

POSSABILITIES

Serving children and adults with disabilities

What: Youth Recreation Summer Program

Contact: Robyn Befort, Program Coordinator: 208-6248 rbefort@possabilities.org

Dates: June 9 - August 15 2013 (Closed Friday July, 4th). *There will be limited staff available August 18th – 29th. Registration for those weeks will be sent out around August 1st when staff know when they will be returning to college.*

Program Hours: 8:45 a.m. – 4:00 p.m.

Extended Care Hours: 7:30-8:45 a.m. and 4:15-5:30 p.m.

Ages: 2 – 22

Fees: \$16.08/hr.* **One-to-One Support Fee:** \$20.76/hr.*

Cost includes enrollment in activities of choice.

Note, for camps that require a 1:1 staff, students will be charged the 1:1 support fee for the hours of the camp. These camps are specified in the brochure. Also, if a student is the only participant to sign up for a camp, he/she will also be charged the 1:1 rate for the hours of the camp. Parents will be notified if their child is the only participant to register prior to the start of the camp.

Transportation fees:

Parents are responsible for arranging transportation to and from the program, including School Bus transportation to and from Summer School. Transportation can be provided only if the youth has no other form of transportation. Transportation will be provided PossAbilities Youth Recreation Staff.

Additional cost- Minimum fee: \$8.38

This brochure can be found on our website possabilities.org



You're Invited!

WHAT: PARENT/CHILD/STAFF MEET AND GREET EVENT – Come and catch up with friends returning for the summer and meet some new ones.

WHEN: FRIDAY, JUNE 6TH

TIME: 5:30-6:30 P.M.

WHERE: PossAbilities 2530 North Broadway which is near Recreation Lanes. The front of the building is the Rochester school district's Transition Learning Center and PossAbilities is in the back. Please enter through the back door.

The time spent with the PossAbilities Summer Youth Recreation Program will be packed full of field trips, swimming, games, songs, crafts and fun summer adventures! Each day, we will start and finish at the Rochester Area Family Y, unless otherwise arranged, making it convenient for you and your family. We have many programs to offer your child to help make their summer fun; filled with learning and adventure!

The programs offered will be inclusive. Our program is designed for youth who have disabilities, but the activities that your child chooses to be involved in, will be in coordination with programs that include youth who do not have disabilities. What a great experience! Our program is designed with your child in mind. We will be offering various programs that your child can sign up for, through us, and will be able to do the types of things that they enjoy most! We will be providing staff support, depending on the level of support your child needs to be involved in these programs. If these programs do not fit the needs of your child, there are many other options.

We are a very flexible program and willing to work with you and your child!



PROGRAMS OFFERED:

1. RideAbility: ages 4 and up
2. Summer of Service: entering grades 5-12
3. JETS Gymnastics: ages 3-12
4. Community Education Camps and Activities – varied ages
5. Y Camps:
 - Discover Y Day Camp (grades 1-6)
 - Fine Arts Camp (grades K-6)
 - Science Engineering & Technology Y Camps Builders (grades 2-3)
 - Science Engineering & Technology Y Camps Engineers (grades 4-7)
 - Sports Camp (grades K-6),
 - Y Summer Preschool Camps (ages 3-5 - must be aged 3 by June 1, 2014)
6. Quarry Hill Nature Camps: age 4- current 9th grades
7. Friday field trips: all ages
8. PossAbilities Recreation: all ages

Registration:

The deadline for registration for summer programming is May 2nd

I want to make registration for summer programming as easy as possible but do request that registration be done in person rather than via phone or e-mail. **Your child's social worker will either need to attend the meeting with you or will need to send me a copy of your child's ISP prior to the meeting. I now need to have a copy of each year's ISP.**

I am more than happy to make arrangements to meet with you at your convenience. We can meet here at the YMCA, at PossAbilities Administration Building, a coffee shop or at your home depending on what is easiest for you. Please call, text or e-mail me to set up a time and place to meet.

Youth Rec Summer Program Registration Checklist:

Please make sure to bring all of the following paperwork with you when you register your child for activities. **REGISTRATION WILL NOT BE ACCEPTED WITHOUT ALL OF THE COMPLETED PAPERWORK!**

- _____ 1. **Copy of ISP brought by social worker to meeting or sent prior to meeting**

- _____ 2. **Signed PossAbilities consent forms**
 - _____ A. Consent to Exchange Information
 - _____ B. Emergency Treatment, Publicity, Medication Administration Releases
 - _____ C. Bill of Rights

- _____ 3. **Copy of prescription signed by physician for any medication to be administered - a signed copy of your child's current medication list from the clinic will be acceptable**

- _____ 4. **Calendar with desired activities filled in**

- _____ 5. **Completed applicable camp consent forms** - I cannot register your child in camps until I have the completed consent forms. **YOU DO NOT NEED TO FILL OUT CONSENTS FOR CAMPS YOUR CHILD WILL NOT BE ATTENDING.**
 - _____ A. RideAbility
 - _____ B. Summer of Service
 - _____ C. JETS
 - _____ D. Community Education
 - _____ E. Y Camps
 - _____ F. Quarry Hill

- _____ 5. **Registration for siblings attending field trips**

- _____ 6. **Child's profile with any additions or changes**



RIDEABILITY

Ages: 4 and up

Consent form must be completed prior to registration. Consent forms must be filled out annually.

Providing therapeutic and recreational equine activities for people with disabilities (enhancing their physical, emotional, spiritual and mental health for participants through the service of horses). **LIMIT: We can only take 6 kids, so it is a first come - first serve basis.**

Dates: June 10, 17 and 24, July 8, 15 and 29, August 5 and 12

Day/time: We meet at the YMCA on Tuesday afternoons at 3:45 and leave for Pine Island at 4:00. In order for students to get their full time riding, we are unable to wait for late arrivals.

RideAbility Participation Form

Today's Date: _____

Name of Student or Volunteer: _____ Date of Birth: _____

Address: _____

Phone: (Home) _____ (Cell) _____

Email: _____

Liability Release

I: _____ (student/volunteer name) would like to participate in the RideAbility equine activity program. I have been informed of the Minnesota Equine Liability Law, and I acknowledge the risks and potential for risks of horseback riding and working around horses. However, I feel that the possible benefits to myself/my son/my daughter/my custodial child are greater than the risk assumed. I hereby, intending to be legally bound, for myself, my heirs and assigns, executors or administrators, waive and release forever all claims for damages against: RideAbility and - its Board of Directors, Instructors, Therapists, Aides, Horse owners, Volunteers and/or Employees for any and all injuries and/or losses that I/my son/my daughter/my custodial child may sustain while participating in RideAbility affiliated activities and special events of any kind.

Signature: _____ Date: _____

If under 18 years of age (or if not responsible for self) a guardian must sign: _____

Photo and Publicity Release

I consent to and authorize the use and reproduction of any and all photographs and any other audiovisual materials taken of me/my son/my daughter/my custodial child for promotional printed material, educational activities or for any other use for the benefit of the RideAbility program.

Signature: _____ Date: _____

If under 18 years of age (or if not responsible for self) a guardian must sign: _____

Authorization For Emergency Medical Treatment and Emergency contact information

For Registered Student or Volunteer named above: _____

Preferred Medical Facility: _____ Preferred Physician: _____

CONSENT PROVISION: In the event emergency medical aid/treatment is required due to illness or injury during the process of receiving services, or while being on the property of the agency, I authorize RideAbility to secure and retain medical treatment and transportation if needed, and to release client records upon request to the authorized individual or agency involved in the medical treatment. This authorization includes x-ray, surgery, hospitalization, medication and any treatment procedure deemed "life saving" by the physician. This provision will only be invoked if the client (student or volunteer) is unable to communicate.

Signature: _____ Date: _____

If under 18 years of age (or if not responsible for self) a guardian must sign: _____

OR NON-CONSENT PROVISION: Request a form that removes all liability from RideAbility in making an emergency medical decision.

RideAbility insurance does not include medical coverage for clients or volunteers.

Please provide personal health insurance information:

Health Insurance Provider: _____ Policy Number: _____

Date of last Tetanus Shot: _____

Who should we contact in an emergency: _____ Phone number: _____

Statement of Confidentiality

I understand the importance of respecting all individuals I work with in the RideAbility program. I agree to keep confidential all knowledge of the medical conditions, emotional conditions, behaviors and opinions of other persons I meet at RideAbility.

Signature: _____ Date: _____

(Student, Volunteer or guardian signature)

RideAbility Training completed (checklist on reverse side)

I have completed the RideAbility mandatory training & orientation. I understand the program's guidelines, rules and expectations.

Signature: _____ Date: _____

(Student, Volunteer or guardian signature)

RideAbility training and orientation checklist:

- ___ **Program history and philosophy** (Began in 1997, family centered, fun for all, - **SAFETY EMPHASIS**)
- ___ **Respect** (People first philosophy – and all students, families and volunteers should be respected)
- ___ **Confidentiality** (Opinions should stay here ... prevent gossip, do not pass-long medical info, sign a statement of confidentiality)
- ___ **Liability Release** (MN Equine Liability Law protects volunteers from being liable for injuries, also general liability insurance)
- ___ **Facility** (Know where to park, watch your children, use garbage cans, locate: sound system, phone, first aid kit, lost & found)
- ___ **Refreshments** (Water jug, soda for donations, bring your own bottled water or soda, volunteer to bring treats)
- ___ **Absences** (Sign-off on white board ahead of time or notify the barn as soon as possible - so we can find backups)
- ___ **Bad Weather** (*Do not come* if you feel unsafe, *leave early* if you feel you need to – it is your decision!)
- ___ **Volunteer Attire** (Required: Sturdy shoes - *no sandals*, Recommended: bug spray, name tags, tighter clothing)
- ___ **Student Attire** (Required: ASTM/SEI certified helmets & long pants, Recommended: sturdy shoes with heel)
Barn requirement: all mounted riders will use ASTM/SEI certified helmets
- ___ **Tack** (Well fitted saddle, safety stirrups, halter with reins or bridle, lead rope, cinch safety checked 3 times)
Barn requirement: all mounted riders will use safety stirrups or no stirrups at all
- ___ **Horse handling** (Horses tied in the arena, no one is allowed in the arena except for their assigned tasks)
- ___ **Mounting/Dismounting** (Mounting ramp procedures, dismount at instructor's direction, emergency dismount)
- ___ **Teams** (Posted on board, work with student before entering the ring, enhancing student accomplishments)
- ___ **Curriculum** (Five week basic outline: 1-Evaluation 2-Safety 3-Communication 4-Balance 5-Fun&Games)
- ___ **Class time** (Lesson plan flow: prayer, mounting ramp, warm-up, horsemanship, games, cool-down, dismount)
- ___ **Side walker training** (3 basic holds plus variations, learning about your student, constant feedback to program)
- ___ **Fundraising** (1-Giving Letter 2-Memorial Luncheon 3-Barn Dance 4-Raffle 5-RideATHons)

Minnesota Equine Liability Law

Sec. 3 (604A.12) **LIVESTOCK ACTIVITIES: IMMUNITY FROM LIABILITY.**

Subdivision 1. Definitions.

- (a) For purposes of this section, the following terms have the meanings given them.
- (b) "Inherent risks of livestock activities" means dangers or conditions that are an integral part of livestock activities, including: (1) the propensity of livestock to behave in ways that may result in death or injury to persons on or around them, such as kicking, biting or backing; (2) the unpredictability of livestock's reaction to things like sound, sudden movement, unfamiliar objects, persons or other animals; (3) natural hazards such as surface or subsurface conditions; or (4) collisions with other livestock or objects.
- (c) "Livestock" means cattle, sheep, swine, horses, ponies, donkeys, mules, hinnies, goats, buffalo, llamas or poultry.
- (d) "Livestock activity" means an activity involving the maintenance or use of livestock, regardless of whether the activity is open to the general public, provided the activity is not performed for profit. Livestock activity includes: (1) livestock production; (2) loading, unloading or transporting livestock; (3) livestock shows, fairs, competitions, performances, races, rodeos or parades; (4) livestock training or teaching activities; (5) boarding, shoeing or grooming livestock; or (6) riding or inspecting livestock or livestock equipment.
- (e) "Livestock activity sponsor" means a person who sponsors, organizes or provides the facilities for a livestock activity that is open to the general public.
- (f) "Participant" means a person who directly and intentionally engages in a livestock activity. "Participant" does not mean a spectator who is in an authorized area.

Subdivision 2. Immunity from Liability, except as provided in subdivision 3, a nonprofit corporation, association, or organization, or a person or other entity donating service, livestock, facilities, or equipment for the use of a nonprofit corporation, association, or organization, is not liable of the death or an injury to a participant resulting from the inherent risks of livestock activities.

Subdivision 3. Exceptions, Subdivision 2 does not apply if any of the following exist: (1) the person provided livestock for the participant and failed to make reasonable efforts to determine the ability of the participant to safely engage in the livestock

activity, or to determine the ability of the participant to safely manage the particular livestock based on the participant's representations of the participant's ability; (2) the person provided equipment or tack for the livestock and knew, or should have known, that it was faulty to the extent that it caused injury or death; (3) the person owns or leases the land upon which a participant was injured or died because of a man-made dangerous latent condition and failed to use reasonable care to protect the participant; (4) the person is a livestock activity sponsor and fails to comply with the notice requirement of subdivision 4; or (5) the act of omission of the person was willful or negligent.

Subdivision 4. Posting Notice, A livestock activity sponsor shall post plainly visible signs at one or more prominent locations in the premises where the livestock activity takes place that include a warning of the inherent risks of the livestock activity and the limitation of liability under this section.

I have read and/or been informed of the Minnesota Equine Liability Law.

Signature: _____ **Date:** _____

RideAbility Student Application Form

Date: _____

This form indicates your interest in being a student rider in the RideAbility program – it does not necessarily enroll you in a riding class or guarantee class availability for you. The sooner this form is filled out and returned the more likely it will be that there will be a class space open for you to ride. (RideAbility is served on a first-come-first-serve basis, with consideration for our ability to provide the needs for each individual applicant and their family.) When class schedules are set, and volunteers are committed, RideAbility will contact you to confirm your class dates and times. The class fee is \$100 for a five week session and \$30 for a private session. If you need financial assistance please call RideAbility 507-356-8154. Please complete 3 separate forms for each rider, and return forms and class fees to:

RideAbility P.O. Box 995 Pine Island, MN 55963

STUDENT'S NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____

TELEPHONE NUMBER (Day) _____ (Evening) _____

Email: _____

PARENT/GUARDIAN(s) _____ PHONE: _____

Student's Profile:

DATE OF BIRTH (MM/DD/YY): ___/___/___ **HEIGHT:** _____ **WEIGHT:** _____ lbs **MALE** **FEMALE**

DISABILITY (or none) _____

Does this rider use a cane? ___ leg braces? ___ walker? ___ wheelchair? ___ other aids? _____

Please describe any range of motion limitations with hips/knees/ankles: _____

Do you anticipate any problems sitting on the horse, or any extra help/support that might be needed? _____

Can this rider grasp reins? ___ saddle horn? ___ other hand holds? _____

Can this rider walk up 3 steps to get on the mounting block? ___ with help? ___ on their own? _____

Has this rider ever had seizures? ___ If yes, please explain extent, duration, frequency: _____

Is this rider presently medicated? _____ Any breakthrough seizures? _____

Is this rider verbal? ___ non-verbal? ___ sign language? ___ Please describe communication skills in more detail (ie. Shy, over-active, deaf, hearing impaired, hugs a lot, etc.) _____

Does this rider have specific fears, behavior issues or other problems that we should be aware of? _____

BRIEFLY DESCRIBE WHY STUDENT WANTS TO PARTICIPATE IN RIDEABILITY: (For example: for fun, for a family activity, general social interaction, to learn about horses, for physical benefits like balance/coordination/stamina, or further reasons)

Please indicate what dates and times your family would like to schedule their riding classes:

Class session/dates(Spring, Summer#1, Summer#2, Fall):

Day of the week(Monday, Tuesday, other):

Time(6:30PM, 7:30PM, other):

RideAbility will do their best to accommodate family needs in class scheduling ☺

RideAbility: Student’s Medical History and Permission

Date: _____

Name: _____ Date of Birth: _____ Height: _____ Weight: _____

Address: _____

Diagnosis: _____ Date of Onset: _____

Tetanus Shot: __No __ Yes, Date: _____

Seizures? __No __ Yes, Type: _____ Controlled? _____ Date of last seizure _____

Please describe frequency, extent and duration: _____

Shunt present? __No __ Yes: Date of last revision _____

Medications (list all medications): _____

Specific Problem Areas (please indicate disabilities, surgeries or other problems). For each box check Yes or No:

Yes No Comments (details on extent of problem and precautions to take)

Auditory			
Visual			
Tactile sensation			
Speech			
Cardiac			
Circulatory			
Immune System			
Pulmonary			
Neurological			
Muscular			
Balance			
Orthopedic			
Allergies			Allergic to:
Learning Disability			
Cognitive Impairment			
Emotional/Psychological			
Pain			
Other			

Special Precautions (see back for list of precautions): _____

If diagnosis is Down Syndrome: Negative Cervical X-ray for Atlantoaxial Instability, X-ray date _____

AND Negative for clinical symptoms of Atlantoaxial Instability.

Mobility: Independent Ambulation? __Yes __No Description of special devices: _____

Braces? __Yes __No Crutches? __Yes __No Wheelchair? __Yes __No

To my knowledge the above medical information is complete and accurate. My signature – as parent/guardian or participant – indicates permission for above named student to participate in the RideAbility equine activity program. I understand that activities which include large animal livestock (especially horses) have inherent risk of physical injury and I will help to see that all safety precautions are followed carefully. I give permission for the above medical information to be viewed by RideAbility staff and volunteers as needed.

Name of Parent/Guardian/Participant (please print): _____

Parent/Guardian or participant signature: _____ **Date:** _____

This patient's health history has been reviewed. To my knowledge, there are no apparent contraindications to participating in an appropriate and supervised equine activity, except as specified on this form or attachments.

Name of Physician(please print): _____

Physician's Signature: _____ **Date:** _____

A team of people from RideAbility { which may include instructor(s), therapist(s), sidewalker(s), board member(s), parent(s), caregiver(s) or volunteer(s) } have reviewed the above medical information and will use this in implementing an effective equine activity program.

Name of RideAbility representative (please print): _____

RideAbility signature: _____ **Date:** _____

Information: The following conditions, if present, may represent extra **precautions** for individuals during horseback riding. Therefore when completing this form, please note whether these conditions are present, and to what degree.

