

Tropical Costa Rica

March 14-22, 2015



INCLUDED IN YOUR TOUR:

- 4-Seasons Vacations Tour Director, Jenny Gilbertson
- Roundtrip flights Minneapolis to San Jose, Costa Rica
- 8 nights accommodations
- 14 meals
- Luggage Handling
- Doka Coffee Estate
- Tamarindo Beach
- Monteverde Cloud Forest
- Hanging Bridges Walking Tour
- Lake Arenal Cruise and Volcano
- Cano Negro River Boat Trip

DAY 1 SATURDAY, MARCH 14

Lush forests and stunning waterfalls...exotic wildlife and endless coastlines...Costa Rica is truly a slice of paradise. Your tour begins in the colorful capital city of San Jose.

Doubletree Cariari Hotel, San Jose

DAY 2 SUNDAY, MARCH 15 (B,D)

Travel through the verdant countryside of the Central Valley to the fertile region world-renowned for coffee. **A tour of the Doka Coffee Estate highlights the history and cultivation of coffee and its importance to the Costa Rican economy.** This afternoon, arrive in the Guanacaste region, known for its breathtaking beauty and fine sandy beaches. Here, rest and relaxation go hand-in-hand with mesmerizing ocean views and lush tropical greenery. Settle in for a relaxing two-night stay.

Tamarindo Diria Beach and Golf Resort, Guanacaste (2 nights)

DAY 3 MONDAY, MARCH 16 (B)

Fun in the sun is in store for you as you enjoy this tropical paradise. Explore the nearby town and beaches, take an optional cruise or simply relax by the pool or beach and take advantage of the amenities offered at your lovely resort.

DAY 4 TUESDAY, MARCH 17 (B,D)

You won't believe your eyes as you travel into the Monteverde Cloud Forest, where trees grow to heights of 100 feet! In this spectacular ecosystem, you will encounter many incredible species of flora and fauna. Upon arrival in Monteverde, a nature walk allows you to discover the natural beauty of the cloud forest firsthand. This forest is the home of the world's largest population of the endangered quetzal, celebrated for its gorgeous jewel-toned plumage. Keep your eyes peeled and you may be lucky enough to spot this elusive bird!

El Establo, Monteverde (2 nights)

DAY 5 WEDNESDAY, MARCH 18 (B,D)

Begin your day at Selvatura Park, a cloud forest reserve in the heart of Monteverde. Venture into a different world, exploring one of the world's largest butterfly gardens with more than 30 species of tropical butterflies. Next, in a nearby gallery containing more than 100 beautiful hummingbirds, you will be dazzled by the 14 different species. **Enjoy a guided, leisurely-paced "Hanging Bridges" walking tour and learn about the cloud forest's unique ecosystem, its mammals, birds, plants and flora.** This evening, enjoy an informative lecture on the migratory birds that flock to Costa Rica every year.

DAY 6 THURSDAY, MARCH 19 (B,D)

Begin the day with a visit to a tree nursery and learn about Monteverde's reforestation efforts of indigenous trees. Travel through the beautiful mountainous landscapes of Monteverde to Arenal, where breathtaking views of the volcano await you. Enjoy a delightful cruise on Lake Arenal, the largest and most important lake in Costa Rica. Later, check in for a two-night stay at a typical lodge overlooking the majestic Arenal Volcano which has been generating lava for the past 30 years. Before dinner, enjoy a cooking demonstration and learn how native, exotic vegetables and plants contribute to the unique flavors of Costa Rican cuisine.

Arenal Springs Resort, Arenal (2 nights)

DAY 7 FRIDAY, MARCH 20 (B,D)

Of all Costa Rica's nature preserves, the remote 20,000 acres of Cano Negro are home to the largest viewable selection of indigenous wildlife. **Embark on a Cano Negro guided river boat trip in a panga (covered canoe), making frequent stops to watch and photograph the wildlife around you which may include crocodiles, river otters, sloths, river turtles, exotic birds and rare butterflies, all known to live in the area.** The Arenal Volcano area is also known as the land of spas and hot springs. Later in the day you will have an opportunity to attain a state of complete relaxation with an optional visit to one of the finest spas in the region.

