

## **Frequently Asked Questions and Answers:**

**Where is A Child's Kingdom?** 1621 North Broadway, Rochester, MN

**Do I need to run 25 miles previous to the run?** Running 25 miles previous to the day is our goal for everyone.

**Can I use other substitute forms of exercise to complete the 25 miles?** On occasion parents/guardians may consider other forms of fitness training that would be comparable.

Parents/guardians need to make appropriate decisions to not impair the health of runners.

**When do I arrive on Saturday May 28<sup>th</sup> ?** Please have your child in their grade level location in the back parking lot of the Mayo Civic Center no later than 12pm. We ask that you stay with your child until their grade level is called. **If you have not registered your child or have not picked up their race number/bib, race day registration begins at 10am until 12 noon.** Keep in mind that announcements and pre-run information will be shared about 12:15p.m. All runners should be in grade level lines by 12:00 p.m.

**Where is check-in on Saturday?** Runners needing to check in will enter Rochester Civic Center, Exhibit Hall IV to pick up bibs. Enter the Northwesterly door; proceed to the Med-City Marathon Expo. In the expo follow the signs to the Med-City Kids' Marathon check-in. Then proceed out of the designated door to line up with your grade level behind the East side of the Civic Center.

**Can I check-in before Saturday morning?** Yes, on Thursday May 26<sup>th</sup> from 4 to 7pm at A Child's Kingdom 1621 North Broadway Rochester, MN

**Can I check-in on Thursday if I registered earlier?** Yes

**Will bibs be available before Saturday morning?** Yes, on Thursday May 26<sup>th</sup> from 4 to 7pm at A Child's Kingdom 1621 North Broadway Rochester, MN

**Is this a race?** It is meant to be a journey of 25 miles in training completing the 1.2 miles on the run. Students will have completed their personal marathon. It is a continued run in the marathon/fitness journey and not timed.

**Can we register the day of the run?** Yes, however there will be a \$5 charge on race day.

**What is the last day to register Online?** May 25, 2016

**When does the run begin?** 12:30 p.m.

**Can I purchase a t-shirt?** Yes, shirts will be available for sale Thursday from 4-7 (A Child's Kingdom) and Saturday if they are still available, during check-in/bib pickup. The cost is \$10. This will be at the Rochester Civic Center, Exhibit Hall IV.

**Can I run with my child?** Yes, but please do not go through the finish line with them

**Do Parents run through the finish?** To avoid congestion at the finish area parents are asked to step off without going through the finish line. For safety reasons, kindergarten parents are the exception and should stay with their child and run through the finish line with them.

**Do I need to check-in?** Yes, all runners must check-in either on Thursday (A Child's Kingdom) or Saturday at Rochester Civic Center, Exhibit Hall IV to receive their bib. Every runner must have a bib.

**What do I do on Saturday when I have my bib pinned on my shirt?** As soon as you are ready line up with your grade level in the back of the Rochester Civic Center.

**Can I enter the finish area to take pictures?** No, the only adults besides volunteers allowed into the finish area are the parents with kindergarten runners. There will be a place to take photos outside the finish line area.

**Why are there 2 numbers on the bottom of the race number/bib?** One of the numbers is torn off and kept with the parent/guardian of the runner. The other stays attached to the bib and is matched up with the adult tag at the exit. This assures the child goes with their parent/guardian.

**Where does the run begin and finish?** The run starts on the trail behind the Mayo Civic Center and finishes on East Center Street.

**What happens when my child finishes the run?**

What happens when my child finishes the run? Upon finishing the run kids will receive a Med-City Kids' Marathon medal. They will proceed to the refreshment tables and exit WITH THEIR PARENT/GUARDIAN from the gate that matched the color on their race number.

**Does my child need to be in a school program to participate?** No, any child K-8th grade with parental permission and running the 25 miles is eligible. Parents/guardians need to assess the fitness levels of a student's ability to complete the run.