Orthopedic:

- Atlantoaxial Instabilities- and neurological symptoms
- Scoliosis
- Kyphosis
- Lordosis
- Joint Subluxation and Dislocation
- Osteoporosis
- Pathologic Fractures
- Coxas Arthrosis
- Heterotopic Ossification/Myositis Ossification
- Osteogenesis Imperfecta
- Cranial Deficits
- Spinal Joint Fusion/Fixation
- Spinal Joint Instabilities/Abnormalities
- Spinal Orthoses
- Internal Spinal Stabilization Devices

Neurologic:

- Hydrocephalus/Shunt
- Spina Bifida
- Tethered Cord
- Chiari II Malformation

- Hydromyelia
- Paralysis due to Spinal Cord Injury
- Seizure Disorder

Medical/Surgical/Psychological:

- Allergies
- Animal abuse
- Physical/Emotional/Sexual Abuse
- Cancer
- Cardiac Condition
- Recent Surgery
- Diabetes
- Peripheral Vascular Disease (PVD)
- Hemophilia
- Hypertension (Blood pressure control)
- Respiratory Compromise
- Stroke (Cerebrovascular Accident)
- Medical instability
- Exacerbations of medical conditions (i.e., RA, MS)

Secondary Concerns:

- Age under 2 years, or two - four years
- Indwelling catheter/ Medical equipment
- Poor Endurance
- Skin Breakdown
- Behavior problems
- Migraines

Therapeutic Horseback Riding: Therapeutic horseback riding has its roots in Scandinavia and in Great Britain. The North American Riding for the Handicapped Association (NARHA) was established in 1969 and currently sets the national safety standards and guidelines for therapeutic horseback riding and other therapeutic equine activities in the United States, Canada and other countries.

What is RideAbility? *RideAbility* began in 1997 with the goal of teaching children with disabilities to ride horses and to gain a sense of confidence and achievement in doing so. *RideAbility* is a volunteer intensive effort that includes the combined efforts of

horseowners, horseback riding instructors, physical therapists, occupational therapists and families. Three volunteers are required per rider and help to keep the session safe. One volunteer leads the horse. Two volunteers act as sidewalkers. The sidewalkers walk one on each side of the horse, and they hold on to the student rider with an arm resting across the rider's thigh or trunk to provide support and assist with balance as necessary. The children served have a various range of disabilities including cerebral palsy, spina bifida, pervasive developmental disorder, Down's Syndrome and many more.

What are some benefits of Therapeutic Horseback Riding? Therapeutic horseback riding provides many beneficial experiences for children with disabilities. The gentle and rhythmic pelvic motion of the horse translates up to the rider a pattern of movement in the trunk and pelvic that closely mimics normal human gait. As a result excessive tone is often normalized allowing a greater range of motion in the rider. Many children with tight and spastic muscles are able to tolerate the stretching better on horseback. The normal straddled riding position for example provides a long sustained stretch to the adductors, a muscle group often tight in children with cerebral palsy.

Therapeutic horseback riding also provides a great opportunity for strengthening as well as improving balance reactions. The turning, acceleration, and deceleration of the horse makes the participant learn to weight shift and contract different muscles of the trunk. Balance can be further challenged with reaching, catching and throwing games as well as riding in different positions such as backward-facing. Mounting and dismounting the horse help to strengthen the lower extremities.

Many sensory experiences are also to be had by a participant in therapeutic horseback riding. These experiences include: exposure to new textures as children stroke and help groom the horse; new proprioceptive inputs as a child rides with their hands on the saddle, gripping the reins or hugging the horse; and vestibular inputs as the horse changes directions, speed or the child changes positions on the moving horse.

Safety is our #1 goal:

If you have any questions, please contact our Physical Therapist: Lynne McCutcheon, PT (507-261-0716)

SUMMER OF SERVICE



Ages: entering grades 5-12

Join SOS for two weeks of FUN! SOS is a program for youth entering grades 5-12. During each two-week session, youth will work with a team of ten helping our community with different service-learning projects. Fee of \$215 does not include a T-shirt. T-shirts must be worn and are an additional fee of \$15.00 each. Please indicate adult T-shirt size small, medium, large, or XL large. Please register for only one session. After April 30, you may register for another week if available. A parent/guardian handbook will be mailed to all registrants. **Location: Century High School**

Fee: \$215 plus \$15 for shirt
PAYMENT WILL BE MADE BY POSSABILITIES

SOS Daily Schedule (Monday-Thursday)

8:30-9:00 am Preparation
 9:00-11:30 am Morning Project
 11:30-1:00 pm Lunch/Travel
 1:00-3:30 pm Afternoon Project
 3:30-4:00 pm Reflection
Fridays are "FUN DAYS"

Dates:

Session 1: June 16-June 27
Session 2: July 7-July 18
Session 3: July 21-August 1
Session 4: August 4-August 15

2014 Summer of Service (SOS) Registration (2013-14 Grade 5-12)

First Name _____ Last Name _____
 Address _____ City _____ Zip Code _____
 School _____ Current Grade _____ Male Female Birthdate __/__/____
 Parent/Guardian Name _____ Home Phone _____ Cell Phone _____
 Parent/Guardian Email _____ Work Phone _____
 Health Concerns/Special Needs/Medication _____ (See medication policy above)
 We like to photograph youth in action at SOS. Do we have permission to photograph your youth? Yes No
 Emergency Contact Name _____ Phone _____ Relationship _____

	Code	Session	Dates	Fee
	5901.401	Session 1	June 16-June 27	\$215
	5902.401	Session 2	July 7-July 18	\$215
	5903.401	Session 3	July 21-August 1	\$215
	5904.401	Session 4	August 4-August 15	\$215

After sessions fill, waiting lists will be taken.

You must purchase an SOS t-shirt, if you do not have one. Students can wear SOS t-shirts from previous years.

SOS t-shirt	Number of Shirts	Price	Size-All are Adult Sizes	Fee
		\$15	Small Medium Large Extra Large	

Amount enclosed \$ _____

Check Check Number _____

Cash

Visa MasterCard Discover Card Number _____ Exp. Date _____

Card Holder's Signature _____

Please call Community Education with any questions at 328.4000
 A SOS Parent/Youth Handbook and Confirmation will be mailed to all participants after registering.
 Please review the information before attending SOS.

Parent/Guardian Signature _____ Date _____

Register online, mail, or Fax (328.4015) Registration form by April 30 to:
 Northrop
 Summer of Service
 201 8th Street NW Rochester, MN 55901
 SOS Site for 2014 will be Century High School

THIS STUDENT WILL BE ACCOMPANIED BY POSSABILITIES SUPPORT STAFF. PLEASE NOTIFY BOTH PARENT AND ROBYN BEFORT (208-6248 rbefort@possabilities.org) OF SCHEDULE CHANGES OR CANCELLATIONS.



J.E.T.S DAY CAMPS



Ages: 3-12

Consent form must be completed prior to registration.

J.E.T.S. now requires that all PossAbilities participants have 1:1 staffing. Therefore, students who normally pay a group rate will be required to pay the 1:1 rate for the hours of the camp.

We are only able to register 5 PossAbilities Youth per session.

Time: 9-Noon, Monday - Thursday

J.E.T.S half-day summer camps are a great way for kids ages 3-12 to combine gymnastics, tumbling, group games, music, and crafts around a new exciting theme each week. The three hour days will be filled with exciting activities including gymnastics, climbing, arts and crafts, use of the foam pits, trampoline fun, and stimulating games. The instructors will use themes each week to lead the children on a fun and exciting gymnastics journey. Campers will be divided into day camps in the following format: 3 & 4 year olds, 5 & 6 year olds, 7-9 year olds, 10 and up.

LOCATION : 2440 Clare Lane NE, Rochester, MN 55906

Attire: Campers should wear comfortable clothing. No zippers, belts, socks, jewelry or watches. And please, no chewing gum. Long hair must be tied back. Please do not bring valuable items to the gym as JETS cannot be responsible for lost or stolen items.

Campers Should Bring: Clothing and Shoes – Campers should arrive dressed for activity. We recommend outdoor activity clothes and athletic shoes for when we go outside. (No sandals or open toed shoes.) Please survey what your child brings to camp in the morning to avoid losing items. Please label clothing, towels, and all personal items.

Snack – Please send you child with a snack each day, labeled with your child’s name.

Safety Policy: Gymnastics, like other activities, has a risk of minor or more serious injuries. Each student should have their own medical insurance. In order for a student to participate in any gymnastic activity, a registration form, sign by a parent/legal guardian must be on file.

Sample Daily Schedule 9:00 am – 12:00 Noon

- 9:00 Attendance and Free Play
- 9:15 Warm Up
- 9:20 Gymnastics/Camp Theme Activity
- 10:15 Snack and Craft
- 11:00 Games
- 11:30 Free Time
- 12:00 Pickup

6/9 – 6/12 Celebration Week: This is a full week of celebrations and parties. Monday kicks off the party with a "Schools Out for Summer" celebration. Tuesday is Valentine's Day where hearts, candy and good wishes fill the air. The party heats up on Wednesday when Mardi Gras comes to J.E.T.S. Make a mask and throw some beads as we parade around the gym. Thursday is a slumber party day. What Better way to have fun than to hang out in your PJ's, eat munchies and tell goofy and silly stories and celebrate Summertime!

6/16-6/19 Jungle Safari: "It's a Jungle Out there" "Lions and Tigers and Bears, "Oh My" The J.E.T.S Jungle is full of all kinds of animals and activities. Come make your own binoculars so that you can spot the different jungle animals on our nature walk. Our camp counselors become animal trainers as they teach you the cool tricks of the animal kingdom. Campers will go on a Jungle Safari where they will have a treasure hunt for monkeys, tigers, leopards and lions. Games, relays, treasure hunts and jungle animals make for a week full of adventure and fun.



6/23 – 6/26 *Beach Party: Wear your swimsuits, bring your beach towels and get ready to have some fun in the sun! We'll hula, make flower leis, play beach volleyball, & surf some killer waves!! We'll hula, make flower leis, play beach volleyball, & surf some killer waves!

7/7 – 7/10 Super Hero Week: This camp is a super-week filled with super-fun! We celebrate super heroes from Batman to Spiderman, firefighters to our parents. Campers will be telling us all about their favorite superheroes! Camp staff will also help our campers to see the super talents they have. Feel free to dress up like your favorite super heroes!



7/14 – 7/17 Pirates and Princess Week: Shiver me timbers! Pirates and Princess' galore! This week will be filled with treasure hunts and enchanted dreams. Dress up like your favorite Pirate or Princess. Camp activities include a Victorian tea party, a treasure hunt, a dress up day, arts and crafts, and a visit to pirate bay. Yo ho ho!



7/21-7/24 Under the Big Top: Calling all acrobats! Join us for under the big top week as our Ring Master prepares for one of the greatest shows on earth. Parents are invited to see a once in a lifetime performance on Thursday at 11:45. This is always one of the favorite camps of the summer.

7/28 – 7/31 *Aloha Week: Hang Loose this week and be sure to bring your leis, grass skirts, Hawaiian shirts and laid back attitudes as we continue camps with a week of fun, luau and surfs up water fun. Aloha!

8/4 – 8/7 Wild West Week: Howdy Campers! J.E.T.S. is on the lookout for a few good cowboys and cowgirls to help kick off the summer! Grab your boots, put on your ten-gallon hats and saddle up because there are lots of forts to be built and horses to be tended to. We are ready to blaze into the summer heat with a round-up of our own kind!



8/11 – 8/14 Olympic Week: The Winter Olympics Games are coming to J.E.T.S! Be a part of the opening ceremonies where the torch will be passed from camper to camper to announce the beginning of Olympic week. All kinds of crazy games will be played from standing on one foot, to longest Hulu Hooper, to balloon games, to crab walk contests to foam pit relays. There will be games and contests for all age levels. Awards will be handed out to all participants. "Let the Games Begin."



J.E.T.S. Gymnastics Summer Camps

Summer 2014

J.E.T.S. Gymnastics

285-9262

www.jetsgym.com

J.E.T.S. mini summer camps are a great way for kids ages 3 - 10 to combine Gymnastics, Tumbling, Group Games, Music, and Crafts around a new exciting theme each week.

The camps will be filled with exciting activities including gymnastics, climbing, arts and crafts, use of foam pits, trampoline fun and stimulating games. The instructors will use themes each week to lead the children on a fun and exciting gymnastics journey.

Camp

Registration Form

Camp Costs:

Mini Day Camp (9:00am - 12:00pm)
\$82.00 Member / \$86.00 Non-Member

Week	Camp Name	Date	
1	Celebration Week	6/9 - 6/10	___
2	Jungle Safari	6/16 - 6/19	___
3	Beach Party	6/23 - 6/26	___
	J.E.T.S. Closed	6/30-7/4	
4	Super Hero Week	7/7 - 7/10	___
5	Pirates and Princess	7/14 - 7/17	___
6	Under the Big Top	7/21-7/24	___
7	Aloha Week	7/28 -7/31	___
8	Wild West	8/4 - 8/7	___
9	Space Week	8/11 - 8/14	___

Student's name _____

**THIS STUDENT WILL BE ACCOMPANIED
BY POSSABILITIES STAFF**

Age _____ M/F

Address _____

Phone Number _____

Check one:

Member _____ Non-Member _____

of Camps Selected _____

Total \$ _____ (to be paid by
PossAbilities)

J.E.T.S. Gymnastics – Junior Elite Training School CONSENT FOR TREATMENT OF A MINOR INJURY AND ASSUMPTION OR RISK RELEASE FROM LIABILITY

I, the undersigned, as the parent(s)/guardian of _____ give my permission to Junior Elite Training School to act on my behalf to contact an available medical provider and hereby authorize the physicians and their associates of an appropriate medical facility to perform such diagnostic, medical, and/or surgical treatment on my child as may be deemed necessary in order to assure the safety of my child(ren). I fully understand that in the case an ambulance is required, my insurance company will cover the cost.

I, the minor's parent and/or legal guardian, understand the nature of the above referenced activities and the minor's experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby Release, discharge, and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releases from all liability, claims, demands, losses or damages on the minor's account caused or alleged to have been caused in whole or in part by the negligence of the Releases or otherwise, including negligent rescue operations, and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the above Releases, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS each of the Releases from any litigation expenses, attorney fees, loss liability, damage, or cost any Releases may incur as the result of any such claim.

I agree that I fully understand and agree to abide by the rules and policies outlined in the Junior Elite Training School Policies Agreement. By signing below I am in agreement that I am aware of such policies and will properly inform the minor(s), or anyone participating on the minor's behalf, of these policies.

Signature of Parent/or Legal Guardian

Date: _____

Community Education Sports



Ages: 5-9 Soccer World Soccer Camp

Beat the heat this summer and come join us for an awesome week of Soccer! Soccer World will be hosting ½ day Soccer Camp for individuals looking to start playing the game of soccer or for individuals who currently play and are looking to improve their skills in all aspects of the sport. The students will be divided into age groups. Maximum of 22 campers. Soccer World is located at 308 Woodlake Park SE
\$75.00 paid by PossAb.

2070.401P	Mon-Fri	June 23-27	9:00-11:00
2070.402P	Mon-Fri	June 23-27	1:00-3:00
2070.403P	Mon-Fri	July 7-11	9:00-11:00
2070.405P	Mon-Fri	July 14-18	9:00-11:00
2070.406P	Mon-Fri	July 14-18	1:00-3:00
2070.407P	Mon-Fri	July 21-25	9:00-11:00
2070.409P	Mon-Fri	Aug 4-8	9:00-11:00
2070.411P	Mon-Fri	Aug 11-15	9:00-11:00

Ages: 6-12 Skyhawks Soccer

Skyhawks was founded as a soccer club in 1979. Thirty years later, we are still the number one choice for parents looking to introduce their children to the fundamentals of the world's most popular sport. Using our progression curriculum, your young athlete will gain the technical skills and sport knowledge required for the next step into soccer. Designed for beginner and intermediate players, this camp focuses on dribbling, passing, shooting and ball control. Please bring two snacks, sunscreen, appropriate clothing and water bottle. All participants receive a t-shirt, player evaluation and a soccer ball. **Please indicate shirt size on the registration form – choose from youth sizes S, M, L or XL.** \$109.00 paid by PossAb.

2262.401P	Mon-Fri	July 7-11	9:00-12:00	Hoover Gym
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CHEERLEADING

Grades 2-6 Cheerleading Level 1

Daggers, Candlesticks, Hurkees – OH MY! This week is dedicated to learning the fundamental hand and arm movements of cheerleading. You will focus on a motion drill routine, a short dance, basis stunting skills, sideline cheers, and a variety of jumps. No experience necessary. **Wear comfortable clothing and bring your sneakers and water bottle.**

\$39.00 paid by PossAb.

2037.401	Mon-Thu	Jul. 7-Jul. 10	2:00 PM-4:00 PM	Bishop-Gym
2038.401	Mon-Thu	Jul. 14-Jul. 17	9:00 AM-11:00 AM	Bishop-Gym

Grades 2-6 Cheerleading Level 2

This cheer camp will increase in difficulty from Level One. Participate in a motion drill routine, a short dance, basic stunting skills, sideline cheers, jumps, and power tumbling.

\$39.00 paid by PossAb.

2039.401	Mon-Thu	Jul. 21-Jul. 24	11:30 AM-1:30 PM	Bishop-Gym
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BASKETBALL

Mayo Boys Basketball Camp

The Mayo Basketball Camp offers excellent instruction in the fundamentals of basketball! Mayo High School coaches and players provide group work on team play, daily game opportunities and a free throw tournament. T-shirts and certificates of merit will be awarded to all attendees. Due to limited gym space this summer, early registration is recommended. **Please indicate shirt size on the registration form – choose from adult or youth sizes S, M, L or XL.** Students will receive a complimentary basketball on the last day of camp.

Paid by PossAb.

Grades K-2	2141.401	Mon-Fri	Jun. 16-Jun. 20	8:00-9:00	Willow Creek-Gym	\$37.00
Grades 3-4	2142.401	Mon-Fri	Jun. 16-Jun. 20	9:00-11:00	Willow Creek-Gym	\$65.00
Grades 5-6	2143.401	Mon-Fri	Jun. 16-Jun. 20	12:30-3:00	Willow Creek-Gym	\$65.00

John Marshall Boys Basketball Camp

Rochester John Marshall coaches and players provide group work on team play, daily game opportunities and skills and drills that will teach the fundamentals of the game. Each player will receive a t-shirt, ball and certificates of merit. **Please indicate shirt size on the registration form – choose from adult or youth sizes S, M, L or XL.**

Paid by PossAb.

