

Frequently Asked Questions and Answers:

Where is A Child's Kingdom? 1621 North Broadway, Rochester, MN

Do I need to run 25 miles previous to the run? Running 25 miles previous to the day is our goal for everyone.

Can I use other substitute forms of exercise to complete the 25 miles? On occasion parents/guardians may consider other forms of fitness training that would be comparable. Parents/guardians need to make appropriate decisions to not impair the health of runners.

When do I arrive? Please arrive around 9:45 a.m. on run day to check-in. Keep in mind that announcements and pre-run information will be shared about 10:40 a.m. Runners should be in grade level lines by 10:30 a.m.

Where is check-in on Saturday? All runners enter Rochester Civic Center, Exhibit Hall IV to pick up bibs. Enter the Northwesterly door; proceed to the Med-City Marathon Expo. In the expo follow the signs to the Med-City Kids' Marathon check-in. Then proceed out of the designated door to line up with your grade level behind the East side of the Civic Center.

Can I check-in before Saturday morning? Yes, runners may check-in on Thursday afternoon from 4:00 to 7:00 p.m. at A Child's Kingdom to pick up their bibs. If your child has a bib, they do not need to check in on Saturday Morning.

Can I check-in on Thursday if I registered earlier? Yes, runners may check-in on Thursday afternoon from 4:00 to 7:00 p.m. at A Child's Kingdom to pick up their bibs. If your child has a bib, they do not need to check in on Saturday Morning.

Will bibs be available before Saturday morning? Yes, runners may check-in on Thursday afternoon from 4:00 to 7:00 p.m. at A Child's Kingdom to pick up their bibs. If your child has a bib, they do not need to check in on Saturday Morning.

Is this a race? It is meant to be a journey of 25 miles in training completing the 1.2 miles on the run. Students will have completed their personal marathon. It is a continued run in the marathon/fitness journey and not timed.

Can we register the day of the run? No, the last opportunity to register is Thursday afternoon from 4:00 to 7:00 p.m. at A Child's Kingdom.

When does the run begin? 11:00 a.m.

Can I purchase a t-shirt? Yes, approximately 300 shirts will be available for sale on Thursday afternoon from 4:00 to 7:00 p.m. at A Child's Kingdom. during check-in/bib pickup. The cost is \$10. Unsold shirts will be available at the Rochester Civic Center, Exhibit Hall IV before the run.

Can I run with my child? Yes, to avoid congestion at the finish area parents are asked to step off without going through the finish line.

Do Parents run through the finish? To avoid congestion at the finish area parents are asked to step off without going through the finish line. For safety reasons, kindergarten parents are the exception and should stay with their child and run through the finish line with them.

Do I need to check-in? All runners must check-in either on Thursday runners may check-in on Thursday afternoon from 4:00 to 7:00 p.m. at A Child's Kingdom to pick up their bibs. If your child has a bib, they do not need to check in on Saturday Morning. Check in is also available on Saturday at Rochester Civic Center, Exhibit Hall IV to receive their bib. **Every runner must have a bib.**

What do I do after I pick up my bib on Saturday? As soon as you are ready proceed to the exit door and line up with your grade level in the back of the Rochester Civic Center. If you have time runners may purchase a t-shirt previous to leaving Exhibit Hall IV.

Can I enter the finish area to take pictures? No, the only adults besides volunteers allowed into the finish area are the parents with kindergarten runners.

Where does the run begin and finish? The start is on the East side of the Rochester Civic Center. Runners line up on the sidewalk, and they start at the South side of the Art Center. Finish on East Center Street.

What happens when my child finishes the run?

What happens when my child finishes the run? Upon finishing the run kids will receive a Med-City Kids' Marathon medal. They will proceed to the refreshment tables and then stand in the fenced off finish area until their parent/guardian sees them and meets at one of the security exit points. Matching numbers from the bib will be shown the exit volunteer for an identified match.

Does my child need to be in a school program to participate? No, any child K-8th grade with parental permission and running the 25 miles is eligible. Parents/guardians need to assess the fitness levels of a student's ability to complete the run.

Do I need to turn in my running log? We do not collect the running logs. Tracking miles will help with goal setting and help student document their marathon a little at time.