporation
Mary Ellen and Mark Warner
Maxine Coppe

Silver (\$2,500-\$4,999)

Carl and Verna Schmidt Foundation
Debbie and Doug Beauchene
John C. and Irene S. Wiltsie
John Urban Charitable Fund
Sharonne and David Hayes
U.S. Bank Foundation
United Way of Olmsted County
Unity Church of Rochester
YMCA of the USA

Bronze (\$1,000-\$2,499)

Allen and Emily Anderson
Allison and Aaron Benike
Ann and Chuck Beatty
Arnold and Kay Fockler
B. Dale and M. Jane Goodfriend
Bill Volkmar and Sheri Brandvold
Carol Schoonover
Charles and Cindy Briscoe
Charles and Helen Kennedy
Fr. Charles Collins
Cheryl Kliewer and David Mead
Dan and Beth Arendt
Daniel Maddox and Colleen Landherr Maddox
Don and Stephanie Supalla
Early Risers Exchange Club
Global Home Health Care - Mark Adafin
Gwendolyn and David Mead
Janet Rich
Jeffrey and Beverly Haynes
James and Suzanne Greenleaf
John and Joan Bachman
John Gressett and Beth Kosta
Joseph R. Stancl
Judith and Roger Gunderson
Judy and Jim Sloan Foundation
Julia and Curtis Accola
Julie and Sam Ellis
Kwik Trip, Inc.
Dr. Larry and Lynn Brown
Lester and Dianna Horntvedt
Linda K. Miller
Macken Funeral Home
Marlene Delfs
Michael and Margo Stich

Michael and Nancy Stuart
Michelle Anderson
Olmsted National Bank
Premier Banks
Patrick and Lori Keane
Randy and Sonja Reimer
Ranfranz & Vine Funeral Homes
Rani Engineering, Inc.
Robert and Ancy Morse
Roy and Betty House
Stephanie and Steve Courts
Steven and Jennifer Sorensen
Susan and Robert Jenkins
W. Donald and Maxine Allert

Mission Partner (\$500-\$999)

David M. Bahr
Barbara and William Hunt
Charles and Iris Fried
Chris and Jackie Guibert
Dale and Barbara Richter
Eugene and Sandra Dankbar
Insurance Brokers of MN, Inc.
Jay Geary
John and Mary DuBall
John and Nancy Brandrup
Kent and Carol Dougherty
Laura Breeher and Kent Carlson
Mark and Kathryn Brutinel
Mary Leppala
Melissa Ann Schmid
Patricia Whisnant
People's Energy Cooperative
Rochester Rotary Clubs
Thrivent Financial
Tina Liebling and Mark Liebow

Community Builder (\$250-\$499)

Carla Harner
Daniel and Carole Nistler
Dave Nelson
Denise Kinlaw
Dixon Golf
Don Carlson
Harlan and Earlene Wickre
Isabel Huizenga
John Hanlon
Judy and Peter Haynes
Kathy Bolin
Kiwanis Club of Rochester
Lana Brown
Libby Witzeman
Lois Headline
Lois Jorstad
Loren and Ruth Johnson
Marjorie Burton
Michael and Kathi Mesick
Pennie Eisenbeis
Ralph and Naomi Spiekerman
Rita Roque
Rochester Community Youth Basketball Association

Rochester Host Lions Club
Shopko Foundation
Talbird and Carol Lovan
Vivian Malcomson

Caring Supporter (\$100-\$249)

Abram Sauer-Old Abe's Coffee
Accord Electric, Inc.
Adam Stallman
Al and Donna Lun
Anastasia and Nicholas Kolas
Anita and Steven Exline
Dr. Anthony and Mary Lund
Augustina Torres Miller
Bernadette and Ralph Frascione
Beverly and Richard Sanders
Beverly Simpson
Carole Stiles
Charles Abboud
Charles Withers
Dan and Marie Dokken
David and Carole Joyce
David Birka
David Wernecke
De and Byron Cansler
Dooley's Pub & Restaurant
Douglas Wright
Dylan Carty / Realty Growth, Inc.
Edward Shafer
Esther Pfeifer
Gail Sauter
George and Judith Berg
Gerrard Corporation
Hawkins Ash CPAs
Heneke Business Consulting Services
Henry and Rosella Kliewer
Hollis and Patricia Feeser
Ideacom
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James Burt
James Gross
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Jerome Monahan
Joann and Bill Holt-Angerman
Joanne and Phil Swenson
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Karen Edin
Karen Gustafson
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Kathleen Meyerle
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Larson Products, Inc.
Laverne F. Orwoll