Grades 2-3	2144.401	Tue-Fri	Jun. 10-Jun. 13	10:45 AM-11:45AM	John Marshall Gym	\$35.00
Grades 4-5	2145.401	Tue-Fri	Jun. 10-Jun. 13	12:15 PM-1:45 PM	John Marshall Gym	\$45.00

John Marshall Girls Basketball Camp

John Marshall Girls Basketball Camp emphasizes individual skills, basic fundamentals and techniques, team play, and overall fitness and well-being in a positive teaching and learning environment. Our approach to coaching and instruction focuses primarily on teamwork, sportsmanship, leadership, self-confidence and improvement. **Please indicate shirt size on the registration form – choose from adult or youth sizes S, M, L or XL.** All participants will receive a t-shirt, ball and certificate of participation. \$35.00 Paid by PossAb.

Grades 2-3	2147.401	Tue-Fri	Jun. 10-Jun. 13	8:00 AM-9:00 AM	John Marshall Gym
Grades 4-5	2148.401	Tue-Fri	Jun. 10-Jun. 13	9:15 AM-10:30 AM	John Marshall Gym



FOOTBALL



Flag Football

Ready, Set, HIKE! Here is your chance to master those fundamental football skills you have been meaning to work on. Run drills, play games, and begin to lay down the groundwork that you would need to be a future Heisman winner. Age-appropriate drills will foster growth in passing, catching, and field positions. \$30.00 Paid by PossAb.
Fees: \$30

Grades K-1	2154.401		Jul. 14-Jul. 17	9:00-10:30	Willow Creek-Fields
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Grades 2-5 Mayo Football Fundamentals

Mayo coaches and staff will provide excellent instructions in fundamentals of passing, kicking, blocking and punting. Drills will also emphasize the basics of each position on both offensive and defensive sides of the game. This non-contact camp will be held at Mayo High School football fields with any rain dates to be held in the Mayo High School gym. T-shirts and certificates of merit are awarded to all attendees.

Please indicate shirt size on the registration form – choose from adult sizes S, M, L or XL. \$29.00 Paid by PossAb.

2151.401	Mon-Fri	Jun. 16-Jun. 20	8:00-9:30	Mayo Fields
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John Marshall Rocket Football Camp

Join in the fun and attend this Community Education Football Camp. John Marshall coaches and staff will provide excellent instructions in fundamentals of passing, kicking and punting. Drills will also emphasize positions as quarterback and offensive and defensive linemen. The camp will be held at the John Marshall High School football fields. Please come prepared with the proper attire: shorts, t-shirt, football shoes (or gym shoes on bad weather days). T-shirts and certificates of merit are awarded to all attendees. **Please indicate shirt size on the registration form – choose from adult sizes S, M, L or XL.**

Enroll in the camp using the grade you are currently in during the 2012-2013 school year.					\$42.00	
Grades 3-5	2152.401	Mon-Fri	Jul. 21-Jul. 25	8:30-11:30	John Marshall-Field & Stadium	paid by
Grades 6-7	2153.401	Mon-Fri	Jul. 21-Jul. 25	12:30-3:30	John Marshall-Field & Stadium	PossAb.

Ages 6-12 Skyhawks Flag Football

Skyhawks Flag Football is the perfect introduction to America’s Game or a great refresher for those who want to brush up on their skills preparing for league play. Through our skill of the day exercises, campers will learn skills on both sides of the ball including the core components of passing, catching and de-flagging or defensive positioning, all presented in a fun and positive environment. The weekends with the Skyhawks Sports Super Bowl, giving participants a chance to showcase their skills on the gridiron! Please bring two snacks, sunscreen, appropriate clothing and a water bottle. All participants receive a t-shirt, a player evaluation and football. **Please indicate shirt size on the registration form – choose from adult or youth sizes S, M, L or XL.**

\$109.00 Paid by PossAb.

2260.401P Mon-Fri June 16-20 9:00-12:00 Hoover Gym



KICKBALL



Kickball

Come one, Come all, Come and play KICKBALL. That’s right, this classic playground game will have you kicking, running, catching and throwing. What else can we say...it’s just that fun! Wear comfortable clothing and tennis shoes.

\$18.00 paid by PossAb.

Grades 1-2	2208.401 Tue/Thu, Jun. 17-Jun. 26	9:00 AM-10:30 AM	Bishop-Gym
	2212.401 Mon-Thu Aug. 11-Aug. 14	1:00 PM-2:30 PM	Bishop-Gym
Grades 3-5	2209.401 Tue/Thu Jun. 17-Jun. 26	10:30-12:00	Bishop-Gym
	2213.401 Mon-Thu Aug. 11-Aug. 14	11:00-12:30	Bishop-Gym



DANCE



Grades 3-5 Hip Hop Camp

The hottest sounds in hip hop will be used to teach you even hotter dance moves in this four day dance camp. Learn new moves as well as have a chance to freestyle. Come dressed in comfortable clothes and tennis shoes. No experience necessary. Have fun and learn!

\$39.00 paid by PossAb.

5120.401 Mon-Thu Aug. 4-Aug. 7 12:00 PM-2:00 PM Bishop-Gym

Kick Line Camp

Kick Line Dancers WANTED! Community Education is excited to offer four days dedicated to learning kick line maneuvers. You will learn basic kicks, leaps and turns that will lay the groundwork for you to take part in a type of dance that will have you combining jazz, hip hop and ballet moves. No experience necessary. Wear comfortable shoes and bring your sneakers and water bottle. \$39.00 paid by PossAb

Grades 3-5	5124.401	Mon-Thu	Jul. 7-Jul. 10	9:00-11:00	Bishop-Gym
Grades 6-8	5125.401	Mon-Thu	Jul. 7- Jul. 10	11:30-1:30	Bishop-Gym



MULTIPLE SPORTS

Ages 4-6 Skyhawks Mini-Hawk (Soccer, T-ball & Basketball)

This multi-sport program gives children ages 4-6 a positive first step into athletics. T-ball, basketball and soccer are taught in a safe, structured environment with lots of encouragement and a big focus on fun. Our Mini-Hawk games and activities were designed to allow campers to explore balance, movement, hand/eye coordination and skill development at their own pace. Skyhawks staff are trained to handle the specific needs of young athletes. Please bring two snacks, sunscreen, appropriate clothing and a water bottle. All participants receive a t-shirt, merit award and soccer ball. **Please indicate shirt size on the registration form – choose from youth sizes S, M, L or XL.** \$109.00 paid by PossAb

2261.401P	Mon-Fri	June 23-27	9:00-12:00	Hoover Gym
2261.402P	Mon-Fri	July 28-Aug 1	9:00-12:00	Hoover Gym

Ages 6-8 Skyhawks Multi-Sport (Soccer, Baseball & Basketball)

Our multi-sport camp is designed to introduce young athletes to a variety of different sports in one setting. For this program, we combine soccer, baseball and basketball into one fun-filled week. Athletes will learn the rules and essentials of each sport through skill-based games and scrimmages. By the end of the week, your child will walk away with knowledge of three sports along with vital life lessons such as respect, teamwork and self-discipline. Please bring two snacks, sunscreen, appropriate clothing and a water bottle. All participants receive a t-shirt, merit award and soccer ball. **Please indicate shirt size on the registration form – choose from youth sizes S, M, L or XL.** \$109.00 paid by PossAb

2264.401P	Mon-Fri	July 21-25	9:00-12:00	Hoover Gym
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GOLF

Ages 5-8 Skyhawks Beginning Golf

Skyhawks Golf focuses on building the confidence of young athletes through proper technique and refining the essential skills of the game. Golf is a challenging and lifelong sport, so young athletes need proper focus on the fundamentals of form, swinging, putting and body position. To assist in this training, Skyhawks has adopted the SNAG (Starting New At Golf) system to its curriculum. SNAG is specifically designed for the entry-level player; SNAG simplifies instruction so that young players can make an easy and effective transition onto the golf course. No need to bring your own clubs – all equipment is provided. We keep the instructor-to-camper ratio for this program very low, resulting in limited availability. These programs fill up quickly. Please bring two snacks, sunscreen, appropriate clothing and a water bottle. All participants receive a t-shirt and merit award. **Please indicate shirt size on the registration form – choose from youth sizes S, M, L or XL.**

\$109.00 paid by PossAb

2263.401P Mon-Fri July 14-18 9:00-12:00 Hoover Gym



GIRL'S VOLLEYBALL

Grades 3-5 Volleyball Camp

Increase your volleyball skills in serving, passing, setting, and spiking. Students will use specially weighted balls for the beginner to develop proper technique. Hitting approach, as well as rules of the game, teamwork and ball control will be covered. You Dig? \$25.00 paid by PossAb

2033.401	Mon-Thu	July 14-17	2:00 PM-3:30 PM	Bishop-Gym
2033.402	Mon-Thu	July 28-31	9:00 AM-10:30 AM	Bishop-Gym



TRACK AND FIELD



Grades 3-8 Track and Field Camp

Mayo Spartans Track and Field coach Donny Holcomb, along with his coaching staff, will lead you through the camp. They will focus on teaching the techniques of each event, training tips, and positive competition as it relates to the appropriate age session. The culminating event will be a track and field meet on the last day. A T- shirt is included, **please indicate the shirt size on the registration form--choose adult sizes S, M, L, or XL.** \$29.00 paid by PossAb

2172.401 Mon-Fri June 23-27 8:00-9:30 Mayo-Fields



Community Education Crafts

Teddy Bear Picnic

Make your own stuffed teddy bear complete with birth certificate! Dress them up in accessories that you make yourself. We'll even make a mini picnic blanket! \$21.00 paid by PossAb.

Grades 2-5	2342.461	M	Jun 9	9:30 AM-12 PM	Northrop-Rm 109
Grades 5-9	2343.461	M	Jun 9	1:00-3:30 PM	Northrop-Rm 109

It's for the Birds

Hammers, nails, screwdrivers, and glue; with these birdhouses there will be lots of pounding to do! We will also make several types of bird feeders for different types of bird-food eaters. \$21.00 paid by PossAb.

Grades 2-5	2344.461	T	Jun 10	9:30 AM-12:00 PM	Northrop-Rm 109
Grades 5-9	2345.461	T	Jun 10	1:00-3:30 PM	Northrop-Rm 109

All About Beads

Beads aren't just for jewelry anymore! As we make beadie buddies, key chains, Perler (fuse) beads, and beaded flower pots, we'll explore the many uses for beads and make some jewelry too! \$21.00 paid by PossAb

Grades 2-5	2346.461	W	Jun 11	9:30 AM-12 PM	Northrop-Rm 109
Grades 5-9	2347.461	W	Jun 11	1:00-3:30 PM	Northrop-Rm 109

Spa Day Crafting

Join us for a "therapeutic" day of crafting. We'll make bath soaps, bath salts, and even fizzy bath bombs. We will then top it off with lip balms and lotions for a sweet smelling, stress relieving collection of creations.

\$21.00 paid by PossAb

Grades 2-5	2348.461	Th	Jun 12	9:30 AM-12:00 PM	Northrop-Rm 109
Grades 5-9	2349.461	Th	Jun 12	1:00-3:30 PM	Northrop-Rm 109

Summer Craft Camp

If you really love crafting and want a fun place to be for four days of creating, join us for all four sessions:

- Monday-Teddy Bear Picnic
- Tuesday-It's For the Birds
- Wednesday-All About beads
- Thursday-Spa Day Crafting

\$75.00 paid by PossAb.

Grades 2-5	2340.461	Mon-Thu, Jun. 9-Jun. 12	9:30 AM-12:00 PM	Northrop-Rm 109
Grades 5-9	2341.461	Mon-Thu, Jun. 9-Jun. 12	1:00 PM-3:30 PM	Northrop-Rm 109

Grades 2-8 Craft Camp Extreme!

If you are an EXTREME craft lover and would like a fun place to be all day for four days, then this is the camp for you! We'll use the themes from the preceding four classes, but take them to a whole new level. Don't worry, we won't sit around in the classroom all day. We will find our create some of our needed supplies outside. **Students must bring a beverage and a sack lunch each day.** \$149.00 paid by PossAb.

Monday-Teddy Bear Picnic

Tuesday-It's For the Birds

Wednesday-All About beads

Thursday-Spa Day Crafting

2339.461 Mon-Thu Jun. 16-Jun. 19 9:00 AM-4:00 PM Northrop-Rm 109

Father's Day Crafting

Father's Day is coming up and here is your chance to make a special surprise for a very special man in your life. We can't tell you what we will be making or it will ruin the surprise, but an uncle or grandpa would like it too! \$15.00 paid by PossAb.

Ages 4-Grade 1 2551.461 Fri June 13 9:30-12:00 Northrop Room 109

Grades 2-5 2552.461 Fri June 13 12:30-3:00 Northrop Room 109

Grades K-5 Tinkerbell Tea Party

Have you ever wanted to be a fairy? Bring your favorite doll and we will make fairy accessories for you and your "doll-friend". To celebrate our time together, we will have a tea party with all of our new friends.

2560.461 Fri Jul. 11 9:00 AM-12:00 PM Northrop-Rm 112 \$21.00 paid by PossAb.

Grades K-5 You Pick It!

Our backroom has too many leftover craft kits so we need your help! Bring your creative enthusiasm and come make a bunch of amazing projects at a discounted price to help us use them up. We can't tell you what you'll make because every day and every student will be different. We will spread out the options and registrants will get to take turns choosing their favorites.

\$15.00 paid by PossAb.

2571.461 Fri June 27 9:00 AM-11:30 AM Northrop Room 109

2571.462 Fri Aug. 1 9:00 AM-11:30 AM Northrop Room 109

Grades K-5 Art, Music, and Theater Camp

Artsy students will love this arts extravaganza. Theater, music, and visual art will be a part of each day as the students prepare a final performance, create costumes and play accompanying music to a dramatic fairytale or Mother Goose rhyme. Instructors: Alexis Zaccariello, Jeff Newkirk, Lisa Anderson

2010.461 Mon-Fri, Jun. 23-Jun. 27 9:00 AM-12:00 PM Longfellow-Rm 118A Art/Music Fee: \$50

Grades 5-8 Art Around the World

Enjoy making art and learning about other cultures and history? Then you will love the Art Around the World class! You will create art through drawing, painting, printmaking, and sculpture while drawing inspiration from art throughout the world. Each class session, students will explore a different culture and create an art project based on this culture. Projects include creating a musical instrument, building a Chinese lantern, and constructing a mask. Students will work both independently and collaboratively with their peers. All art supplies are included. **Wear clothes you can get messy in and bring a lunch every day.** Instructor: Bailey Bryans

2011.461 Mon-Fri Jul. 7-Jul. 11 11:00 AM-2:00 PM Kellogg-Rm 124 Art Fee: \$90

Ages 4-6 **Abakadoodle: My Favorite Cartoon characters**

Do you like Jake and the Never land Pirates? Funny Minions? Sponge Bob? In this crazy art camp we'll use our imaginations to create lots of fun art. We will make Minions, paint a picture of some of our friends from under the sea, make a telescope and a pirate fl ag and more. Bring a beverage and nut free snack.

Class taught by Abakadoodle. www.abrakadoodle.com

\$72.00 paid by PossAb.

4168.461P Tu/Th Jun 17-Jun 19 9-11:30 AM Northrop-Rm 319

Ages 4-6 **Abakadoodle: Princess and Ponies**

Do you love Princess Sofi a the First or have another favorite Princess? Do you love Ponies? If you like Princesses or Ponies you will love this camp. We'll make fancy crowns. We'll paint some pretty ponies; create a picture fi t for a princess on canvas. Sculpt a tea cup for a tea party, read Princess stories and more! We'll even paint our nails. Bring a beverage and nut free snack. Class taught by Abakadoodle.

www.abrakadoodle.com

\$72.00 paid by PossAb.

4167.461P M/W Jun 16 & Jun 18 9-11:30 AM Northrop-Rm 308

Ages 5-11 **Abakadoodle: Girls with Glitter Art Camp**

Does your daughter love art? Does she love bright colored paint, glitter and rhinestones and Paper Mache? If so, this is the camp for her! In this fun camp we'll make colorful Paper Mache hearts. We'll paint batik designs on canvas bags. We'll create masterpieces on canvas board, and create a sparkly seahorse out of clay. We'll draw cute kitties and more. Along the way we'll listen to some music, paint our nails and have lots of fun! Please bring a beverage, and nut free snack. Class taught by Abakadoodle.

www.abrakadoodle.com

\$109.00 paid by PossAb.

4160.461P M-Th Jun 23-Jun 26 9:30-11:30 AM Northrop-Rm 319

Ages 5-11 **Abakadoodle: Glitz and Glam Fashion Creations**

Do you love fashion? Want to make a colorful fashion t-Shirt? Create a fringed scarf? Create a cool headband? Make rubber band bracelets? If so this is the camp for you! In this fun camp we'll become fashion designers as we design our own unique fashions and accessories. We'll have lots of fun creating fashion art. We'll even teach you how to make a rubber band bracelet without a loom. We will have a fashion show on the last day. Bring a t-Shirt, beverage and a nut free snack. Register early as this camp is sure to fi ll quickly. Class taught by Abakadoodle. www.abrakadoodle.com

\$109.00 paid by PossAb.

4161.461P M-Th Jun 23-Jun 26 12:00-2:00 PM Northrop-Rm 319

Ages 5-11 **Abakadoodle: Cool Creations for You and Your Doll**

In this fun art camp everything we make is for you and your favorite doll! Bring your favorite doll to camp with you. We'll make crowns and headbands for ourselves and our dolls. We will create a cute blanket for our doll and paint a picture to hang in our room. We'll make cookies out of model magic for a pretend snack for our dolls. We'll even have a tea party with apple juice and a nut free snack on the last day.

Please bring a beverage and nut free snack. This camp will fill quickly so register now. Class taught by Abakadoodle. www.abrakadoodle.com

\$109.00 paid by PossAb.

4162.461P M-Th Jul 21-Jul 24 9:30-11:30 AM Northrop-Rm 319

Ages 5-11 **Abakadoodle: Star Wars Heroes and Villains Art Camp**

Do you love Star Wars? Want to draw and sculpt some of the greatest heroes and villains from the Star Wars saga? In this fun camp we'll learn to draw, sculpt and paint some of your favorite characters. Design your own Star ship and, of course, we will also make light sabers. May the force be with you! Bring a beverage and nut free snack. Class taught by Abakadoodle. www.abrakadoodle.com

\$109.00 paid by PossAb.