DAY 8 SATURDAY, MARCH 21 (B,D)

Travel to the charming town of Zarcero to visit its well-known whimsical topiary garden. Continue to the small, picturesque town of Grecia to see the unusual metal church constructed of brick-red metal panes, walk the beautifully landscaped central park, or shop at the traditional local market. Later, visit San Jose's colorful Plaza de Cultura and the National Theatre, a magnificent building of post-Baroque splendor. This evening, enjoy a farewell dinner.

Doubletree Cariari Hotel, San Jose

DAY 9 SUNDAY, MARCH 22 (B)

Depart for home with fabulous memories of your adventure in Costa Rica.

	PRICE PER PERSON		
	<u>Double</u>	<u>Single</u>	<u>Triple</u>
TOUR COST	\$2,799.00	\$3,299.00	\$2,769.00
	<i>(Airfare included)</i>		

INSURANCE IS HIGHLY RECOMMENDED!

INSURANCE MUST BE PURCHASED AT TIME OF DEPOSIT OR WITHIN 14 DAYS. PREMIUM DETERMINED BY THE COST OF THE TRIP AND YOUR AGE.

DEPOSIT & FINAL PAYMENT:

A deposit of \$250.00 per person will be required at the time of booking. Final payment is due January 6, 2015. Any reservations made after January 6, 2015 will require full payment. Deposits are fully refundable prior to October 10, 2014.

CANCELLATION & PENALTIES:

CANCELLATION RECEIVED:

From time of deposit to October 10.....No Penalty
 From October 11-January 5\$250 Penalty
 From January 6 - February 13.....75%*
 From February 14 - March 14.....100%*

*Of Total Price

HOTLINES
(507) 373-4705 (Local)
1-800-328-4298 (Toll Free)
1-507-373-1850 (Fax)
4seasons@smig.net (Email)
www.4-seasonsvacations.com



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***Travel Guard Travel Insurance**

The following is the coverage which is provided if you purchase the Travel Guard insurance which is optional but highly recommended. This coverage also includes pre-existing medical conditions. If purchased within 14 days of deposit date.

<u>Coverage</u>	<u>Benefit Amount</u>
Trip Cancellation	100% of Trip Cost**
Trip Interruption	150% of Trip Cost**
Trip Interruption-Return Air Only	\$750 *
Missed Connection	\$250
Trip Delay (\$150 max/day)	\$750
Medical Expense	\$25,000
Emergency Evacuation	\$500,000
Baggage & Personal Effects	\$1,000
Baggage Delay	\$300
Accidental Death and Dismemberment	\$10,000
Travel Medical Assistance	Included
Live Travel Emergency Assistance	Included
World Wide Travel Assistance	Included

+Coverage only applicable to prepaid, non-refundable trip costs identified on the enrollment form if the required plan cost has been paid.

*Coverage for trip interruption and trip interruption-return air only cannot be combined.

Consult your travel expert:

Complete and submit with \$250.00 per person deposit.

Visa/MasterCard
 American Express/Discover
 are accepted

**PASSPORT REQUIRED.
 MUST BE VAILD THROUGH
 SEPTEMBER 23, 2015**

**Tropical
 Costa Rica**
March 14-22, 2015

Please send us a copy of your passport.

Name: _____
 (as it appears on photo identification)

Address: _____ City: _____
 State: _____ Zipcode: _____ Phone: () _____
 Cell Phone: () _____
 Gender: ___ M ___ F Date of Birth: _____
 Emergency Contact: _____
 Phone: () _____ Relationship: _____
 Air Seat Request: _____ Aisle _____ Window
 Room Accommodations: ___ Smoking ___ Non-Smoking
 _____ 1 Bed _____ 2 Beds
 Name on name tag _____

Name: _____
 (as it appears on photo identification)

Address: _____ City: _____
 State: _____ Zipcode: _____ Phone: () _____
 Cell Phone: () _____
 Gender: ___ M ___ F Date of Birth: _____
 Emergency Contact: _____
 Phone: () _____ Relationship: _____
 Air Seat Request: _____ Next
 Room Accommodations : ___ Smoking ___ Non-Smoking
 _____ 1 Bed _____ 2 Beds
 Name on name tag _____