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Marlene Sabatke
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Merle and Betty Peterson
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Michael Turvey
Mondelez International Foundation
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Nancy Owens
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Patricia and James Cooper
Patricia Polt
Patti Lund
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Pete and Marti Ingvarsson
Post Bulletin
Richard and Carol Fishbune
Richard and Carol Kivimagi
Robert and Kathy Forsyth
Rochester Motor Cars
Ron and Jan Scheid
Ruth Mangan
Ryan Forsyth
Sandra Larson
Sharon and Robert Fleming
Sharon Peterson
Shelley Burkhardt
Smith Schafer & Associates
Steve and Karen Hammill
Susan and Luc Smolders
Susan York
Terry Spaeth
The UPS Store – Ahmad Siddiqui
Thomas and Lisa Kowalewski
Thomas and Norine Robinson
Tom and Lois Most
Val Willis
Vernon and Margaret Hoffman
William and Jeannine Karnes
Willie Jones
Ye Olde Butcher Shoppe of Rochester

Friends of the Y (Up to \$99)

Adam and Amy Krause
Akec Garang
Amy Caucutt
Audra Bolduan
Augusto and Patricia Braga
Barbara and Steven Milburn
Ben Savage
Beverly and Robert DeBus
Bryce Peters
Carol Nurmi
Carole Miner
Charles Sprenger
Cheryl Sering

Colette and Stephen Gallagher
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Dave Swanson
David and Joy Winkle
David Walle
Dean and Julie Stenehjem
Dianne and Richard Marquart
Dorothy and John Cachiaras
Douglas Voeltz
Dwayne A. Machacek
Eleanor Stellpflug
Eloise Blenkush
Elsie and Jerry Thompson
Emily House
FASTSIGNS of Rochester, MN
Ginger Plumbo
GiveMN Team
Glenn Prehn
James and Margaret Nelson
Joan Jarett
John and Diane Dockerty
John and Jackie Krumpelmann
John Harvey
John Unterholzner
Karen and Ed Cohen
Karen and Paul Velsor
Kari Bailey
Keith and Jane Johnson
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Laurie Cohrs
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Lisa and Robert Nordman
M. Goitom Yohannes
Marian Bicknese
Marilyn O'Brien
Marisa Martin
Mark Koehler
Martha and Earl Branum
Martha and Lawrence Howe
Mary and Mark Manges
Mary Lein
Matthew and Kimberly Rowley
Melanie and Timothy Brennan
Meyer Outdoor Services, Inc.
Michael and Becky Brainard
Michael and Linda Newell
Michael and Pamela Rothman
Michelle Nelson
Mike Morey
Mirna Lopez
Nancy Kahabka
Naoko Vold
Pamela Sander
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Paul and Lynette Harberts
Paula and Ken English
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Robert and Sarah Keller
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Ronald Siemers
Roy and Dorothy Satre
Ruth Kirkham
Sarah Scott-Hovland

Shih-Fen Huang
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Tamsin and John Barlow
Teresa Arendt
Thomas and Rita Sundry
Thomas Kinter
Tian Luu
Tracy Nielsen
Trevor Nasiedlak
University of Minnesota-Rochester
Vicki S. Allen and Terry Sorenson
William and Juliann Hayford
William and Pat St. Martin
Xin Zhu
Zach Kovash

BUILDING MAINTENANCE (CAPITAL GIVING)

Sustainer (\$10,000+) Otto Bremer Trust

Enhancer (\$1,000-\$9,999)

David and Peggy Blegen
Jeffrey Basford
Dr. Larry and Lynn Brown
Rick and Lindsay Decker
Rosaline and Douglas Rovang

Preserver (Up to \$1,000)

Abram Sauer-Old Abe's Coffee
Al and Donna Lun
Anne Koschmeder
Audrey and William Richter
B. Dale and M. Jane Goodfriend
Beverly and Richard Sanders
Beverly and Robert DeBus
Dr. Brian Lynch
Daniel Maddox and Colleen Landherr Maddox
Daniel Van Dyke
David and Connie Schuelka
Dean and Julie Stenehjem
Denise Kinlaw
Eleanor Stellpflug
Elizabeth Woolner
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John and Jackie Krumpelmann
John and Joan Bachman
John and Mary DuBall
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Karen Sheski
Kathy Berger
Kevin Lundquist
Lance Resner
Lillian Boettcher