4163.461P M-Th Jul 21-Jul 24 12:00-2:00 PM Northrop-Rm 319

Ages 5-11 **Abakadoodle: Cool Jewelry and Fashion Accessories**

Join us to make some fun fashion accessories to go with your favorite fashions. We will bling up some fabulous and fashionable sunglasses and make a duct-tape sunglass holder. We will even learn how to make rubber band bracelet without a loom and more. Bring a beverage and a nut free snack. Register early as this camp is sure to fill quickly. Class taught by Abakadoodle. www.abakadoodle.com

\$72.00 paid by PossAb.

4166.461P Tu/Th Aug 5-Aug 7 12:00-2:30 PM Northrop-Rm 109

Ages 6-11 **Abakadoodle: Hey, It's Duct Tape and Clay**

Do you like making crazy projects out of Duct Tape and Clay? This is the camp for you. We will spend one day creating cool duct tape projects and one day playing with clay. Our creations will include a duct tape clutch or a pencil pouch and a cool clay lion pot. In this fun and crazy 2-day camp we'll make lots of crazy duct tape and clay creations that you will love. Come join us for some sticky fun. Bring a beverage and nut free snack. Class taught by Abakadoodle. www.abakadoodle.com

\$72.00 paid by PossAb.

4165.461P M/W Aug 4-Aug 6 12:00-2:30 PM Northrop-Rm 109

Ages 4-9 **Abakadoodle: Icky, Slimy, Messy Art Camp**

If you love messy, sticky, icky and scary things then this is the camp for you. We'll make paper mache snakes. Learn to draw monsters and dinosaurs, make monster masks and other cool clay creations. We'll create some slimy goodle and more. Bring a beverage and nut free snack. Class taught by Abakadoodle. www.abakadoodle.com

\$109.00 paid by PossAb.

4164.461P M-Th Aug 4-Aug 7 9:30-11:30 AM Northrop-Rm 109

Grades 5-8 **Arts & Crafts Camp**

Ever wanted a room full of art supplies and a 4-hour art class? Well this art day camp is for you! This class offers a more in-depth approach to making art. Spend each day creating an assortment of different artwork using a variety of mediums including drawing, painting, printmaking, sculpture and more! Learn about art from different cultures and history. Use recyclable materials and found objects to create an amazing sculpture. Try out metal tooling and working with leather. Explore different artists and their work. Each day, you will bring home a new art project. All art supplies are included. Wear clothes you can get messy in, and bring a lunch every day. Instructor: Bailey Bryans

\$145.00 paid by PossAb.

2012.461P M-F Jul 21-Jul 25 10:00 AM-2:00 PM Kellogg-Rm 124 Art

Ages 4-6 **Kids Art Summer Camp**

Introduce preschoolers and kindergartners to art making at the Rochester Art Center. In each session, kids have fun learning the basics of art. Sculpture, painting, mixed media, and other projects will challenge creativity and personal expression. Each session is unique; students may sign up for each session for a new and exciting experience. Class size is limited to 20 (minimum 6). The Rochester Art Center is located at 40 Civic Center Dr. SE.

\$79.00 paid by PossAb.

4007.461P M-F Jun 9-Jun 13 10:00-11:30 AM

4007.462P M-F Jul 21-Jul 25 10:00-11:30 AM



Community Education Games

Ages 4-Grade 5 Carnival Games

A pinata, bingo, ring toss, even floating, plastic ducks...Our day will be all about games, treats, prizes, and fun. Everyone is a winner at this fair!

\$15.00 paid by

PossAb.

2550.461 Fri Aug 15 9:30-12:00 Northrop Gym

Community Education Theme Camps

Travel the USA Camp

Visit Nevada on Monday, Arizona on Tuesday, Maine on Wednesday, and South Dakota on Thursday. Each day we will make local crafts, have a theme snack, read a story or watch a short movie, and play games in the gym that are all related to our destination. We will even mark our path on our maps each day as we travel. **Snacks will be a part of this class, so indicate food allergies on the registration form. Please bring a sack lunch and beverage each day.**

\$99.00 paid by PossAb.

Grades K-2 2350.461 Mon-Thu July 7-10 9:00-4:00 Northrop Room 109

Grades 3-5 2351.461 Mon-Thu July 7-10 9:00-4:00 Northrop Room 112

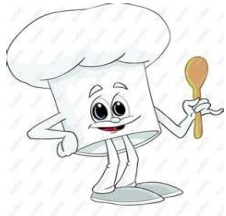
When I Grow Up Camp

Students will have many opportunities to do hands-on activities each day as we explore different careers and the various skills and interests they require. The fields we will investigate are: Monday - Marine Biology, Tuesday - Athlete, Wednesday - NASCAR Driver, Thursday - Astronaut. Bring a sack lunch each day.

\$99.00 paid by PossAb.

Ages 5-6 2700.461 Mon-Thu Jul 21-Jul 24 9:00-4:00 Northrop Room 109

Ages 7-10 2701.461 Mon-Thu Jul. 21-Jul. 24 9:00-4:00 Northrop Room 112



Community Education Cooking

Junior Chefs

Roll up your sleeves for cooking fun! Learn to make delicious snacks and treats for you and your family this summer. Bring your appetite! We'll cover the basics of kitchen safety and simple cooking techniques while working with a variety of ingredients. Polish manners and learn table etiquette too! **Please**

indicate any food allergies on the registration form.

\$30.00 paid by PossAb.

Grades K-2	2558.461	Mon/Wed	June 23 & 25	12:30-2:30	Northrop Room 112
	2558.462	Tue/Thu	July 29 & 31	12:30-2:30	Northrop Room 112
Grades 3-5	2559.461	Tue/Thu	June 24 & 26	12:30-2:30	Northrop Room 112
	2559.462	Mon/Wed	July 28 & 30	12:30-2:30	Northrop Room 112

Grades 6-8 Cooking Camp

Come Hungry! Learn the basics of kitchen safety, nutrition, and simple cooking techniques, while working with a variety of ingredients. All classes are hands-on; everyone will participate in making various treats and snacks. Students will learn how to read a recipe and prepare and cook delicious and healthy dishes. They will polish manners and learn table etiquette too! All campers will take home a copy of the recipes used. **Please indicate any food allergies or restrictions when registering.**

\$69.00 paid by PossAb.

2557.461	Mon-Thu	June 16-19	9:00 AM-11:00 AM	Northrop Room 112
2557.462	Mon-Thu	July 14-17	12:30 PM-2:30PM	Northrop Room 112



Community Education Science

Junior Science Camp: When I Grow Up

Students will have many opportunities to do hands-on activities each day as we explore different careers and the various types of science they work with. The careers we will investigate are: Health Care (Biology and Chemistry); Engineering/Construction (Physics and Materials); Food Service/Cooking (Chemistry); and Public Safety (Speed, Temperature, and Potential Energy).

\$65.00 paid by PossAb.

Ages 4-6	3081.461	Mon-Thu,	Jul 14-Jul 17	9:00 AM-11:30 AM	Northrop-Rm 109
Grades K-2	3082.461	Mon-Thu,	Jul 14-Jul 17	12:30 PM-3:00 PM	Northrop-Rm 109

Grades 2-5 The Best of Science Explorers

If you enjoy science and want a chance to experiment and learn with your friends, then this is the class for you. Each day we will explore a different aspect of science. Note: Some activities will repeat those done in the after-school classes. Biology - dissect Owl pellets, Geology - fossils, crystals and rocks, Water Testing, and Horticulture.

\$80.00 paid by PossAb.

3089.461 Mon-Thu Jul. 28-Jul. 31 9:00-11:30 Northrop Room 112

Grades 3-5 Shockingly Fun Electric Excitement

Electricity is everywhere! Make it obey you in this actively hands-on class! Learn how to make bulbs light and LEDs glow. Spin motors and fans. Sound buzzers and bells. Lift with electromagnets and make electricity with a generator. Melt solder metal and make a wire glow red hot. Make circuits with relays, fuses, switches galore, and unlimited power! Witness buzzing electric arcs, make an electromagnet, trip circuit breakers, and even more. You (boy or girl!) will have a blast and end up knowing a lot about electricity. Scientist students should wear shoes you can run in. Supervised lunch period from 11:45 AM to 12:30 PM for scientists enrolled in both Shockingly Fun Electric Excitement and The Magic of Chemistry. Scientists staying for chemistry need to bring their own lunch. Instructor: Electrical Engineer Craig Darsow.

\$125.00 paid by PossAb.

3046.461 Mon-Fri July 14-18 8:45am-11:45am Century Room D-113

Grades 3-5 The Magic of Chemistry

Chemistry is all around. Join us to create gas bubbles and make liquids change colors almost magically in this actively hands-on class. Write and reveal invisible messages. Make your own elastic putty to take home. Combine warm things to get a cold thing. Expand instant snow. Experiment with acids and bases and make an acid-base indicator. Crush pop cans with air, see how pure oxygen brightens burning, and watch a fire start from mixing only a powder and a liquid. Experiment with dry ice and extreme cold. And that's not nearly all! You (boy or girl!) will love it and do a lot of cool stuff. Scientist students should wear shoes you can run in and realize that clothes might get stained. Supervised lunch period from 11:45 AM to 12:30 PM for scientists enrolled in both Shockingly Fun Electric Excitement and The Magic of Chemistry. Scientists staying for chemistry need to bring their own lunch. Instructor: Electrical Engineer Craig Darsow. Instructor: Electrical Engineer Craig Darsow.

\$125.00 paid by PossAb.

3047.461 Mon-Fri Jul. 14-Jul. 18 12:30pm-3:30pm Century Room B-144

Gr. 2-5 Engineering: Crazy Action Contraptions

Unleash your imagination as you journey through the wide-ranging world of LEGO building. Students working in pairs will build models and discuss the engineering science behind each. This fun, hands-on class shows students how engineering can be fun and silly, yet still educational. Students will then be challenged to improve the model and customized their creations. Possible models include Skittletops, Do-Nothing Machine, Coat Hanger Daredevil, Trapdoor Cable Car Parachute Machine, Rubber Band Racer, Balloon Powered Car, and other Crazy Action Contraptions. Class taught by Computer Explorers

\$105.00 paid by PossAb.

3054.461P M-Th Jul 28-Jul 31 12:30-3 PM Northrop-Rm 201

Gr. 3-7 **Engineering: Roller Coasters**

Learn about the science behind thrilling Rollercoaster Rides. What makes you feel that rush when you are diving down a steep hill or rounding a curve? Students working in teams will be using our K'Nex dynamic, open-ended, spatial building system, to build and experiment with action-packed working models, and then conduct engineering experiments. Models include different rollercoaster ramps, different looping systems, gravity hills, and other amusement park thrill rides. On the last day, we will build and experiment with one of our 3' tall Thriller-Roller Coasters models. Class taught by Computer Explorers.

\$105.00 paid by PossAb.

3068.461P M-Th Aug 4-Aug 7 12:30-3:00 PM Northrop-Rm 201

Gr. 3-7 **Extreme Robotics: Battlebots**

New Super-Charged NXT LEGO Robotics Projects! Get ready to take ultimate control! Using the NXT Intelligent brick from LEGO®, servo motors, advanced ultrasonic, touch and light sensors, and specialized Lego technic engineering components, students will build extreme robots, program them to accomplish tasks, respond to external stimuli, and overcome challenges. Students working in small teams will control the robot with NXT programs, and then have the opportunity to experiment and modify the programs. Students will then be challenged to morph their projects in better, stronger or faster robots. Possible competitive robots built are Tug-O-War bots, hammerbot, claw-striker, and Sumo-bot. Class taught by Computer Explorers.

\$105.00 paid by PossAb.

3069.461P M-Th Aug 11-Aug 14 12:30-3:00 PM Northrop-Rm 319

Gr. K-1 **Jr. Engineering: Crazy Gears & Wheels**

If you love Legos, making things move, building and experimenting – this class is for you! Learn about engineering and the physical science principles behind different action machines. Working in teams, students will build crazy wheeled and geared contraptions that spring into action. Have fun while you learn the principles of mechanical engineering and simple machines. Make tops, spinners, zip lines, rubber band powered cars, crimping cars, and other crazy contraptions. Class taught by Computer Explorers.

\$105.00 paid by PossAb.

3066.461P M-Th Jul 28-Jul 31 9:30 AM-12:00 PM Northrop-Rm 201

Gr. K-3 **Robotics: Star Wars Droid Builder**

Bring Star Wars inspired inventions to life - with the Star Wars Lego Mindstorms Robotic Developer kit. We will start with a simple droid mechanism, and then move on to more ambitious droids that move and walk. This modular building system lets students build using subassemblies, making it easy to create and customize the robotic droids. All these great robotic inventions are powered by the Micro Scout, the smallest LEGO microcomputer, equipped with light sensor and 6 robotic programs to control our droid creations. Possible models include: Droid Vehicle, Trainer Droids, our version of R2D2 and more! We will experiment with robotic programs that avoid light, seek light, and are controlled by lights, act as alarms and more. Students will get to take home a small Lego non-robotic droid or starship. Class taught by Computer Explorers

\$115.00 paid by PossAb.

3063.461P M-Th Jul 14-Jul 17 9:30 AM-12:00 PM Northrop-Rm 201

Grades 2-4 **Rock N Roll Robotics**

Yes, We CAN learn about Robotics! With the LEGO™ WeDo Robotics System, young children can build and program their own robotic creations. Designed by the experts at MIT, this unique system teaches children about simple machines, engineering, programming and so much more. Young imaginations soar! The LEGO® Education WeDo™ Robotics Builder allows students to explore different Robotic Themes.

Possible models may include: Dancing Birds, Hungry Alligator Robot, Goal Kicker Robot, Rescue Plane, and a Smart Spinner Robot. Students working in teams will work with simple machines, program models they design and create, measure time and distance, write, and much more! Your students will build LEGO models featuring working motors, tilt sensors, motion detectors, and Lego USB Robotics Hub. Class taught by Computer Explorers. \$115.00 paid by PossAb.

3062.461P M-Th Jun 23-Jun 26 12:30-3:00 PM Northrop-Rm 201

Grades K-2 **Robotics Builders**

Yes, We CAN learn about Robotics! With the LEGO™ WeDo Robotics System, young children can build and program their own robotic creations. Designed by the experts at MIT, this unique system teaches children about simple machines, engineering, programming and so much more. Young imaginations soar! The LEGO® Education WeDo™ Robotics Builder allows students to explore different Robotic Themes.

Possible models may include: Dancing Birds, Hungry Alligator Robot, Goal Kicker Robot, Rescue Plane, and a Smart Spinner Robot. Students working in teams will work with simple machines, program models they design and create, measure time and distance, write, and much more! Your students will build LEGO models featuring working motors, tilt sensors, motion detectors, and Lego USB Robotics Hub. Class taught by Computer Explorers. \$115.00 paid by PossAb.

3061.461P M-Th Jun 16-Jun 19 12:30-3:00PM Northrop-Rm 201

Lego Movie Maker

Students working in teams will explore the exciting world of digital animation and photography. Our cinematographers / photographers will create their stories & unique projects using our special computer graphic and editing software. They will make a stop-motion animation movie from beginning to end: storyboarding, creating backgrounds, making props, filming the movie & downloading it to a computer, and adding special effects and transitions. Using the same tools used by today's best known animators, this course will spark their imaginations and then give them the tools to bring their ideas to life! Student photography release must be signed for class. Class taught by Computer Explorers.

Grades K-1 3067.461P M-Th Aug 4-Aug 7 10:00 AM-12:00 PM Northrop-Rm 201
\$95.00 paid by PossAb.

Grades 2-4 3064.461P M-Th Jul 21-Jul 24 9:30 AM-12:00 PM Northrop-Rm 201
\$115.00 paid by PossAb

Grades 4-7 3065.461P M-Th Jul 21-Jul 24 12:30-3:00 PM Northrop-Rm 201
\$115.00 paid by PossAb

Grades K-3 Star Wars Jedi Movie Making

From a galaxy far, far away, Star Wars comes to life! Work on a stop motion animated Lego Star Wars Movie. Pick your characters to star in your own mini-movie...the possibilities are endless. Star Wars action figures, Legos, and backdrops will be available for filming in class. Handle all of the technical details including using a digital movie camera, filming scenes, stop-motion animation, downloading footage to the computer, digital editing and adding finishing special effects and transitions to the movie. In this exciting hands-on learning class, our instructors will take your student through the entire digital film making steps from start to finish using Frames Software. Student group's final projects will be emailed to parents, or students may bring a USB jump drive the last day to take home their films immediately. Please bring a snack to class. Class taught by Computer Explorers. \$115.00 paid by PossAb
3051.461P M-Th Jul 14-Jul 17 12:30-3:00 PM Northrop-Rm 201

Grades 2-5 Video Game Creation: Nintendo Characters

Create a video game using Nintendo Characters Program. Your character will move and interact with one another. Students will learn to change backgrounds and add audio effects. Working in pairs, students will create a dynamic video animation game using Scratch, the innovative programming language created just for students by the MIT Medical Lab. The first part of each class will be instructor led; with the time remaining students will have the opportunity to customize their video game animation. Students will be using different Nintendo character sprites such as; Poke'man, Super Mario Brothers, and Sonic the Hedgehog to create their video game animations. Games will be emailed to parents or students can bring a USB drive to the last class. Students will also be able to download the software at home. Class taught by Computer Explorers. \$115.00 paid by PossAb
3053.461P M-Th Aug 11-Aug 14 9:30 AM-12:00 PM Northrop-Rm 319

Video Game Design, Jr.

