

# **FAQ Sheet**

# Q: What is Byron Neighbors Helping Neighbors (BNHN)?

**A:** BNHN is a community effort to assist older adults in Byron to continue living independently in their homes. This program is in place to link older adults and caregivers with support and services.

# Q: What services are provided through Byron Neighbors Helping Neighbors?

**A:** The focus of this program is developing relationships with older adults in the Byron Community and together identifying one's needs, so that steps can be put in to place to meet these needs. Services specifically provided by BNHN include *but are not limited to:* 

M	Snow Removal
M	Lawn Mowing and Lawn Care
M	Grocery Shopping
M	Wellness and Health Education

If support is needed that you do not see included in our services, we will assist you in locating and obtaining the needed services.

Q: Are there costs for services?

**A:** All services are provided on an ability to pay cost sharing basis, and will be determined with each individual prior to the start of services. Costs for services are necessary in order to cover the expenses of running the program as a whole.

### Q: Why should I consider using services?

**A:** The purpose of BNHN is to offer assistance to older adults so that they may remain living in their own home for as long as they choose. Several of these services offer support that reduces the opportunities for an injury or fall to occur. Injuries or falls may lead to situations where one is unable to take care of themselves and/or their home. Alternative living arrangements are quite costly. There is a cost benefit to investing in preventative services and support while an older adult is currently living independently.

#### Q: What is Family Service Rochester's involvement in the BNHN program?

**A:** BNHN is here in Byron to specifically meet the needs of older adults in the community. Family Service Rochester (FSR) is the parent organization of this program. FSR applied for the DHS Community Service/Community Services Development grant in order to assist the Byron Community in providing needed services for older adults in their community, and has received this grant which is providing support for this program.

#### Q: How can I find more information?

**A:** You can contact Byron Neighbors Helping Neighbors Program Coordinator, Rachel Tolman, at **507-218-3275** or stop in at our office located in the lower level of the Byron City Hall.



507-218-3275 www.byronneighbors.org