Lisa and Robert Nordman
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Lois Headline
Lyle and Judith Severson
Marlene Sabatke
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Zoe Ann and Lyle Abrahamson

ENDOWMENT GIFT Duane Ilstrup

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Angela Dieterich
Anne M. Heuvelman
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David and Mary Meer
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Hanbury Evans Wright Vlattas & Company
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Kristeen M. Thompson
Lynn Reis Stalker
Phil and Monica Araoz
Wayne T. and Patricia A. Owen

Robert J. Jarett Memorial
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Augsburg College
Augusto Braga
Bremer Bank
Carol Schoonover
Casey's General Stores, Inc. (#1767)
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Costco Wholesale
Deb Benson
DNA Copper Design
Dooley's Pub & Restaurant
DW Horse & Hay Company
Emergent Networks
Everyday Bouquets
FASTSIGNS of Rochester, MN
Hippo Film Company
iHeart Media
Jayson Pomsyda

Jim Whiting Nursery & Garden Center
Kathryn Bierle
Kathy Berger
Kavanaugh's Resort
KIMT TV
Laskers Jewelers
Lil Goldsmith
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NewDay Covenant Church
Nova Academy of Cosmetology
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Pennie Eisenbeis
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Prairie Walls, Inc.
Rhody Lichy
Rocco Altobelli, Inc.
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Scheels
Shopwise Magazine
TerraLoco
The Med City Beat
The Robbins Nest
Tracy Harrison
Trader Joe's Company

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Bob the Bug Man
Bradley and Michael Arendt
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Dan and Beth Arendt
Emergent Networks
Global Home Health Care – Mark Adafin
Ideacom
Jeff Gorman-PSA Professional at Eastwood Golf Course
Jim Whiting Nursery & Garden Center
Kraus-Anderson Construction Company
Lakeside Dentistry
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Olmsted Medical Center
Patterson Dahlberg Injury Lawyers
People's Food Cooperative, Inc.
Perkins Restaurant & Bakery
Potbelly Sandwich Shop
Premier Banks
Psimos Oral Surgery
R. Fleming Construction
Ranfranz & Vine Funeral Homes
Ryan Forsyth-Heartman Insurance
Scheels
Stifel Nicolaus
Titan Development & Investments

BOARD OF DIRECTORS

BOARD EXECUTIVE COMMITTEE

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Retired-Educator and
Non-Profit Administrator

Vice Chair
KEVIN LUND
District Court Judge

Secretary
GENE DANKBAR
Sr. Principal Health
Systems Engineer
Management Engineering
& Internal Consulting
Mayo Clinic

Treasurer
LANCE RESNER
Vice President-Business
Banking
Bremer Bank

Immediate Past Chair
PATRICK KEANE
Retired-Development
Manager
IBM

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Consultant

BUCKY BEEMAN
Commercial Real Estate
Agent
Realty Growth, Inc.

**COLLEEN LANDHERR
MADDOX**
Retired-Community &
Youth Program Director
Rochester Community and
Technical College

DAN NISTLER
Commercial Lender VP
Merchants Bank, N.A.

DEBBIE BEAUCHENE
Volunteer Group Manager
Ragnar Events, LLC.

DOUG ROVANG
Retired-Senior Civil
Engineer
Rochester Public Utilities

JEFF HAYNES
Procurement Manager
IBM

JOHN BACHMAN, M.D.
Professor of Family
Medicine
Mayo Clinic

JOHN GRESSETT
Retired-Executive Project
Manager
IBM

JORRIE JOHNSON
Publisher
Rochester Women
Magazine

MARK ADAFIN
Global Home Health Care
Owner

NANCY STUART
Community Volunteer

RICK DECKER
Vice President Financial
Planning
Think Financial Planning

YMCA EXECUTIVE TEAM

MIKE LAVIN
Interim President and CEO

PAUL KIRKHAM
Interim Finance Director

DAWN LUBAHN
Associate Executive
Director

JAIMIE RICHARDS
Healthy Living Director

MELISSA ANN SCHMID
Development Director

JESSICA WILLIAMS
Marketing Director



ROCHESTER AREA FAMILY YMCA

709 1st Ave SW, Rochester, MN 55902
P (507) 287-2260 W www.rochfamy.org/



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