Create your own video game! Students as young as 5 years old can create their own platform video games in this cool class! Choose your storyline with dragons, princesses, or wild wacky aliens; add challenges and levels of difficulty, then share by email or post on the web to challenge family and friends. Now the 5-8 year olds can practice math, logic, and programming and put their video game talents to work! Game will be in an animated flash format, viewable in most internet browsers. Bring a jump drive to the last day of class or files can be emailed to parents. Classes are taught by Computer Explorers \$115.00 paid by PossAb

Grades K-1 3058.461P M-Th Jun 16-Jun 19 9:30 AM-12:00 PM Northrop-Rm 201

Grades 2-3 3059.461P M-Th Jun 23-Jun 26 9:30 AM-12:00 PM Northrop-Rm 201

Video Game Design

Do you enjoy playing video games? This course will give you hands-on experience developing your own game. Students working in pairs will design, create, and edit their own 2 dimensional arcade-style video game. Students work through increasingly challenging tutorials and class led projects leading them to finally take what they have learned to create their own games in the last session. You will design the action, create the characters, and edit the objectives and outcomes. Games created in class will be available online or students can bring in a USB drive for immediate access. Optional unlimited full version of the game creation software will be available for purchase online. Class taught by Computer Explorers. \$128.00 paid by PossAb

Grades 3-4 3060.461P M-Th Jul 7-Jul 10 9:00 AM-12:00 PM Northrop-Rm 201

Grades 5-7 3070.461P M-Th Jul 7-Jul 10 12:30-3:00 PM Northrop-Rm 201



Community Education Music

Grades 5-9 **Choral Music Camp**

This camp is for anyone who loves to sing! Whether you have sung in a choir, or would just like to give choral singing a try -- this camp is for you! Students will be instructed on proper singing technique, the art and science of producing a beautiful sound, elements of a piece of choral music, and the ins and outs of reading a choral music score. Korrie Johnson will be the instructor for this choral camp. She has been a choral instructor for the honors Choirs of SE MN and a music teacher with Rochester Public Schools. There will be a short performance on the last day of camp. Students registering for both the morning session of the Jazz Band Ensemble or Fiddling Strings Camp and the afternoon Choral Music Camp may remain at Century and eat lunch in the cafeteria from 12:00 PM-12:30 PM. No music experience necessary to register for this camp. The Southeastern Minnesota Youth Orchestras (SEMYO) is sponsoring this music camp. Open to SEMYO and non-SEMYO students. Contact: Judy at 292-0576 for more information. \$85.00 paid by PossAb

4043.461P M-F Jun 16-Jun 20 12:30-3:00 PM Century-Orchestra

Grades 7 & Up **Rhythm Explosion Camp**

Join the percussion section and explore rhythms on a variety of instruments! Through a variety of traditional and non-traditional percussion instruments drums, cymbals, trash cans, and brook sticks – have fun and improve your musical skills through this ensemble music experience. Rochester Public Schools music teacher, will be the instructor for this rhythm camp. There will be a short performance on the last day of camp. Students registering for both the morning session of the Summer Band or Prelude String Orchestra Camps and the afternoon Rhythm Explosion Camp may remain at Century and eat lunch in the cafeteria from 12:00 PM-12:30 PM. No music experience necessary to register for this camp. The Southeastern Minnesota Youth Orchestras (SEMYO) is sponsoring this music camp. Open to SEMYO and non-SEMYO students. Contact: Judy at 292-0576 for more information. \$100.00 paid by PossAb

4046.461P M-F Jul 14-Jul 18 12:00-3:00 PM Century-Band

YMCA SUMMER DAY CAMPS

Note regarding YMCA Summer Day Camps Field trips:

Every year the Rochester Area Family Y Camp staff work hard to plan and create the most exciting field trips for campers to enjoy during their summer. Each week campers will travel the map to discover new and exciting places as well as visit our all-time favorite locations such as Nickelodeon Universe.

All campers will have a chance to attend a weekly field trip with the exception of Horseback Riding Specialty Camp and Preschool Camps.

• Field trips take place on Wednesday or Thursday each week depending on their school age. Campers entering grades K-3 will travel on Thursdays while campers entering grades 4-6 will travel on Wednesdays.

2014 FIELD TRIP LOCATIONS:

(Campers may not visit every site listed below)

Nickelodeon Universe

Como Zoo

Valleyfair

Como Town

Grand Slam Laser Tag

Fairbault Aquatic Center

The Works

MN Twins Game

Red Wing Water Park

Rohler Rink

Sea Life Aquarium

Owatonna Water Park

Ages: Entering grades 1-6

DISCOVER Y DAY CAMPS

Children are separated into age-appropriate groups: **1st, 2nd, and 3rd grade (*Explorers*)** in one group; **4th, 5th, and 6th grade (*Adventurers*)** in another group. Every week each group will go on an exciting field trip. The groups will engage in many different activities centered around a different theme each week. They will go swimming, complete arts and crafts activities, and have a blast each week at the Y! There is no additional cost for any of the field trips! Camp Hours: 9:00am - 4:00pm

Consent form must be completed prior to registration.

Week 1: June 9 ALOHA SUMMER

School is out! Y Camp is ready to kick off summer with a big Aloha!

Week 2: June 16 WHERE THE WILD THINGS ARE

There are wild things everywhere and it is time to unleash them. Discover what may be lurking all around you.

Week 3: June 23 ADVENTURELAND

Every day is an adventure. Experience the adventures that are waiting for you at Y Camp!

Week 4: June 30 (no camp on July 4th) PARTY IN THE USA

Put your hands up. It is time to party! Join us as we celebrate the 4th of July.

Week 5: July 7 AROUND THE WORLD IN 5 DAYS

Spend the week traveling the world without having to leave the YMCA. Campers will dive into various cultures throughout the week as we travel around the world.

Week 6: July 14 RAIDERS OF THE LOST ARTIFACTS

There are dangerous missions to be conquered and mysteries to be solved. Campers will become archaeologists and dig up lost artifacts.

Week 7: July 21 MINNESOTA MAGIC

The Magic of Minnesota will be revealed. Campers will work together to unveil what makes Minnesota so magical.

Week 8: July 28 OOEY-GOOEY, STICKY AND WET

Pull up your sleeves and get ready to stir things up. Campers will use their senses as they get ooey-gooney, sticky and wet.

Week 9: August 4 MOOVIN' AND GROOVIN'

Get your body moovin' and groovin'. Campers will see that fitness can be fun through a variety of activities and camp songs.

Week 10: August 11 OCEAN COMMOTION

Dive into the ocean and search for animals that live under water. Campers will explore what makes up 70% of our earth.

Week 11: August 18 HAWAIIAN HULLABALOO

Join us as we heat things up in Hawaiian style with an uproar of fun!

Ages: Entering grades 2-7

SCIENCE, TECHNOLOGY, ENGINEERING & MATH CAMP (STEM)

STEM Camps offer the fun of a day camp with an educational focus. Campers will learn about a variety of topics including science, nature, experiments, physics, LEGO Robotics, and engineering. Builders are youth going into grades 2-3 and Engineers are youth going into grades 4-7. Space is limited to 25 campers per week per age group. **Consent form must be completed prior to registration.**

Camp Hours: 9:00am - 4:00pm

SCIENCE, TECHNOLOGY, ENGINEERING & MATH CAMP (STEM) **BUILDERS GRADES 2-3**

Week 1: June 9 MONSTEROLOGY

Work together to design a giant monster made of LEGOS. Discover how science can take household items and turn them into monsters.

Week 2: June 16 ADVENSHORES

Dive in some marine mania. We will be exploring water transporation and creatures of the deep.

Week 3: June 23 MOTION AND MAGIC

Explore the magic of motion through LEGO robotics. Campers will use magic to complete science experiments.

Week 5: July 7 LET'S GET GROWING

Campers will work with the camp garden and experiment with sunlight, wind and water.

Week 6: July 14 JR. ROBOTS AND REACTIONS

Explore the world of robots and chemical reactions. Campers will work in small groups to design and build a robot.

Week 7: July 21 JR. GAMES GALORE

Campers will work together in small groups to design a catapult or elevator to help them score points in the big game.

Week 8: July 28 CSI: CAMP SCIENCE INVESTIGATORS

Become a CSI detective as you work to solve the mystery of the Camp Slimer.

Week 9: August 4 SCIENCE, SOUND AND SONG

Campers will work in small groups to build instruments and discover how science, sound, and song work together.

Week 10: August 11 JR. WATER WORKS

Campers will work together in small groups to beat the heat and discover how water can be the most powerful source on earth.

SCIENCE, TECHNOLOGY, ENGINEERING & MATH CAMP (STEM)

ENGINEERS GRADES 4-7

Week 1: June 9 SCIENCE IN MOTION

Discover how things move with science. Campers will assemble and work with pulleys, gears, and simple machines.

Week 2: June 16 EXPLORING SCIENCE AND NATURE

Explore how science and nature work together through unique experiments. Campers will work together to build simple machines.

Week 3: June 23 FUNKY FIZZICS

Experience a fantastic fusion of physics and fizzy formulas.

Week 5: July 7 SOLAR AND SCIENCE

Use the sun's energy to power through this fun-filled week of LEGO robotics and science experiments.

Week 6: July 14 ROBOTS AND REACTIONS

Explore the world of robots and chemical reactions. Campers will design and build their own robot.

Week 7: July 21 GAMES GALORE

Campers will work with catapults and elevators to design a contraption that will help them score points in the big game.

Week 8: July 28 GIZMOS, GADGETS AND GOO

Campers will work together to build gizmos and gadgets that will slime their favorite counselors with their homemade goo!

Week 9: August 4 MUSICAL INSTRUMENTS: THE SCIENCE OF SOUND

Campers will design and build a musical instrument while discovering the science behind sound.

Week 10: August 11 WATER WORKS

Campers will beat the heat and discover how water can be the most powerful source on Earth.

Ages: Entering grades K-6

SPORTS CAMP

It's not whether you win or lose; it's how you learn the game. At the YMCA, kids develop all their skills, from catching and dribbling to teamwork and sportsmanship. Just as important, they learn firsthand the benefits of being healthy and active - and that virtual games just can't compare to the real thing.

Consent form must be completed prior to registration. Camp Hours: 9:00am - 4:00pm

Week 1: June 9 SOCCER

Dribble, pass and shoot your way to learn soccer skills and teamwork. Campers will participate in a variety of drills and play games as they incorporate soccer skills.

Week 2: June 16 BASEBALL AND SOFTBALL

Hit, catch and slide your way through baseball and softball skills and teamwork. Campers will participate in a variety of drills and play games as they incorporate baseball and softball skills.

Week 3: June 23 FOOTBALL

Punt, pass and kick your way to learn football skills and teamwork. Campers will participate in a variety of drills and play games as they incorporate football skills.

Week 3: June 23 VOLLEYBALL

Bump, set and spike your way to learn volleyball skills and teamwork. Campers will participate in a variety of drills and play games as they incorporate volleyball skills.

Week 5: July 7 BASKETBALL

Dribble, pass and shoot your way to learn basketball skills and teamwork. Campers will participate in a variety of drills and play games as they incorporate basketball skills.

Week 6: July 14 PADDLEBOARD

Paddle boarding is brand new to the Rochester Area Family Y! Campers will be introduced to paddle boarding and learn basic fundamentals of the sport.

Week 7, July 21 SWIM

Campers will be introduced to and develop their swimming strokes and mechanics as they play in the pool. Campers will have an opportunity to test out our new paddleboards!

Week 9, August 4 TENNIS

Serve It, Smash It, Win It. Campers will participate in a variety of drills and play games as they learn basic tennis fundamentals and skills.

Ages: Entering grades K-6

FINE ARTS CAMP

Fine Arts Camp will give youth the opportunity to explore many forms of art. Fine arts camp is for children entering K-6th grade. Topics include pottery, photography, drawing, music, and more. Each camper will be able to take their creations home at the end of the week. Bring “art clothes” for your camper as we may get messy during certain weeks. Space is limited to 25 campers per week per age group. Campers will be split up into age groups of youth entering grades K-3 and 4-7

Consent form must be completed prior to registration. Camp Hours: 9:00am - 4:00pm

Week 1: June 9 PHOTOGRAPHY

Discover how to take great pictures! Youth will work with digital and film cameras to develop their skills. Photographers will be able to take home their pictures.

Week 2: June 16 POTTERY: HANDBUILDING

Try out your master potter skills this week as we work with different types of clay. Artists will take home their creations at the end of the week.

Week 3: June 23 CARTOONING AND ILLUSTRATIONS

Design your own comic and discover the secrets to drawing your favorite characters.

Week 5: July 7 SINGING, SONGWRITING AND STORYTELLING

Spend a week singing camp songs and become a master storyteller. Campers will have a chance to write their own song.

Week 6: July 16 ART THROUGH SCIENCE

Create beautiful works of art while experimenting with science. Artists will bring home their creations.

Week 9: August 4 DRAWING AND PAINTING

Artists will have a blast drawing and painting all week long. Learn basic drawing and painting techniques.

Week 10: August 11 GRAPHIC DESIGN

Work with computers to create eye-catching works of art. Campers will work together to publish this week’s camper newsletter.

PRESCHOOL CAMP

Ages: 3-5 Year Olds – MUST BE AGE 3 BY JUNE 1, 2014

Preschool camps provide half-day adventures for children ages 3-5 years. The camps are led by Y-Tots Preschool teachers and will include play, exploration, art, stories, snacks, playground time, and Friday swim time.

Consent form must be completed prior to registration. Camp Hours: 9:00am – 11:30am

Come and join the fun! Our preschool camps provide half-day adventures for children aged 3-5 years. The camps are led by Y-Tots Preschool teachers and will include play, exploration, art, stories, snacks, playground time, and Friday swim time. Class size is limited so register now! If you would like more information contact Julie Ellis, our Y Tots Director, at extension 329 or at juliee@rochfamy.org

June 9-13 DINO DAZE

Go on an adventure into the world of dinosaurs!

June 16-20 CELEBRATE SUMMER

Ice Cream! Watermelon! Come and celebrate the summer season.

July 7-11 SUPER SPACE ADVENTURE

A week of “outta-this-world” activities!

July 14-18 BUBBLE BOOGALOO

A week-long bonanza of bubble activities.

July 28-August 1 FANTASTIC FUN

A different theme each day- come and be suprised!

CAMPER WILL BE ACCOMPANIED BY POSSABILITIES SUPPORT STAFF)

Rochester Area Family Y Emergency & Health Information Form



Please use only one form per child.

Fill out this form completely and return it to:

Rochester Area Family Y 709 First Avenue SW ☎ Rochester, MN 55902 Fax 507-287-2499

Camper Information

Name _____ Date Completed _____

Gender ___M ___F Birthdate _____ Age _____ School & Grade in Fall 2014 _____

Are you a Y Member? ___Yes ___No Child Resides With ___ Mother ___ Father ___ Both ___ Other _____

Parent Information

1. Parent/Guardian's First Name _____ Middle Initial _____ Last Name _____

Address _____ City _____ State _____ Zip _____

Parent/Guardian's Birthdate _____ Gender ___M ___F Home Phone (_____) _____

E-mail _____

Parent/Guardian's Work Phone (_____) _____ Cell Phone/Pager (_____) _____ Best Method of Contact _____

2. Parent/Guardian's First Name _____ Middle Initial _____ Last Name _____

Address _____ City _____ State _____ Zip _____

Parent/Guardian's Birthdate _____ Home Phone (_____) _____ E-mail _____

Parent/Guardian's Work Phone (_____) _____ Cell Phone/Pager (_____) _____ Best Method of Contact _____

EMERGENCY CONTACTS AND PICK-UP AUTHORIZATION

The following people should be contacted in case of an emergency, only if parent or guardian cannot be reached AND are authorized to pick-up the child.

1. Name _____

Relationship to child _____ Phone: Day (____) _____ Evening (____) _____

2. Name _____

Relationship to child _____ Phone: Day (____) _____ Evening (____) _____

Family Doctor _____ Phone _____

Family Dentist _____ Phone _____

Do you carry family medical/hospital insurance? ___Yes ___No

Carrier _____ Policy/Group # _____

SUNSCREEN APPLICATION

I agree to allow the Y camp staff to put sunscreen on my child ___Yes ___No

Signature _____ Date _____

IMMUNIZATIONS

Please give the month, date, and year of the most recent immunizations

DPT	Polio
Measles	Mumps
Rubella	HIB
Tetanus	

MEDICATIONS

Is the child taking any medications? ___Yes ___No

If yes, what kind and why: _____

If medication needs to be administered during the program, a Medication Permission Form will need to be completed.

This form needs to be completed on the first day of camp.

HAS THE CHILD HAD ANY OF THE FOLLOWING? If so please explain:

___Special Needs _____

___Allergies or Asthma _____

___Dietary Restrictions _____

___Chronic or Recurring Illnesses _____

___Operations or Serious Injuries (include date/s) _____

Status of child's vision, hearing, and speech _____

Does the child have a communicable disease or condition which may prove to be a risk to others? ___Yes ___No

If yes, please explain: _____

SIGNIFIGANT INFORMATION ABOUT YOUR CHILD'S BEHAVIOR THAT WOULD BE HELPFUL TO KNOW: _____

PARENT/GUARDIAN AUTHORIZATION

I give permission for my child to participate in water activities on-site and off-site. This would include the swimming pool and outdoor water play. I understand a lifeguard will be on duty at all times. As part of the Y summer program, daily activities are planned in and around the Rochester area, which require travel. I give permission for my child to board and travel on the YMCA bus or vans. In consideration of acceptance of this application for participation, I, intending to be legally bound, hereby for myself, my heirs, executors and administrators waive and release any and all rights and claims of damage I may have at the Rochester Area Family Y, Staff and Directors, Rochester School Bus Services, and driver, State and City Parks. I give permission for my child's image (photo or video) to be used by the Rochester Area Family Y for promotional purposes (e.g. brochures, commercials, and website).

Parent/Guardian Signature _____ **Date** _____

Please initial the following statements:

_____The registration fee is non-refundable.

_____Partial week's attendance requires a full week's payment.

_____To rearrange or cancel a specific week you must complete a SCHEDULE CHANGE FORM.

_____I understand that the additional payments for each week are due the Monday prior to that week of camp.

_____You may cancel any of the weeks with 2 WEEKS PRIOR NOTICE.

_____Without proper notice for cancellation full payment will be due.

_____Two weeks payment is required at time of registration, unless you are registering for one week of camp.

_____I am with CCRR.

_____I understand that I am responsible for any balance not paid by Child Care Resource & Referral.

_____I would like to be set up for automatic payments.

I understand the payment policies of the Rochester Area Family Y Summer Programs and will keep up with my payments in advance of each session. I understand that no refunds or credits will be given for unused weeks of camp.

Parent/Guardian Signature



NATURE CAMPS

Consent form must be completed prior to registration.

Ages: 4 years old to current 9th graders

Quarry Hill requires that all PossAbilities participants have 1:1 staffing. Therefore, students who normally pay a group rate will be required to pay the 1:1 rate for the hours of the camp. Quarry Hill also asks that all PossAbilities campers meet their PossAbilities staff 15 minutes prior to the start of the camp in order to give them time to meet and get to camp by its start time.

Remember, students enjoying nature sometimes get dirty and wet. Please dress your child accordingly (shorts, t-shirt and tennis shoes). We ask that sunscreen and insect repellent be applied at home before coming to camp. Camp does meet in the rain, and usually goes outside. A raincoat or poncho (not umbrella) should be sent along or worn on rainy or potential rainy days.

