



# RTAAAF CARES PROGRAM

CARES participants meet at the RTAAAF office or via Zoom in a safe and confidential setting in small groups. The program includes individual consultation and referrals for each family that participates. CARES is intended to improve the lives of families impacted by autism by seeking to achieve the following objectives:

- Help families gain confidence in their ability to effectively care for and raise their child or children with autism.
- Families will learn about the resources that are available in the community, and they will learn how to access those resources.
- The family will meet professional experts in the community from a variety of disciplines who are available to provide services and support.
- Families will learn how to advocate more effectively for their child or children who have autism.
- Parents will expand their social support network by meeting other parents who share similar experiences, and are raising children with a similar diagnosis in the same age range.

For more information visit our website at [www.rtaaf.org](http://www.rtaaf.org) or contact Executive Director and Program Facilitator Elizabeth Mangan at [director@rtaaf.org](mailto:director@rtaaf.org)

## 12 Week Training for Parents and Caregivers of children with new Autism diagnosis

- Small group setting
- New topic each week with guest speakers and licensed professionals
- Facilitated by RTAAAF Director Elizabeth Mangan, MAEd

**This program is free thanks to  
donations and a grant from the  
Rochester Area Foundation**