NOTICE: PUBLIC REGISTRATION FOR THESE CLASSES BEGINS MARCH 4th AND CLASSES FILL UP FAIRLY QUICKLY. PLEASE REGISTER EARLY IF YOUR CHILD WOULD LIKE TO ATTEND A SPECIFIC SESSION.

Please note: Many other camps only operate in the mornings. Therefore, for staffing reasons, we would like students to **attend the afternoon Quarry Hill camps if possible.**

Nature's Neighborhoods (NN)

For preschoolers; must be 4 years old by June 1

It's a beautiful day in the neighborhood! Won't you come join us? Puppet shows, songs, art activities, and lots of time to explore outdoors will help kids get to know our natural neighbors in the park. Each day will be a new adventure ensuring a fun filled week.

NN-5 June 23 – 27 9:00-11:30 a.m.

NN-6 June 23 – 27 12:30-3:00 p.m.

NN-7 July 7 – 11 9:00-11:30 a.m.

NN-8 July 7 – 11 12:30-3:00 p.m.

NN-9 July 14 – 18 9:00-11:30 a.m.

NN-10 July 14 – 18 12:30-3:00 p.m.

NN-11 July 21 – 25 9:00-11:30 a.m.

NN-12 July 21 – 25 12:30-3:00 p.m.

NN-13 July 28 – Aug 1 9:00-11:30 a.m.

NN-14 July 28 – Aug 1 12:30-3:00 p.m.

Habitats & Homes (HH)

For youth entering 1st and 2nd grade

Outdoors is the place to be! The pond, the prairie, the forest, and the cave find out just who calls these happenin' habitats home; join us to discover the answer! We begin our day at our exploration station with clues to our day's happenin' habitat. Then we'll head outdoors for adventures, nature themed games, stories and snack. At the end of each day we'll be sure to record all our wonderful experiences and things we observed in our nature journal. We are sure to have a

HH-1 June 9 – 13 9:00-11:30 a.m.

HH-2 June 9 – 13 12:30-3:00 p.m.

HH-3 June 16 – 20 9:00-11:30 a.m.

HH-4 June 16 – 20 12:30-3:00 p.m.

HH-5 June 23 – 27 9:00-11:30 a.m.

HH-6 June 23 – 27 12:30-3:00 p.m.

HH-7 July 7 – 11 9:00-11:30 a.m.

HH-8 July 7 – 11 12:30-3:00 p.m.

HH-9 July 14 – 18 9:00-11:30 a.m.

HH-10 July 14 – 18 12:30-3:00 p.m.

HH-11 July 21 – 25 9:00-11:30 a.m.

HH-12 July 21 – 25 12:30-3:00 p.m.

HH-13 July 28 – Aug 1 9:00-11:30 a.m.

HH-14 July 28 – Aug 1 12:30-3:00 p.m.

HH-15 Aug 4 – 8 9:00-11:30 a.m.

HH-16 Aug 4 – 8 12:30-3:00 p.m.

HH-17 Aug 11 – 15 9:00-11:30 a.m.

HH-18 Aug 11 – 15 12:30-3:00 p.m.

Swamp Gas (SG)

For youth entering 3rd and 4th grade

Take a closer look at the fascinating world of plants while we hunt for the biggest trees in Quarry Hill, build natural shelters, canoe, and even make our own tasty treats 'a la plant' to eat. Tools in hand, we will unlock secrets to the forest, farm, oak savanna, quarry, and pond in search of "S.W.A.M.P. G.A.S." **Fee: \$80 / \$70 members**

SG-2 June 9 – 13 12:30-3:00 p.m.

SG-3 June 16 – 20 9:00-11:30 a.m.

SG-4 June 16 – 20 12:30-3:00 p.m.

SG-17 Aug 11 – 15 9:00-11:30 a.m.

SG-18 Aug 11 – 15 12:30-3:00 p.m.

Fur-ology Fun (FF)

For youth entering 3rd and 4th grade

Fur-ology fun awaits us as we learn about our furry friends, the mammals, and their behavior! Explore the wild side of Quarry Hill as you learn mammal tracking skills and capture live animals. Campers will make mammal mazes for our resident hamsters and spy on the park's nocturnal animals using outdoor trail cameras. All activities emphasize hands-on involvement and outdoor exploration. Campers will also canoe, hike and explore the sandstone cave.

FF-1 June 9 – 13 9:00-11:30 a.m.

FF-2 June 9 – 13 12:30-3:00 p.m.

FF-3 June 16 – 20 9:00-11:30 a.m.

FF-4 June 16 – 20 12:30-3:00 p.m.

FF-5 June 23 – 27 9:00-11:30 a.m.
FF-7 July 7 – 11 9:00-11:30 a.m.
FF-9 July 14 – 18 9:00-11:30 a.m.
FF-11 July 21 – 25 9:00-11:30 a.m.
FF-13 July 28 – Aug 1 9:00-11:30 a.m.
FF-15 Aug 4 – 8 9:00-11:30 a.m.
FF-17 Aug 11 – 15 9:00-11:30 a.m.

FF-6 June 23 – 27 12:30-3:00 p.m.
FF-8 July 7 – 11 12:30-3:00 p.m.
FF-10 July 14 – 18 12:30-3:00 p.m.
FF-12 July 21 – 25 12:30-3:00 p.m.
FF-14 July 28 – Aug 1 12:30-3:00 p.m.
FF-16 Aug 4 – 8 12:30-3:00 p.m.
FF-18 Aug 11 – 15 12:30-3:00 p.m.

Geology Rocks (GR) For youth entering 5th and 6th grade

Trilobites, gastropods and crinoids, OH MY! Campers will learn about local geology as we travel in the Quarry Hill 'Crittter Coach' to nearby fossil sites in search of ancient treasures! Be ready for a rockin' good time! Wear shoes that you can hike in.

GR-5 June 23 – 27 9:00-11:30 a.m.
GR-11 July 21 – 25 9:00-11:30 a.m.
GR-13 July 28 – Aug 1 9:00-11:30 a.m.

Amphibious Adventures (AA) For youth entering 5th and 6th grade

Canoe, explore the stream, and experience dry land adventures such as rock climbing and surviving our Game Trail. Plus, be amazed by some real amphibians & reptiles.

AA-1 June 9 – 13 9:00-11:30 a.m. **AA-2** June 9 – 13 12:30-3:00 p.m.
AA-3 June 16 – 20 9:00-11:30 a.m. **AA-4** June 16 – 20 12:30-3:00 p.m.
AA-5 June 23 – 27 9:00-11:30 a.m. **AA-6** June 23 – 27 12:30-3:00 p.m.
AA-7 July 7 – 11 9:00-11:30 a.m. **AA-8** July 7 – 11 12:30-3:00 p.m.
AA-9 July 14 – 18 9:00-11:30 a.m. **AA-10** July 14 – 18 12:30-3:00 p.m.
AA-11 July 21 – 25 9:00-11:30 a.m. **AA-12** July 21 – 25 12:30-3:00 p.m.
AA-13 July 28 – Aug 1 9:00-11:30 a.m. **AA-14** July 28 – Aug 1 12:30-3:00 p.m.
AA-15 Aug 4 – 8 9:00-11:30 a.m. **AA-16** Aug 4 – 8 12:30-3:00 p.m.
AA-17 Aug 11 – 15 9:00-11:30 a.m. **AA-18** Aug 11 – 15 12:30-3:00 p.m.

Nature Photography (NP) For youth entering 5th and 6th grade

With camera in hand, explore the park with an artist's eye! Our subjects will include: snakes, turtles, butterflies and flowers. Campers will use Quarry Hill cameras and laptop computers to edit and save their photos. *Campers are provided with a 4G USB flash drive to take their photos home.*

NP-2 June 9 – 13 12:30-3:00 p.m.

NP-4 June 16 – 20 12:30-3:00 p.m.

NP-6 June 23 – 27 12:30-3:00 p.m.

NP-8 July 7 – 11 12:30-3:00 p.m.

NP-12 July 21 – 25 12:30-3:00 p.m.

NP-14 July 28 – Aug 1 12:30-3:00 p.m.

NP-16 Aug 4 – 8 12:30-3:00 p.m.

NP-18 Aug 11 – 15 12:30-3:00 p.m.

Teen Nature Photography (TNP) For youth entering 7th grade and up

Fee: \$100 / \$90 members Learn the basics of good photography technique using Quarry Hill digital cameras. We'll hunt for special photos while hiking through the park. We'll also hope for some special wildlife views from photo blinds as well as some overnight shots from a pair of trail cameras. Students will edit their photos on laptop computers provided by Quarry Hill and receive a 4G flash drive for photo storage.

TNP-5 June 23 – 27 9:00-11:30 a.m.

TNP-10 July 14 – 18 12:30-3:00 p.m.

TNP-11 July 21 – 25 9:00-11:30 a.m.

TNP-15 Aug 4 – 8 9:00-11:30 a.m.

Woodworking for Wildlife (WW) For youth entering 7th grade and up

Help local wildlife by building a variety of structures and feeders to take home to your own backyard. You'll assemble pre-cut kits using hand tools. Throughout the week, we'll go in search of some of the local wildlife (birds, butterflies and small mammals) most likely to use and benefit from your work. Projects may include: wren/chickadee and bluebird nest boxes, a bumble bee bungalow, a toad abode, mason bee apartment, and both a finch and a hanging platform bird feeder. *(\$30 materials fee is included in the camp fee)*

WW-1 June 9 – 13 9:00-11:30 a.m.

GPS Treasures (GT) **For youth entering 7th grade and up**

Geo-caching is the high tech version of Hide and Seek. All around the world, people are hiding 'geo-caches' (think treasure chests without the gold or pirates) so other people can use their GPS to find them. During camp, we will learn how to use a hand-held GPS to find the geo-caches hidden in and around Quarry Hill Park. We may travel to other Rochester area parks, depending on geo-cache availability. Participants should expect to hike 1+ mile per day and be prepared for off-trail travel, such as walking through tall grasses or thick shrubs.

GT-12 July 21 – 25 12:30-3:00 p.m.

Slip, slack, paddle-WACK (SPW) **For youth entering 7th grade and up**

Slip on your adventurous shoes for this all-around, action packed class! This week will offer experiences in slack lining, kayaking, fly-fishing, orienteering, fire starting, animal tagging and more.

So slip, slack, paddle-WACK, and throw a fish a fly. So much fun, why not give it all a try?

SPW-8 July 7 – 11 12:30-3:00 p.m.

SPW-10 July 14 – 18 12:30-3:00 p.m.

SPW-14 July 28 – Aug 1 12:30-3:00 p.m.

SPW-15 Aug 4 – 8 9:00-11:30 a.m.

SPW-18 Aug 11 – 15 12:30-3:00 p.m.

Stream Scene Investigator (SSI) **For youth entering 7th grade and up**

Become a Silver Creek investigator! Be prepared to get wet & muddy as we catch and identify the various fish and critters that live in Silver Creek. We will also study the water itself to see how it effects the environment. Put your sandals and sunscreen on and join us as we explore how the creek changes from its country beginnings to big city finish in Silver Lake.

SSI-6 June 23 – 27 12:30-3:00 p.m.

Falconry & Raptors (FR) **For youth entering 7th grade and up**

Visit a local eagle's nest by canoe, go road trapping to try to catch and band kestrels and red-tailed hawks, learn to tie the falconer's knot, work with Quarry Hill's live raptors and more! We'll spend the week learning about the birds of prey of our region and the basics of the ancient sport of falconry. FR-7: July 7 – 11, 9:00-11:30 a.m. FR-15: Aug 4 – 8, 9:00-11:30 a.m. FR-16: Aug 4 – 8, 12:30-3:00 p.m.

FR-7 July 7 – 11 9:00-11:30 a.m.

FR-15 Aug 4 – 8 9:00-11:30 a.m.

FR-16 Aug 4 – 8 12:30-3:00 p.m.



2014 Quarry Hill Summer Nature Camp PossAbilities Registration Form

Office Use only:
Reg. # _____ (PossAbilities)
Date: _____ Paid: _____

Camper: _____ Gender: M / F 2014-15 Grade: _____ Birthday (m/d/yr): _____

Camp SESSION (First Choice/Class Code): _____ if full, my 2nd Choice is Class Code: _____

Camp SESSION (First Choice/Class Code): _____ if full, my 2nd Choice is Class Code: _____

Family Information:
Street Address: _____ City: _____ State: _____ Zip: _____

Mother's Name _____ Home Phone # _____ Work Phone # _____ Cell Phone # _____

Father's Name _____ Home Phone # _____ Work Phone # _____ Cell Phone # _____

Email _____

YES NO I give my consent for my child(ren) listed on this form to be photographed with the understanding that these photos may be used in Quarry Hill publications & website. Names will not be used.

Health Information (to be completed by parent): Child's First Name: _____

Check all which apply:

My child will carry an inhaler and be responsible for self administering as needed (no form required).

My child has a food or insect allergy to: _____ this allergy does not / does* require the potential use of an epi-pen.

*Campers with allergies that require an epi-pen must complete a physician's authorization form. Please indicate your choice:

I will download the necessary medical form from the website www.QHNC.org I will pick the form up from the office I would like the form mailed to me

NOTE! Form must be submitted 2 weeks prior to your camp session. Campers will not be allowed to begin camp on Monday without this form and without their epi-pen.

My child has health/behavior related problems (seizures etc.) or needs special assistance (aide, etc.) Please explain: _____

Parent / Guardian Signature (REQUIRED!)

By signing my name here I acknowledge that I have read/understand the registration and refund policies & procedures.

Sign HERE _____ Date _____

Scholarship Information: (**See program descriptions page for additional scholarship information**)

Scholarships are available for children who qualify for the free/reduced school lunch program. If you are requesting a scholarship for your child(ren) check here _____ and include the appropriate non-refundable processing fee for each child requesting a scholarship. For camps with a regular fee of \$85 or less, please include \$20/per camper. For all camps with a regular fee over \$85, include 1/2 the regular fee. A scholarship application will be mailed to you and must be completed to confirm eligibility.

PROGRAM FEES:

Course Fee: _____ (Found on Program Descriptions page) \$ _____

Office Use:

Trans #



FIELD TRIPS:

This summer, we will be going on weekly field trips. Each Friday field trip has a limit of 15 students/staff. If there is no field trip scheduled for the day, we will stay within Rochester and the close surrounding communities (Chatfield, Byron, Stewartville, etc.). Field trips will be from 9:00 to 5:00.

Participants are welcome to invite a sibling along on any of the trips. The cost of each sibling without a disability will be \$25 per day. Payment is due at registration time (all activity/field trip fees covered by PossAbilities). The sibling without a disability must be 5 years or older and the staffing ratio for kids without disabilities will be 1 staff to 5 kids.

Rainy Days: If we are scheduled to go on a field trip and it rains, we will substitute an indoor destination. Parents will be notified of change in field trip destination prior to the children leaving town. Indoor destinations will include:

Science Museum of MN

Bakken Museum (electricity and magnetism)

Mill City Museum

Tropics Indoor Water Park

MN Children's Museum

St. Paul Great River Water Park

Children's Museum of LaCrosse

Chaos Indoor Water Park

Scheduled field trips:

June 13th: MN Zoo



The MN Zoo attractions include the Wells Fargo Family Farm, Northern Trail, Tropics Trail, Discovery Bay, Woodland Adventure, Monorail, Splash Pad & the Minnesota Trail. Including a variety of shows - World of Birds Show, Dolphin Show, Coral Reef Dive Show, Cow Milking Demonstrations & Penguin Feedings.

www.mnzoo.com

Schedule:

9:00 Meet at YMCA

9:30 leave for Apple Valley

10:45 arrive at MN Zoo

10:45 – 3:45 explore the Zoo

3:45 leave to return to Rochester

5:00 arrive back at the YMCA

June 20th: Cascade Bay Water Park in Eagan



Spend a wild and exciting day at the bay. Cascade Bay is the largest of outdoor city water parks in the Midwest with zero-depth entry, 5 twisting and turning waterslides, a lazy river float, and more. www.cascadebay.com

Schedule:

9:00 meet at YMCA

9:30 leave for Eagan

11:00 arrive at Cascade Bay Water Park

11:00 – 3:30 lunch and swimming

3:30 leave to return to Rochester

5:00 arrive at YMCA

June 27th: Lark Toys and Winona Aquatic Center



The Winona Aquatic Center has a fifty meter pool with a zero depth area, two one meter diving boards, and a two-hundred-ten-foot water slide. It also offers two playground areas, a sand volleyball court, a deck for viewing the pool, and a concession area.

Schedule:

9:00 meet at YMCA
9:15 leave for Kellogg
10:00 mini golf at Lark Toys
11:00 leave for Winona
11:30 arrive in Winona and have lunch
12:00-3:45 Winona Aquatic Center
4:00 leave for Rochester
5:00 arrive at YMCA

July 4th: NO FIELD TRIP POSSIBILITIES IS CLOSED TODAY!!

July 11th: Battle Creek Waterworks Family Aquatic Center



Tons of outdoor fun: lily pad walk, three story twisting waterslide, shallow water and activity pools, hands-on sand area, sun bathing on the deck or reading a good book on the lawn. parks@co.ramsey.mn.us

Schedule:

9:00 meet at YMCA
9:30 leave for Maplewood
11:00 arrive and have lunch
11:30 – 3:15 Battle Creek Water Park
3:30 leave for Rochester
5:00 arrive at YMCA

**July 18th: Mall Of America's Sea
Life Aquarium and ride the light rail train**



Schedule:

9:00 meet at YMCA

9:30 leave for Bloomington

11:00 arrive at Mall of America – lunch then Under Seas Adventures at 12:00

1:45 be at light rail station at mall to purchase tickets (use credit card to buy from machine – get handicap tickets for kids and staff)

2:03 board light rail train and ride to 46th St. Station (20 minute ride)

2:37 board light rail train to return to MOA

3:00 return to MOA

3:30 leave to return to Rochester

5:00 arrive at YMCA

July 25th: St. Paul's Highland Park Aquatic Center



Visit and play with Gertie the Guppy in the Children's Activity Pool that features age appropriate children's slides, interactive water geysers, and a water basketball area. Cool off on our pre-historic whale bone splash pad. Challenge yourself on the state's first aquatic climbing wall in our diving well that also features 2 one meter diving boards and 2 drop slides. Also, check out the new large water slide! Just looking to swim then hop into our Olympic size swimming pool.

<http://www.stpaul.gov/index.aspx?NID=2665>

Schedule:

9:00 meet at YMCA

9:30 leave for Shoreview

11:00 arrive and have lunch

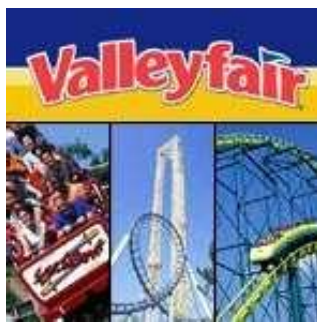
12:00 – 3:15 Highland Park Aquatic Center

3:30 leave for Rochester

5:00 arrive at YMCA

August 1st: Valleyfair

This trip has a limit of 30 students/staff



Once again we will be taking our annual special trip to Valleyfair Amusement Park in Shakopee, MN (by the Twin Cities). Open to all ages. **Meeting at YMCA at 8:00 am and returning at 8:00 pm**

EACH FIELD TRIP PARTICIPANT MUST BRING \$33.00 FOR THE COST OF THE TICKET (INCLUDES A PARK DRINKS WRISTBAND) AS WELL AS MONEY TO PURCHASE SUPPER

Schedule:

8:00 arrive at the YMCA

to meet Nicole C.

8:15 leave YMCA

11:00 arrive at Valleyfair and eat lunch in picnic area outside of gates

11:30-5:00 Valleyfair

5:00-6:00 drive to Cannon Falls McDonalds

6:00-6:45 McDonalds

6:45-8:00 return to the Y - **staff will call parents if it is going to be later than 8:15**

August 8th: St. Louis Park Aquatic Center

St. Louis Park's Outdoor Aquatic Park features: 20,000 square feet of playground with geysers and splash toys, 25-meter lap pool, zero-allow visitors to wade into the water, two drop slides, two winding are nearly four-stories high, wet sand playground, picnic gazebo, aqua Obstacle Course

www.stlouispark.org/aquatic-park/outdoor-aquatic-park.html

Schedule:

9:00 meet at YMCA

9:15 leave for St. Louis Park

11:00 arrive at St. Louis Park Aquatic Center

11:00 – 3:15 lunch and swimming

3:15 leave to return to Rochester

5:00 arrive at YMCA



water, water
depth entry to
water slides that
concession stand,

August 15th: Owatonna – Cabella’s and River Springs Water Park



WATER PARK FEATURES AND AMENITIES INCLUDE: Tube Slide, Body Slide, Lazy River, Activity Pool, Zero Depth Entry Pool, Climbing Wall, Lily Pad Walk, Sand Volleyball Court, Concession Stand, Locker Rooms
www.ci.owatonna.mn.us/.../river-springs-water-park

Schedule:

9:00 meet at YMCA	4:00 leave to return to Rochester
9:30 leave for Owatonna	5:00 arrive back at YMCA
10:30 arrive at Cabella’s	
10:30-11:15 Cabella’s then drive to Water Park and have lunch	
12:00-4:00 River Springs Water Park	

POSSABILITIES RECREATION



PossAbilities Recreation will provide support to individuals who choose not to participate in the activities above. Activities and support can be individualized to meet the needs of each youth and our home base for activities will be the Rochester Area Family Y. PossAbilities Recreation has joined up with Child Care Resource & Referral’s SNAP Program (Summer Neighborhood Activity Project), so one day a week the PossAbilities Recreation group of kids will be integrating with SNAP Program. SNAP is a colorful bus that goes to different parks and playgrounds in the Rochester area. The bus is full of sporting equipment, craft supplies, books, etc. The SNAP program is run by the Summer of Service leaders and is usually attended by neighborhood kids, depending on what park the bus is at that week. Below is an example of a daily activity schedule for PossAbilities Recreation.

We will stay within Rochester and the close surrounding communities (Chatfield, Byron, Stewartville etc) for PossAbilities Recreation. Students must sign up for the field trips if they would like to go on the longer trips.

OTHER ACTIVITIES

If you have other ideas that you would like your child to be involved in, PLEASE let us know and we will do everything we can to help get your child involved!!!!

(This will depend on staff availability but we will do our best to accommodate)



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Camps by age/grade

Pre-Kindergarten	Kindergarten	1st Grade	2nd Grade
<u>RideAbility (age 4&up)</u> <u>Soccer World (age 5-9)</u> <u>JETS (age 3-12)</u> <u>Mini-Hawk Sprt (age 4-6)</u> <u>Skyhwk Golf (age 5-8)</u> <u>Kids Art Camp (age 4-6)</u> <u>Y Pre-School Camp (age 3-5)</u> <u>Q.Hill Nature's Neighborhoods (age 4-5)</u> <u>Skyhawks Mini Hawk (age 4-6)</u> <u>Skyhawks Beginning Golf (age 5-8)</u> <u>Father's Day Crafting (age 4-grade 1)</u> <u>My Favorite Cartoon characters (age 4-6)</u> <u>Princess and Ponies (age 4-6)</u> <u>Girls with Glitter Art Camp (age 5-11)</u> <u>Glitz and Glam Fashion Creations (age 5-11)</u> <u>Cool Creations for You and Your Doll (age 5-11)</u> <u>Star Wars Heroes and Villains Art Camp (age 5-11)</u> <u>Cool Jewelry and Fashion Accessories (age 5-11)</u> <u>Icky, Slimy, Messy Art Camp (age 4-9)</u> <u>Kids Art Summer Camp (age 4-6)</u> <u>Carnival Games (age 4- grade 5)</u> <u>When I Grow Up Camp (age 5-6)</u> <u>Junior Science Camp: When I grow up (age 4-6)</u>	<u>RideAbility (age 4&up)</u> <u>Soccer World (age 5-9)</u> <u>JETS (age 3-12)</u> <u>Mini-Hawk Sprt (age 4-6)</u> <u>Kids Art Camp (age 4-6)</u> <u>Y Pre-School Camp (age 3-5)</u> <u>Q.Hill Nature's Neighborhoods (age 4-5)</u> <u>Y Sports Camp (K-6)</u> <u>Y Fine Arts Camp (K-6)</u> <u>Skyhawks Soccer (age 6-12)</u> <u>Mayo Boys Basketball Camp (K-2)</u> <u>Flag Football (K-1)</u> <u>Skyhawks Flag Football (age 6-12)</u> <u>Skyhawks Mini Hawk (age 4-6)</u> <u>Skyhawks Multi-Sport (age 6-8)</u> <u>Skyhawks Beginning Golf (age 5-8)</u> <u>Father's Day Crafting (age 4-gr 1)</u> <u>Tinkerbell Tea Party (K-5)</u> <u>You Pick It! (K-5)</u> <u>Art, Music, and Theater Camp (K-5)</u> <u>My Favorite Cartoon characters (age 4-6)</u> <u>Princess and Ponies (age 4-6)</u> <u>Girls with Glitter Art Camp (age 5-11)</u> <u>Glitz and Glam Fashion Creations (age 5-11)</u> <u>Cool Creations for You and Your Doll (age 5-11)</u> <u>Star Wars Heroes and Villains Art Camp (age 5-11)</u> <u>Cool Jewelry and Fashion Accessories (age 5-11)</u> <u>Hey, It's Duct Tape and Clay (age 6-11)</u> <u>Icky, Slimy, Messy Art Camp (age 4-9)</u> <u>Kids Art Summer Camp (age 4-6)</u> <u>Carnival Games (age 4- grade 5)</u> <u>Travel the USA Camp (K-2)</u> <u>When I Grow Up Camp (age 5-6)</u> <u>Junior Chefs (K-2)</u> <u>Junior Science Camp: When I grow up (age 4-6)</u> <u>Junior Science Camp: When I grow up (K-2)</u> <u>Jr. Engineering: Crazy Gears & Wheels (K-1)</u> <u>Robotics: Star Wars Droid Builder (K-3)</u> <u>Robotics Builders (K-2)</u> <u>Lego Movie Maker (K-1)</u> <u>Star Wars Jedi Movie Making (K-3)</u> <u>Video Game Design, Jr. (K-1)</u>	<u>RideAbility (age 4&up)</u> <u>Soccer World (age 5-9)</u> <u>JETS (age 3-12)</u> <u>Mini-Hawk Sprt (age 4-6)</u> <u>Kids Art Camp (age 4-6)</u> <u>Discover Y Camp (1-6)</u> <u>Y Sports Camp (K-6)Q.Hill Y Fine Arts Camp (K-6)</u> <u>Habitats and Homes (1-2)</u> <u>Skyhawks Soccer (age 6-12)</u> <u>Mayo Boys Basketball Camp (K-2)</u> <u>Flag Football (K-1)</u> <u>Skyhawks Flag Football (age 6-12)</u> <u>Kickball (1-2)</u> <u>Skyhawks Mini Hawk (age 4-6)</u> <u>Skyhawks Multi-Sport (age 6-8)</u> <u>Skyhawks Beginning Golf (age 5-8)</u> <u>Father's Day Crafting (age 4- grade 1)</u> <u>Tinkerbell Tea Party (K-5)</u> <u>You Pick It! (K-5)</u> <u>Art, Music, and Theater Camp (K-5)</u> <u>My Favorite Cartoon characters (age 4-6)</u> <u>Princess and Ponies (age 4-6)</u> <u>Girls with Glitter Art Camp (age 5-11)</u> <u>Glitz and Glam Fashion Creations (age 5-11)</u> <u>Cool Creations for You and Your Doll (age 5-11)</u> <u>Star Wars Heroes and Villains Art Camp (age 5-11)</u> <u>Cool Jewelry and Fashion Accessories (age 5-11)</u> <u>Hey, It's Duct Tape and Clay (age 6-11)</u> <u>Icky, Slimy, Messy Art Camp (age 4-9)</u> <u>Kids Art Summer Camp (age 4-6)</u> <u>Carnival Games (age 4- grade 5)</u> <u>Travel the USA Camp (K-2)</u> <u>When I Grow Up Camp (age 5-6)</u> <u>Junior Chefs (K-2)</u> <u>Junior Science Camp: When I grow up (age 4-6)</u> <u>Junior Science Camp: When I grow up (K-2)</u> <u>Jr. Engineering: Crazy Gears & Wheels (K-1)</u> <u>Robotics: Star Wars Droid Builder (K-3)</u> <u>Robotics Builders (K-2)</u> <u>Lego Movie Maker (K-1)</u> <u>Star Wars Jedi Movie Making (K-3)</u> <u>Video Game Design, Jr. (K-1)</u>	<u>RideAbility (age 4&up)</u> <u>Soccer World (age 5-9)</u> <u>JETS (age 3-12)</u> <u>Discover Y Camp (1-6)</u> <u>Y Sports Camp (K-6)Q.Hill Y Fine Arts Camp (K-6)</u> <u>Y STEM Builders (2-3)</u> <u>Habitats and Homes (1-2)</u> <u>Skyhawks Soccer (age 6-12)</u> <u>Cheerleading Level 1 (2-6)</u> <u>Cheerleading Level 2 (2-6)</u> <u>Mayo Boys Basketball Camp (K-2)</u> <u>John Marshall Boys Basketball Camp (2-3)</u> <u>John Marshall Girls Basketball Camp (2-3)</u> <u>Mayo Football Fundamentals (2-5)</u> <u>Skyhawks Flag Football (age 6-12)</u> <u>Kickball (1-2)</u> <u>Skyhawks Multi-Sport (age 6-8)</u> <u>Skyhawks Beginning Golf (age 5-8)</u> <u>Teddy Bear Picnic (2-5)</u> <u>It's for the Birds (2-5)</u> <u>Spa Day Crafting (2-5)</u> <u>Summer Craft Camp (2-5)</u> <u>Craft Camp Extreme! (2-8)</u> <u>Father's Day Crafting (2-5)</u> <u>Tinkerbell Tea Party (K-5)</u> <u>You Pick It! (K-5)</u> <u>Art, Music, and Theater Camp (K-5)</u> <u>Girls with Glitter Art Camp (age 5-11)</u> <u>Glitz and Glam Fashion Creations (age 5-11)</u> <u>Cool Creations for You and Your Doll (age 5-11)</u> <u>Star Wars Art (age 5-11)</u> <u>Cool Jewelry and Fashion Accessories (age 5-11)</u> <u>Hey, It's Duct Tape and Clay (age 6-11)</u> <u>Icky, Slimy, Messy Art Camp (age 4-9)</u> <u>Carnival Games (age 4- grade 5)</u> <u>Travel the USA Camp (K-2)</u> <u>When I Grow Up Camp (age 7-10)</u> <u>Junior Chefs (K-2)</u> <u>Junior Science Camp: When I grow up (K-2)</u> <u>The best of Science Explorers (2-5)</u> <u>Engineering: Crazy Action Contraptions (2-5)</u> <u>Robotics: Star Wars Droid Builder (K-3)</u> <u>Rock N Roll Robotics (2-4)</u> <u>Robotics Builders (K-2)</u> <u>Lego Movie Maker (2-4)</u> <u>Star Wars Jedi Movie Making (K-3)</u> <u>Video Game Creation (2-5)</u> <u>Video Game Design, Jr. (2-3)</u>

3rd Grade	3rd Grade con't	4th Grade	4th Grade con't
<p><u>RideAbility (age 4&up)</u> <u>JETS (age 3-12)</u> <u>Skyhawks Soccer (age 6-12)</u> <u>Cheerleading Level 1 (2-6)</u> <u>Cheerleading Level 2 (2-6)</u> <u>Mayo Boys Basketball Camp (3-4)</u> <u>John Marshall Boys Basketball Camp (2-3)</u> <u>John Marshall Girls Basketball Camp (2-3)</u> <u>Mayo Football Fundamentals (2-5)</u> <u>John Marshall Rocket Football Camp (3-5)</u> <u>Skyhawks Flag Football (age 6-12)</u> <u>Kickball (3-5)</u> <u>Hip Hop Camp (3-5)</u> <u>Kick Line Camp (3-5)</u> <u>Skyhawks Multi-Sport (age 6-8)</u> <u>Skyhawks Beginning Golf (age 5-8)</u> <u>Volleyball Camp (3-5)</u> <u>Track and Field Camp (3-8)</u> <u>Teddy Bear Picnic (2-5)</u> <u>It's for the Birds (2-5)</u> <u>Spa Day Crafting (2-5)</u> <u>Summer Craft Camp (2-5)</u> <u>Craft Camp Extreme! (2-8)</u> <u>Father's Day Crafting (2-5)</u> <u>Tinkerbella Tea Party (K-5)</u> <u>You Pick It! (K-5)</u> <u>Art, Music, and Theater Camp (K-5)</u> <u>Girls with Glitter Art Camp (age 5-11)</u> <u>Glitz and Glam Fashion Creations (age 5-11)</u> <u>Cool Creations for You and Your Doll (age 5-11)</u> <u>Star Wars Heroes and Villains Art Camp (age 5-11)</u> <u>Cool Jewelry and Fashion Accessories (age 5-11)</u> <u>Hey, It's Duct Tape and Clay (age 6-11)</u> <u>Icky, Slimy, Messy Art Camp (age 4-9)</u> <u>Carnival Games (age 4- grade 5)</u> <u>Travel the USA Camp (3-5)</u> <u>When I Grow Up Camp (age 7-10)</u></p>	<p><u>Discover Y Camp (1-6)</u> <u>Y Fine Arts Camp (K-6)</u> <u>Y STEM Builders (2-3)</u> <u>Y Sports Camp (K-6)Q.Hill</u> <u>Swamp Gas (3-4)</u> <u>Q. Hill Fur-ology (3-4)</u> <u>Junior Chefs (3-5)</u> <u>The best of Science Explorers (2-5)</u> <u>Shockingly Fun Electric Excitement (3-5)</u> <u>The Magic of Chemistry (3-5)</u> <u>Engineering: Crazy Action Contraptions (2-5)</u> <u>Engineering: Roller Coasters (3-7)</u> <u>Extreme Robotics: Battlebots (3-7)</u> <u>Robotics: Star Wars Droid Builder (K-3)</u> <u>Rock N Roll Robotics (2-4)</u> <u>Lego Movie Maker (2-4)</u> <u>Star Wars Jedi Movie Making (K-3)</u> <u>Video Game Creation: Nintendo Characters (2-5)</u> <u>Video Game Design, Jr. (2-3)</u> <u>Video Game Design (3-4)</u></p>	<p><u>RideAbility (age 4&up)</u> <u>JETS (age 3-12)</u> <u>Skyhawks Soccer (age 6-12)</u> <u>Cheerleading Level 1 (2-6)</u> <u>Cheerleading Level 2 (2-6)</u> <u>Mayo Boys Basketball Camp (3-4)</u> <u>John Marshall Boys Basketball Camp (4-5)</u> <u>John Marshall Girls Basketball Camp (4-5)</u> <u>Mayo Football Fundamentals (2-5)</u> <u>John Marshall Rocket Football Camp (3-5)</u> <u>Skyhawks Flag Football (age 6-12)</u> <u>Kickball (3-5)</u> <u>Hip Hop Camp (3-5)</u> <u>Kick Line Camp (3-5)</u> <u>Volleyball Camp (3-5)</u> <u>Track and Field Camp (3-8)</u> <u>Teddy Bear Picnic (2-5)</u> <u>It's for the Birds (2-5)</u> <u>Spa Day Crafting (2-5)</u> <u>Summer Craft Camp (2-5)</u> <u>Craft Camp Extreme! (2-8)</u> <u>Father's Day Crafting (2-5)</u> <u>Tinkerbella Tea Party (K-5)</u> <u>You Pick It! (K-5)</u> <u>Art, Music, and Theater Camp (K-5)</u> <u>Girls with Glitter Art Camp (age 5-11)</u> <u>Glitz and Glam Fashion Creations (age 5-11)</u> <u>Cool Creations for You and Your Doll (age 5-11)</u> <u>Star Wars Heroes and Villains Art Camp (age 5-11)</u> <u>Cool Jewelry and Fashion Accessories (age 5-11)</u> <u>Hey, It's Duct Tape and Clay (age 6-11)</u> <u>Icky, Slimy, Messy Art Camp (age 4-9)</u> <u>Carnival Games (age 4- grade 5)</u> <u>Travel the USA Camp (3-5)</u> <u>When I Grow Up Camp (age 7-10)</u></p>	<p><u>Discover Y Camp (1-6)</u> <u>Y Fine Arts Camp (K-6)</u> <u>Y STEM Engineers (4-7)</u> <u>Y Sports Camp (K-6)</u> <u>Q.Hill Swamp Gas (3-4)</u> <u>Q. Hill Fur-ology (3-4)</u> <u>Junior Chefs (3-5)</u> <u>The best of Science Explorers (2-5)</u> <u>Shockingly Fun Electric Excitement (3-5)</u> <u>The Magic of Chemistry (3-5)</u> <u>Engineering: Crazy Action Contraptions (2-5)</u> <u>Engineering: Roller Coasters (3-7)</u> <u>Extreme Robotics: Battlebots (3-7)</u> <u>Rock N Roll Robotics (2-4)</u> <u>Lego Movie Maker (2-4)</u> <u>Lego Movie Maker (4-7)</u> <u>Video Game Creation: Nintendo Characters (2-5)</u> <u>Video Game Design (3-4)</u></p>

5th Grade	5th Grade Con't	6th Grade	7th Grade
<p><u>RideAbility (age 4&up)</u> <u>Summer of Service (5-12)</u> <u>JETS (age 3-12)</u> <u>Skyhawks Soccer (age 6-12)</u> <u>Cheerleading Level 1 (2-6)</u> <u>Cheerleading Level 2 (2-6)</u> <u>Mayo Boys Basketball Camp (5-6)</u> <u>John Marshall Boys Basketball Camp (4-5)</u> <u>John Marshall Girls Basketball Camp (4-5)</u> <u>Mayo Football Fundamentals (2-5)</u> <u>John Marshall Rocket Football Camp (3-5)</u> <u>Skyhawks Flag Football (age 6-12)</u> <u>Kickball (3-5)</u> <u>Hip Hop Camp (3-5)</u> <u>Kick Line Camp (3-5)</u> <u>Volleyball Camp (3-5)</u> <u>Track and Field Camp (3-8)</u> <u>Teddy Bear Picnic (2-5)</u> <u>Teddy Bear Picnic (5-9)</u> <u>It's for the Birds (2-5)</u> <u>It's for the Birds (5-9)</u> <u>Spa Day Crafting (2-5)</u> <u>Spa Day Crafting (5-9)</u> <u>Summer Craft Camp (2-5)</u> <u>Summer Craft Camp (5-9)</u> <u>Craft Camp Extreme! (2-8)</u> <u>Father's Day Crafting (2-5)</u> <u>Tinkerbell Tea Party (K-5)</u> <u>You Pick It! (K-5)</u> <u>Art, Music, and Theater Camp (K-5)</u> <u>Art Around the World (5-8)</u> <u>Girls with Glitter Art Camp (age 5-11)</u> <u>Glitz and Glam Fashion Creations (age 5-11)</u> <u>Cool Creations for You and Your Doll (age 5-11)</u> <u>Star Wars Heroes and Villains Art Camp (age 5-11)</u> <u>Cool Jewelry and Fashion Accessories (age 5-11)</u> <u>Hey, It's Duct Tape and Clay (age 6-11)</u> <u>Arts & Crafts Camp (5-8)</u> <u>Carnival Games (age 4- grade 5)</u> <u>Travel the USA Camp (3-5)</u> <u>When I Grow Up Camp (age 7-10)</u> <u>Junior Chefs (3-5)</u> <u>The best of Science Explorers (2-5)</u> <u>Shockingly Fun Electric Excitement (3-5)</u></p>	<p><u>The Magic of Chemistry (3-5)</u> <u>Engineering: Crazy Action Contraptions (2-5)</u> <u>Engineering: Roller Coasters (3-7)</u> <u>Extreme Robotics: Battlebots (3-7)</u> <u>Lego Movie Maker (4-7)</u> <u>Video Game Creation: Nintendo Characters (2-5)</u> <u>Video Game Design (5-7)</u> <u>Choral Music Camp (5-9)</u> <u>Discover Y Camp (1-6)</u> <u>Y STEM Engineers (4-7)</u> <u>Y Fine Arts Camp (K-6)</u> <u>Y Sports/Enrichmnt (1-6)</u> <u>Q.Hill Amphibious Adventures (5-6)</u> <u>Q.Hill Geology Rocks (5-6)</u> <u>Q.Hill Photography (5-6)</u></p>	<p><u>RideAbility (age 4&up)</u> <u>JETS (age 3-12)</u> <u>Summer of Service (5-12)</u> <u>Discover Y Camp (1-6)</u> <u>Y STEM Engineers (4-7)</u> <u>Y Sports Camp (K-6)</u> <u>Y Fine Arts Camp (K-6)</u> <u>Q.Hill Amphibious Adventures (5-6)</u> <u>Q.Hill Geology Rocks (5-6)</u> <u>Q.Hill Photography (5-6)</u> <u>Skyhawks Soccer (age 6-12)</u> <u>Cheerleading Level 1 (2-6)</u> <u>Cheerleading Level 2 (2-6)</u> <u>Mayo Boys Basketball Camp (5-6)</u> <u>John Marshall Rocket Football Camp (6-7)</u> <u>Skyhawks Flag Football (age 6-12)</u> <u>Kick Line Camp (6-8)</u> <u>Track and Field Camp (3-8)</u> <u>Teddy Bear Picnic (5-9)</u> <u>It's for the Birds (5-9)</u> <u>Spa Day Crafting (5-9)</u> <u>Summer Craft Camp (5-9)</u> <u>Craft Camp Extreme! (2-8)</u> <u>Art Around the World (5-8)</u> <u>Girls with Glitter Art Camp (age 5-11)</u> <u>Glitz and Glam Fashion Creations (age 5-11)</u> <u>Cool Creations for You and Your Doll (age 5-11)</u> <u>Star Wars Heroes and Villains Art Camp (age 5-11)</u> <u>Cool Jewelry and Fashion Accessories (age 5-11)</u> <u>Hey, It's Duct Tape and Clay (age 6-11)</u> <u>Arts & Crafts Camp (5-8)</u> <u>Cooking Camp (6-8)</u> <u>Engineering: Roller Coasters (3-7)</u> <u>Extreme Robotics: Battlebots (3-7)</u> <u>Lego Movie Maker (4-7)</u> <u>Video Game Design (5-7)</u> <u>Choral Music Camp (5-9)</u></p>	<p><u>RideAbility (age 4&up)</u> <u>Summer of Service (5-12)</u> <u>Y STEM Engineers (4-7)</u> <u>Q.Hill Photography (7-9)</u> <u>Q. Hill Woodworking for Wildlife (7-9)</u> <u>Q. Hill GPS Treasures (7-9)</u> <u>Q. Hill Slip, slack, paddle-WACK (7-9)</u> <u>Q.Hill Stream Scene Investigator (7-9)</u> <u>Q. Hill Falconry & Raptors (7-9)</u> <u>Skyhawks Soccer (age 6-12)</u> <u>John Marshall Rocket Football Camp (6-7)</u> <u>Skyhawks Flag Football (age 6-12)</u> <u>Kick Line Camp (6-8)</u> <u>Track and Field Camp (3-8)</u> <u>Teddy Bear Picnic (5-9)</u> <u>It's for the Birds (5-9)</u> <u>Spa Day Crafting (5-9)</u> <u>Summer Craft Camp (5-9)</u> <u>Craft Camp Extreme! (2-8)</u> <u>Art Around the World (5-8)</u> <u>Arts & Crafts Camp (5-8)</u> <u>Cooking Camp (6-8)</u> <u>Engineering: Roller Coasters (3-7)</u> <u>Extreme Robotics: Battlebots (3-7)</u> <u>Lego Movie Maker (4-7)</u> <u>Video Game Design (5-7)</u> <u>Choral Music Camp (5-9)</u> <u>Rhythm Explosion Camp (7 & up)</u></p>

8th Grade	9th Grade	10th Grade	11th Grade	12th Grade
<u>RideAbility (age 4&up)</u> <u>Summer of Service (5-12)</u> <u>Q.Hill Photography (7-9)</u> <u>Q. Hill Woodworking for Wildlife (7-9)</u> <u>Q. Hill GPS Treasures (7-9)</u> <u>Q. Hill Slip, slack, paddle-WACK (7-9)</u> <u>Q.Hill Stream Scene Investigator (7-9)</u> <u>Q. Hill Falconry & Raptors (7-9)</u> <u>Kick Line Camp (6-8)</u> <u>Track and Field Camp (3-8)</u> <u>Teddy Bear Picnic (5-9)</u> <u>It's for the Birds (5-9)</u> <u>Spa Day Crafting (5-9)</u> <u>Summer Craft Camp (5-9)</u> <u>Craft Camp</u> <u>Extreme! (2-8)</u> <u>Art Around the World (5-8)</u> <u>Arts & Crafts Camp (5-8)</u> <u>Cooking Camp (6-8)</u> <u>Choral Music Camp (5-9)</u> <u>Rhythm Explosion Camp (7 & up)</u>	<u>RideAbility (age 4&up)</u> <u>Summer of Service (5-12)</u> <u>Q.Hill Photography (7-9)</u> <u>Q. Hill Woodworking for Wildlife (7-9)</u> <u>Q. Hill GPS Treasures (7-9)</u> <u>Q. Hill Slip, slack, paddle-WACK (7-9)</u> <u>Q.Hill Stream Scene Investigator (7-9)</u> <u>Q. Hill Falconry & Raptors (7-9)</u> <u>Teddy Bear Picnic (5-9)</u> <u>It's for the Birds (5-9)</u> <u>Spa Day Crafting (5-9)</u> <u>Summer Craft Camp (5-9)</u> <u>Choral Music Camp (5-9)</u> <u>Rhythm Explosion Camp (7 & up)</u>	<u>RideAbility (age 4&up)</u> <u>Summer of Service (5-12)</u> <u>Rhythm Explosion Camp (7 & up)</u>	<u>RideAbility (age 4&up)</u> <u>Summer of Service (5-12)</u> <u>Rhythm Explosion Camp (7 & up)</u>	<u>RideAbility (age 4&up)</u> <u>Summer of Service (5-12)</u> <u>Rhythm Explosion Camp (7 & up)</u>

JUNE 2014

Monday	Tuesday	Wednesday	Thursday	Friday
<p>9</p> <p>Quarry Hill Camps: HH,FF, SG, AA, NP, WW</p> <p>JETS: Celebration</p> <p>Discover Y: Aloha Summer</p> <p>Y STEM Builders: Monsterology</p> <p>Y STEM Engineers: Science In Motion</p> <p>Y Sports: Soccer</p> <p>Y Fine Arts: Photography</p> <p>Y Preschool: Dino Daze</p> <p>Summer Craft Camp</p> <p>Kids Art Summer Camp</p>	<p>10</p> <p>RideAbility 1 of 8</p> <p>JM Boys Basketball</p> <p>JM Girls Basketball</p>	<p>11</p>	<p>12</p>	<p>13</p> <p>Field trip to MN Zoo</p> <p>Father's Day Crafting</p>
<p>16</p> <p>Quarry Hill Camps: HH, FF, SG, AA, NP</p> <p>JETS: Jungle Safari</p> <p>SOS: session 1 week 1</p> <p>Discover Y: Wild Things</p> <p>Y STEM Builders: Advenshores</p> <p>Y STEM Engineers: Science and Nature</p> <p>Y Sports: Baseball/Softball</p> <p>Y Fine Arts: Pottery</p> <p>Y Preschool: Celebrate Summer</p> <p>Mayo Boys Basketball</p> <p>Mayo Football</p> <p>Skyhawks Flag Football</p> <p>Craft Camp Extreme</p> <p>Princess/Ponies Art 1 of 2</p> <p>Cooking Camp</p> <p>Robotics Builders</p> <p>Video Game Design Jr.</p> <p>Choral Music Camp</p>	<p>17</p> <p>RideAbility 2 of 8</p> <p>Kickball 1 of 4</p> <p>Cartoon Characters Art 1 of 2</p>	<p>18</p> <p>Princess/Ponies Art 2 of 2</p>	<p>19</p> <p>Kickball 2 of 4</p> <p>Cartoon Characters Art 2 of 2</p>	<p>20</p> <p>Field trip to Cascade Bay Water Park</p>
<p>23</p> <p>Quarry Hill Camps: NN, HH, FF, AA, GR, NP, TNP, SSI</p> <p>JETS: Beach Party</p> <p>SOS: session 1 week 2</p> <p>Discover Y: Adventureland</p> <p>Y STEM Builders: Motion and Magic</p> <p>Y STEM Engineers: Funky Fizzics</p> <p>Y Sports: Football</p> <p>Y Sports: Volleyball</p> <p>Y Fine Arts: Cartooning</p> <p>Soccer World Camp</p> <p>Skyhawks Mini-Hawk</p> <p>Track and Field</p> <p>Art, Music & Theater</p> <p>Girls & Glitter Art</p> <p>Glitz and Glam Fashion</p> <p>Jr. Chefs 1 of 2 gr K-2</p> <p>Rock N Roll Robotics</p> <p>Video Game Design Jr.</p>	<p>24</p> <p>RideAbility 3 of 8</p> <p>Kickball 3 of 4</p> <p>Jr. Chefs 1 of 2 gr 3-5</p>	<p>25</p> <p>Jr. Chefs 2 of 2 gr K-2</p>	<p>26</p> <p>Kickball 4 of 4</p> <p>Jr. Chefs 2 of 2 gr 3-5</p>	<p>27</p> <p>Field trip to Lark Toys/Winona Aquatic Center</p> <p>You Pick It Craft!</p>

JULY 2014

Monday	Tuesday	Wednesday	Thursday	Friday
30 Discover Y: Party in USA Y Sports: Baseball/Softball	1	2	3	4 CLOSED: HAPPY FOURTH OF JULY!!
7 Quarry Hill Camps: NN, HH, FF, AA, NP, SPW, FR JETS: Super Hero SOS: session 2 week 1 Discover Y: Around World Y STEM Builders: Let's Get Growing Y STEM Engineers: Solar and Science Y Sports: Basketball Y Fine Arts: Singing, Songwriting, Storytelling Y Preschool: Space Soccer World Camp Skyhawks Soccer Cheerleading Level 1 Kick Line Camp Art Around the World Travel the USA Video Game Design	8 RideAbility 4 of 8	9	10	11 Field trip to Battle Creek Waterworks Tinkerbell Tea Party
14 Quarry Hill Camps: NN, HH, FF, AA, TNP, SPW JETS: Pirates & Princesses SOS: session 2 week 2 Discover Y: Raiders of Lost Artifacts Y STEM Builders: Robots Y STEM Engineers: Robots Y Sports: Paddleboard Y Fine Arts: Art Through Science Y Preschool: Bubbles Soccer World Camp Cheerleading Level 2 Flag Football Skyhawks Golf Girls Volleyball Cooking Camp Jr. Science Camp Shockingly Fun Electric Magic of Chemistry Robotics: Star Wars Star Wars Movie Making Rhythm Explosion Camp	15 RideAbility 5 of 8	16	17	18 Field trip to MOA Sealife Aquarium and ride light rail train

<p>21 Quarry Hill Camps: NN, HH, FF, AA, GR, NP, TNP, GT JETS: Under the Big Top SOS: session 3 week 1 Discover Y: MN Magic Y STEM Builders: Games Y STEM Engineers: Games Y Sports: Swim Soccer World Camp JM Football Skyhawks Multi Sport Cool Creations for Doll Star Wars Kids Art Summer Camp When I Grow Up Camp Engineering: Crazy Action Lego Movie Maker</p>	<p>22</p>	<p>23</p>	<p>24</p>	<p>25 Field trip to Highland Park Aquatic Center</p>
<p>28 Quarry Hill Camps: NN, HH, FF, AA, GR, NP, SPW JETS: Aloha SOS: session 3 week 2 Discover Y: Ooey-Gooey Y STEM Builders: CSI Y STEM Engineers: Gizmos, Gadgets and Goo Y Preschool: Fantastic Fun Girls Volleyball Jr. Chefs 1 of 2 gr 3-5 Best of Science Explorers Jr. Engineering</p>	<p>29 RideAbility 6 of 8 Jr. Chefs 1 of 2 gr K-2</p>	<p>30 Jr. Chefs 2 of 2 gr 3-5</p>	<p>31 Jr. Chefs 2 of 2 gr K-2</p>	<p>1 Field trip to Valleyfair You Pick It Craft!</p>

AUGUST 2014

Monday	Tuesday	Wednesday	Thursday	Friday
4 Quarry Hill Camps: HH, FF, AA, NP, TNP, SPW, FR JETS: Wild West SOS: session 4 week 1 Discover Y: Movin/Groovin Y STEM Builders: Science, Sound and Song Y STEM Engineers: Musical Instruments Y Sports: Tennis Y Fine Arts: Draw/Paint Y Preschool: Space Soccer World Camp Hip Hop Camp Duct Tape and Clay Messy Art Camp Engineering: Roller Coaster	5 RideAbility 7 of 8 Cool Jewelry 1 of 2	6	7 Cool Jewelry 2 of 2	8 Field trip to St. Louis Park Aquatic Center
11 Quarry Hill Camps: HH, FF, SG, AA, NP, SPW JETS: Olympic SOS: session 4 week 2 Discover Y: Ocean Y STEM Builders: Water Works Y STEM Engineers: Water Works Y Fine Arts: Graphic Design Soccer World Camp Kickball Extreme Robotics Video Game Creation	12 RideAbility 8 of 8	13	14	15 Field trip to Cabella's and River Springs Water Park Carnival Games
18	19	20	21	22
25	26	27	28	29

REGISTRATION FOR SIBLINGS ATTENDING FIELD TRIPS

Participant's name: _____

Sibling's name and age: _____

Field Trip Sibling would like to attend:

____ Friday, June 13th: MN Zoo

____ Friday, June 20th: Cascade Bay Water Park in Eagan

____ Friday, June 27th: Lark Toys and Winona Aquatic Center

Friday, July 4th: POSSABILITIES IS CLOSED TODAY

____ Friday, July 11th: Battle Creek Waterworks Family Aquatic Center

____ Friday, July 18th: Mall Of America's Sea Life Aquarium and ride the light rail train

____ Friday, July 25th: St. Paul's Highland Park Aquatic Center

____ Friday, August 1st: Valleyfair (\$33.00 PER CHILD ATTENDING FOR TICKET AND
UNLIMITED SOFT DRINKS FOR THE DAY)

____ Friday, August 8th: St. Louis Park Aquatic Center

____ Friday, August 15th: Owatonna - Cabella's and River Springs Water Park


_____ of field trips X \$25.00 each = _____ payment

Payment is due at time of registration.

Child's Name _____ **June Possibilities' Schedule**

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30				

Child's Name _____ **July Possibilities' Schedule**

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4 Happy July 4 th ! 
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	

Child's Name _____ **August PossAbilities' Schedule**

Monday	Tuesday	Wednesday	Thursday	Friday
				1
4	5	6	7	8
11	12	13	14	15